## Wayne focuses on energy, growth

Grant applications for city outlined by consulting group

By LeAnne Rogers Staff Writer
Steps to reduce a $\$ 1$ million annual electric bill and rein-
vest in both commercial and residential areas of Wayne were highlights of an update by the city's grant writing, Wayne hired the Winchester
a collaborative effort with Garden City, to an application
for $\$ 15,000$ for playground equipment from Dr. Pepper, Snapple and Kaboom! Another area of focus will be seeking grant funding for
further cleanup efforts on the Rouge River.
"I'd like to see if we could get the Rouge from Hannan to up the Rouge from Hannan to
Merriman," Wayne Mayor Al Haidous said. "I would like to

Haidous was referring to
leases. A Facebook page would
be launched at the same time dam which helps restore the be launched at the same website is revamped. wildlife habitat of the river, as The city has secured the $\begin{array}{ll}\text { well as opening it up for recre- } & \text { City of Wayne as a domain } \\ \text { ational use. City officials are }\end{array}$ ational use. City officials are
noping the river can become a said City Manager Rob
ert English, which can be used $\begin{array}{ll}\text { hoping the river can become a } & \text { ert English, which can be used } \\ \text { focal point for attracting peo- } & \text { along with the current www.ci }\end{array}$ ple to Wayne atracting peo1) WCG has recommended that the city revamp its website to make it easier to naviAnother recommendation was to have a blog-like aspect to
allow WCG to post press re-
.wayne.mi.us address. n "One of the biggest things
you told us when we met with you told us when we met wis retrofits," said Lisa Nocerini, WCG vice president, adding See REPORTS, Page AZ

## SIX-MINUTE MASTERPIECE

## Artist combines

 storytelling and art in speedy performance
## By Sue Mason Staff Writer

Performance art came to the Wil liam P. Faust Pubiciciibrary as
artist Martina Hahn transformed ${ }_{a} \mathrm{a} 5$-foot by 5 f-foot canvas into a piece of artit in justs six minutes.
 Cari Fry who works in the librarys
youth services department. r saw her at Youth servicess dopartment. " saen her at
a showcase in Nori ind she mas
mast amazing. She did a painting of Les Miser ables with her hands and a couple of "paintbrushes."
When I saw her, I knew I wanted to have her at the library. It's family enter-, she said. Hahn does speed painting and has been traversing the state doing pro-
grams at libraries, festivals and special grams at libra
engagements. ngagements.
brary's summer reading program.
See ARTIST, Page A2


Left, DeWayne Rody poses with Martina Hahn. Right, Martina Hahn puts the finishing touches on her painting. The canvass spins on the easel so she can reach all areas of it. PHOTOS BY BILL BRESLER | STAFF PHOTOGRAPHER

## W-W offers

free summer lunches at seven sites

## By Sue Mason

Students in the Wayne-Westland Community Schools are invited to lunch as part of Wayne Now through mid-August, lunches will be served free of charge to students up to age 18 and eligible young adults at sites in Wayne, locations also are offering free breakfasts. "We've been doing it for several years. We try to locate the lunch service where there are programs going on," said Joann Gross, director
of the district's food service program. "We have it at Marshall where the SMART Program is, credit recovery programs at the high schools. Even students at band and football camps can The service is available to students who receive free or reduced-price lunches during the regular school year. Those children will be able get during the summer. The Iunches include a hot entree, fruit and vegetables, juice and milk. The program is funded by the U.S. Department of Agriculture and administered by the Wayne-Westland receives a flat reimbursement rate for those 18 and under who eat lunch and Gross is looking to make the lunches a break-even program.
Free lunches for $r$
Fho are considered mentents through age 26 lenged by a state or menal educational agency or who participate in public or private nonprofit eligible to receive the free lunch.
In Wayne County, more 71,000 free lunches are served, and Gross hopes to "reach 750-1,000 Thids during the summer in Wayne-Westiand
through Thursday at
) Hicks Elementary School, 100 Helen, Inkster, Aug. 1-15. Breakfast is served 8-8:45 a.m., and lunch from 11:30 a.m. to 12:30 p.m. Gloria, Wayne, through Aug. 8. Lunch is served See LUNCHES, Page A2

Masons adopt Curtis Woods Park

By LeAnne Rogers
Staff Writer It only seemed logical that Masons from the Wayne Mar a Lodge 12 shoul' Curti Woods Park - also known as Kiwanis Park. "We found out the sponsorship had lapsed. It has been Kiwanis Park. We said we wer willing to take on the task," Mason Rick Ruhland said. from the park. So, we thought
it was a good idea."
Located on Palmer east of
Newburgh, Curtis Woods Park Newburgh, Curtis Woods Par
is 3.53 -acres with a soccer is 3.53 -acres with a soccer fierd, play structure, picnic trail. There had been a pavilion at the park also.
"The pavilion had deterio-
rated to the point it had to be rated to the point it had to be
taken down. We will take a closer look at what the park needs. This is a huge commitment on behalf of the Masons,"
said Westland Deputy Mayor said Westland Deputy Mayor
Jade Smith, who oversees city
parks.
City officials reported try-
ing unsuccessfully for a yer ing unsuccessfully for a year to contact someone from Kiwa
nis about the park - there nis about the park - there
apparently hasn't been an a tive club in Westland for some time. On Monday, the council Onproved the new adoption by approved the new adoption by
the Masons, whose lodge is actually located on Palmer in Westland. The Wayne Lodge was founded in 1859 in Wayne

See Park, Page A



REPORTS
Continued from Page A1 the city pays a little over $\$ 1$ million annually for electricity, includin Part of efforts to address energy efficiency includes a contact with Ford Motor Company to nership. A meeting was held
with DTE, which is to
make sure the city is on the correct usage plan, do an evaluation on each, city building to estimate
retrofit costs and after retrofit costs and after
the report is completed, meet with DTE and Ford to discuss funding oppo tunities to offset city
costs for the upgrades. costs for the upgrades.
$\#$ As part of efforts grow Wayne, Nocerini suggested working with sity to develop a busines incubator to attract entrepreneurs and start-up
business.
"Grants are available
but you have to have a but you have to have a plan in place. It shows a
long-term plan and vision long-term plan and vision
to grow the city," Nocerini said. The council needs to decide who should be
involved in the development of strategic plan Nocerini said, mentioning real estate agents for housing and representatues rom long-term business attraction-reten-
ion element.
D WCG also has pro vided research and in-
formation regarding the formation regarding the
November ballot tion seeking voter approval of up to 7 mills for a 345 program to fund police and fire retirement costs for 10 years.
An offer to produce public education materials about the millage
drew criticism from drew criticism from
resident Ron Roberts who is circulating pet-
amendments on the balamendments on the bal-
lot. He was also unhapp with comments that council should decide the appropriate people to participate in develop-
ment of strategic plans. "This group came in to write grants. This appears to be an effort to
shut out residents," Rob shut out r
erts said.
"They
"They are also paid Haidous noted the comments were that in general certain people

## ARTIST

Continued from Page A1 More than 70 parents
and children attended the and children attended
program inside the ii-
brary.
A Boyne City resident, Hahn combined the telling Dr. Seuss's story of
The Lorax, with creating a painting, about it. A speed painting artist, Hahn told an engaging
story, then used several story, then used severa hands, six minutes and a otating canvas to bring it to life. Hahn used only rour colors of paint white - in creating her masterpiece.
"The kids got into it," about taking care of what's around you. The

\section*{| ObSERVER <br> NEWSPAPERS <br> Published Sunday and Thursday by Observer \& Eccentric Media www.hometownlife,com |  |
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| Mon-Fri 8:30-5:00 p.m. <br> after hours by voicemai |  | they were excited with

tas retelling of the story
as it was painted. She put as it was painted. She put
the music on and completed it in about seven minutes."
Hahn has been doing speed painting since
On her website, m-artina.com, she says the emphasis of her program is helping children unart and literature are in society and history, get-
ting them interested by ting them interested by
showing them that both can be a lot of fun and "generally encouraging them to read and paint
what interests them, even if it's in an unusual way," Fry said Hahn did that. ${ }^{\text {Th }}$ d like to have her back," she said. "It's jus fascinating to watch her
More people need to see


| ntinued from Page A1 | park and a general cleanup are the first goals for the park, Ruhland. said Councilman Dewey | Rotary Park built dents from the |
| :---: | :---: | :---: |
|  | Reeves thanked the M | 1 liam D. Ford Care |
| and moved to Westland in | sons for adopting the | Technical Center. <br> The pavilion beh |
|  | challeng |  |
|  |  |  |
|  |  | for |
| der | 'd have a | estland Veterans M |
|  |  |  |
| senior warden. "Thanks | Reeves said. | on |
|  |  |  |
| A new pavilion for | Westland park pavilio |  |

have needed knowledge
and skills but everything would be done in the
open with open with public involve Regarding the millage Councilman Albert Dam tio said that information prepared by WCG would and not promote any position on the ballot question.

Irogers@hometowniffe.com
(313)


## LUNCHES <br> Continued from Page A1

11:45 a.m. to 12:45 p.m. Clubhouse, 41021 Michi gan Ave., Canton, through Aug. 8. Lunch is served noon to 1 p.m. tary School, 500 N . Wild wood, Westland, through
Aug. 8. Breakfast is served 8:30-9:30 a.m. and lunch from 11:30 a.m. to 12:30 p.m. DMarshall Upper
Elementary School, 35100 Bayview, West land, through Aug. 1. and lunch is $11: 30$ a.m. to 12:30 p.m. JJohn Glenn High
School, 36105 Marquett Westland, through Aug. 8. Lunch is served 10 a.m. to 12:30 p.m.
w Wayne Memoria High School, 3001 Fourth St., Wayne, through
Aug.15. Lunch is served Aug. 15. Lunch is served
smason @hometownlife.com smason © ©hom
313-222-6751 Twitter: @SusanMarieMason
removed and set aside We have removed the
brick from the walkin path," Westland Mayor
William Wild said "If William Wild said. "If they can utilize those Mrems for the Veterans
Garden we will Mo that or at the Westland
Historic Village Park Historic Village Park. We
will reuse all we can." will reuse all we can.
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| Westland | 3-7 p.m. |
| 6601 Newburgh | 248-685-0505 or www.bakersof- |
| Saturday, July 20 | milford.com |
| 734-728-6733 or www.maxandermas.com | Papa Joe's Bar \& Grill 34275 Ford Road |
| CONCOURS D'ELEGANCE OF | Westland |
| AMERICA | 5-9 p.m. |
| The Inn at St. John's | 734-722-2884 |
| Plymouth | MONDAY |
| Sunday, July 28 | Bahama Breeze |
| www.concoursusa.org | 19600 Haggerty |
| CAR SHOW FOR HOMELESS | Livonia |
| VETS | ${ }_{2}$ 248-767-2768 or www baha- |
| VFW Post 6695 | 248-767-2768 or www.baha- |
| 1426 S. Mill St. |  |
| Plymouth ${ }_{\text {Saturday, Aug. } 10}$ | 32720 Grand River |
| ${ }_{313-600-9146}$ | Farmington |
| www.4vets.org | $5-8$ p.m. |
| FERNDALE DREAM CRUISE |  |
| Thursday-Sunday, Aug. 15-17 | Kontinental Kruisers |
| www.ferndaledreamcruise.com. | VFW Post 345 |
| WOODWARD DREAM CRUISE | 27345 schoolcraft |
| Saturday, Aug. 17 | Redford |
| Multiple cities, including Royal Oak | 6 69p.m. |
| and Ferndale | 734-564-2533 |
| www.woodwarddreamcruise.com | Comeback Inn |
| GREAT LAKES CLASSIC AMC | 1451 S. Milford Road |
| CAR SHOW | Highland |
| Greenmead H | 5-8p.m. |
| Livonia | 248-887-5900 |
| Sunday, Aug. 18 | WEDNESDAY |
| PLYMOUTH FALL FESTIVAL | (fourth Wednesday of month) |
| CAR SHOW | Downtown South Lyon |
| Main Street | 6:30-9:30 p.m. |
| Saturday-Sunday, Sept. 7-8 | 248-437-3257 |
| www.plymouthfallfestival.com | Memories in Motion Car Club |
| CAR TUNES FALL CAR SHOW | 6047 N. Wayne Road |
| Northville | Westland |
| Saturday, Oct. 5 | 5:30 p.m. until dusk |
| www.northville.org | 313-205-0336 |
| For up-to-date information on all | VFW Post 6695 |
| cruise nights, car show, swaps and automotive events, go to: | 1426 S. Mill St. |
|  |  |
|  | VFW Post 6695. <br> As a member of the Trailer |
| the same day and time, the | Trash Car Club, Dave Hen- |
| VFW Post 6695 features food, | wood enjoys the Plymouth |
|  | Chevy with the inscription |
| cars to more than 100," said | "Lemon dropped" on the car- |
| Gary Kubik, post advocate | buretor. Henwood invites |
| and lounge manager of the | everyone to come out to the |

NEEKLY CAR CRUISES

Bakers Sunday Crulse Milford
3-7 p.m.
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milford.com Papa Joe's Bar \& Grill
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Farmington
58 p.m.
TUESDAY FWW Post 345 Kisers 27345 Schoolcraf Redford
$734-564-2533$ Comeback Inn Highland
$5-8$ p.m. medespay Lake Street Cruise-In fourth Wednesday of month) 6:30-9:30 p.m. Mr. Mikes Grill memories in Motion Car Club 6047 N. Wayne Road
Westland 5:30 p.m. until dusk VFW Post 6695

VFW Post 6695. Trash Car Club Dave Trail ood enjoys the Plymouth Chevy with the inscription buretor. Henwood invites everyone to come out to the

Plymouth
5-8 p.m.
518 p.....
3130-9146
St. Robert Bellarmine Catho-
Iic Church lic Church
27101 W. Chicago Road Redford
$734-837-3239$ Yesterday's Coney Island Yesterday's Coney Islan
37125 Grand River Ave. 37125 Grand River Av ${ }_{2}^{5-8}$ p.m. m . thursday VFW 9885
6440 Hix Road 6440 Hix Road 4.9p.m. FRIDAY
stilettoes Stilettoes Cruise Night 1055 S. Wayne Roa 1055 S . Wayne Road
Westland 5p.m. to dusk 734-674-6394 or www.thestiletSATURDAY
Berkley A\&W Berkey ARW
4100 W. 12 Mile Berkley 6-10 p.m.
$248-547-7126$ Parking at Pasteiner's 33202 Woodward Ave. Birmingham $8-10$ a.m. 248-646-2886 or www autozo nehobbies.com
woodward War 4260 Edgeland
Royal Oak Royal Oak 9:30 a.m. to noon wardwarehouse www.woodwardwarehouse.com
North American Classic Cars 27222 Plymouth Road 10 a.m. to 2 p.m. 855-313-9274 or www.north americanclassics.com Information for weekly car
cruises provided by www. cruisnews.com.

## Wednesday evening cruises and, if possible, show up Aug.

 10 at the post to support the "The money raised will help the Southeastern Michi-gan Veterans Stand Down organization," he said. Carole and Bob Gates of

Garden City often participate in the VFW's Wednesday show with their 1965 Chevy Supersport.
in have
"I have sweat equity in that
car," Carole Gates said laughing. The tuxedo black car needed a lot of work when the couple bought it. But that was OK- her husband is a mechanic. Gates recarpeted the trunk peted the inside of the car. "We are the only ones who ter," she said. That's because Gates concocted her own "secret" formula to paint the filter. Much to the chagrin of
some other Chevy owners, some other Chevy owners,
she's not ready to share her
recipe. Car cruises, Gates said, of great and fun people." And she added: "It's a place to relax, sit around, kibitz and tell stories. We know everyone's
family." She is especially supportive of the "good that the VFW does for vets and families with troubles." Raffles, food, drink and music are all part of the fun at the cruise.
Another Wednesday favor ite meet is at Mr. Mike's Grill in Westland.
"I'm the only woman (at Mr said Candy Hannan of Dearborn Heights, who drives a kelly green with lime green
flames 1923 Ford T-bucket Roadster.
"We have a great bunch of people here who treat each Some car buffs prefer Sat urday morning/early afternoon cruises. At North Amer ican Classic Cars in Redfor served from 10 a.m. to 2 p.m. "We show movies like how to Duild an engine," said Jerry car shop Steve Pasteiner is "hoping a new Corvette will show up" soon at his Saturday morning gathering at Parking at Paswide range of cars, he said, from "preproduction to muscle and antique" appear each muffins - his wife Jan is the baker - are served 8-10 a.m.

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## Madonna University students win Emmys

Students and alumni from Madonna University's broadcast and cine awards at this year's Emmy Awards of the National Academy of Television Arts and Sciences, Michigan Chapter. Madonna student projects nations.
The first Emmy was in the Music Video Category for "Get Back on duced for Detroit-based country nusician Paulina Jayne. Kyle Frances McNiff of Novi,
Ashley Benton of Canton, Cory of Wixom, Jonathan Gray of Livonia, and Luke LaBenne of Dearborn Heights created the winning video. Madonna students also won in the Editor Category for "Detroit Derby based roller-derby team. The winning video was created by

## School board members get MASB awards

Members of the Garden City and Wayne-Westland school boards have earned awards in the past year from Boards (MASB) for their efforts to mprove their leadership skills and expertise in the governance of public chools. Garden City board members Dar-
lene Jablonowski and Loraine Stover received Awards of Distinction. Stover also received an Award of Merit and Level One Certification, as did Wayne-Westland board members Carol Middel and Thomas Buckalew eceived Data Specialty Awards. Level One Certification means the classes, an Award of Merit means Level One Certification plus 45 educa inction means Levels One of Disfour advanced level CBA classes and 208 education credits. Data Specialty means completion of Level 1 and six dvanced level data classes. and public schools for more than 15
ears and am always in awe at the commitment of so many members. The time they spend being servant leaders and honing their skills are
second to none," MASB Executive Director Kathy Hayes said. "Schools are under exceptional pressure to be innovative and reinvent the way they them with the tools necessary to mak the best decisions for Michigan's chool children."
The awards are earned for classes completed in MASB's leadership
training program, as well as for ference attendance, years of service and leadership activities Last year, more than 1,000 school doard members statewide participatpment program. Collectively, school board members spent about 7,000 courses in the traditional classro setting, and another 864 hours in the online setting. These hours are above and beyond the time members spend at their local meetings, events, re-
viewing policies and board packets.
quin of Whitmore Lake, Kyle Frances McNiff of Novi, Jonathan Dearborn Heights, and Christopher Paddock of Dexter.
The final award in the Public Affairs/Community Service Category
went to Chelsea Jenkins of Westland, for her video "Neighborhood Service Organization (NSO)," about the NSO Bell Building, which the local nonprofit renovated to provide apartments
troit.
In
In addition to the Emmy awards,
the Dr. Lynne Boyle-John Schimpt the Dr. Lynne Boyle-John Schimpf
scholarship was awarded to Madonna University's Ashley De'La McClendon of Detroit, a broadcast and cinema arts and sign language Madonna stud
ominated for an Emmy eacen ince 2007, and at least one Emmy was awarded every year but one.


## 

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## Fireworks potentially caused fire



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# She aims to put respect back in the 'r-word' 



Roxanne Rigio has created a Facebook page called "Help Me Ban the R-Word" and a
${ }^{\text {RRockin}}$


Ron Riggio (from left), his daughter Roxanne, wife Patty
and Community Living Services staff person Emily Graf and Community Living Services staff person Emily Graf
show off Roovannes show off Roxanne's " R -Word" poster. $\begin{array}{ll}\text { the proceeds of those } & \text { igan University. She also } \\ \text { sales to Special Olympics } & \\ \text { created a poster that has }\end{array}$ $\begin{array}{lll}\text { and the Bect Buddies } \\ \text { and } & \begin{array}{ll}\text { created a poster that has } \\ \text { hundreds of names on it, }\end{array} \\ \text { program at Eastern Mich- } & \text { supporting her campaign }\end{array}$ program at Eastern Mich- supporting her campaign has taken classes at and

Library to host Ford pension buyout seminar
A free Ford Pension Buyout Seminar
featuring Observer \& featuring Observer \&
Eccentric financial columnist Rick Bloom of Bloom Asset Management will be held
 at 1 p.
Friday,
July 12,
in the
Livoni
Civic
Cente
Libra
audi-
toriAt this seminar, Ford retirees with information to help them make an informed decision regarding the For
buyout offer. In addition, Bloom will hold a question-and-answer session a the end of the semitendees' individual questions.
Admission to the seminar is free, but reservations are re
To vide name and phone number via email to seminars@bloomasset
management com or management.com The Livonia Civic Center Library is located at 32777 Five
Mile, Livonia.

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NTHE CIBCUT COURT FOR THE

 GREGORY H. bRNGGRD (P46657) 367 North State Str
Carv, MI 48729










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## Gebhardt leads SEMCOG for 2013-14

A trustee of School-
craft College has been craft College has been
elected 2013-14 chair of the Southeast Michigan Council of Govern Joan Gebhardt, the college board's treasurer, was elected to lead < $\times$ the organiT\& - $\begin{aligned} & \text { annual } \\ & \text { General }\end{aligned}$ Assembly meeting on She is the
first chair first chair representing community
colleges in the 45 -year history of the organization. In accepting the posiis honored to be first chair of SEMCOG from a community college
and "proud of the and "proud of the "I'm honored to be. elected SEMCOG chairperson," Gebhardt said. committed to lifelong learning. I look at my participation in SEMCOG from this perspec-
tive." Gebhardt added that she feels "very fortunate" that educational institutions - communit
colleges, intermediate school districts, universities - are a part of te member
SEMCOG.
"I commend the SEM COG founders who had the foresight to recognize the importance of ty and include educational units in our organization," she said. "It was important when in 1968 .......it's even mor relevant today." "Creating a a work
force that is ready to force that is ready to
succeed in the 21st century is the most important role of education
oday," she said. "A work rained for today's and omorrow's jobs is a part of SEMCOG's economic The role of community colleges - developing pecific training for the cow jobs in the new conomy - has elevated
cation even more."
Gebhardt was appraft College Board of Trustees to fill a vacancy in January 2007. She went on to win the
seat in her own right the seallowing May. Since 2007, she has been an active and supportive member of SEMvice chair in 2009. She has served on the Educaion Bloc, Transportaram (TIP) Development Committee, and Membership and Legislative Task Forces.
Gebhardt also served two terms on the Wayne County Board of ComMissioners representing Westland, Inkster, and 12. Her core career was hat of a public school eacher and adminisAlso Also elected SEM
COG officers were: Macomb Count D. Vos curg, a Macomb County commissioner, as first vice the chair in 2014-15. o Robert Clark, mayor of Monroe, vice chair. Superior Township trustee, vice chair. ington Wood commissioner, vice chair. ${ }^{\circ}$ ) Phil LaJoy, Canton Township supervisor, vice chair. "Michael Sedlak,
Green Oak Township clerk, immediate past chair.

## Use insurance to cover risk



## (1) <br> - Heatitig. Cooling B Boilers - Plumbing ClearWater Michigan 734-502-5060 <br> Emergeney Services Available <br> Your Full Service Plumbing Experts <br>  <br> - Drain Cleaning <br> - Hot Water Heaters \$25 Off Service <br> New Customer Special Good Thru 12-31-13 <br> - Re-Plumbing <br> - Re-Plumbing <br> - Tankless Water Heaters <br> - Sewer Backup <br> ta Call ClearWater Michigan 프 <br> 



## Canton hopeful about Ford Road fix

By Darrell Clem Staff Writer Stung by four rejections from U.S. transportation authorities,
Canton officials are hope ful they will succeed in their fifth attempt to secure federal dollars to alter traffic-snarled Ford
Road. For the first time, however, the proposal enters on converting levard from I-275 to Sheldon - a departure from a now-shelved plan to re-
shape the Ford $/-275$ shape the Ford/-275 Canton Municipal Services Director Tim Faas said local officials expect to learn this fall
whether the U.S. Depart ment of The Unsportation will allocate $\$ 15.8$ million
to convert Ford Road to a
boulevard - a plan touted mated by MDOT at \$36 $\begin{aligned} & \text { as the best traffic-easing } \\ & \text { option by state officials. }\end{aligned}$ state and local officials
milion or more, though option by state officials.
Canton, supported by matching dollars to pay $\begin{array}{ll}\text { ment of Transportation, } & \text { for the work. } \\ \text { has refused to back down } \\ \text { Canton faces competi- }\end{array}$ has refused to back down
despite four failed attempts to receive money from a federal program
dubbed TIGER or Trans dubbed TIGER, or Trans
portation Investment Generating Economic
Recovery.
Canton's
Canton's latest proposal has scaled back the amount requested, which lion mark on earlier attempts. "We're hoping we'll "We're hoping we'll getting it by not going so high,"Faas said.
The grant, if ap-
proved, would boost the
Ford Road project esti-
anes by a grassy median, rohibiting left turns at intersections, anding
urnaround lanes similar o those on Michigan Avenue and transforming Haggerty Road into a in both directions from
The plan also calls for The plan also calls for lane from I-275 to Lilley, third eastbound lane rom Haggerty to I-275 between Ford and Cherry
Hill.
MDOT's decision to
pursue the boulevard plarsue the boulevard ifth ground of TIGER grants.
ometownlife.com (313) 222-2238
Twitter. ©CantonObserver

## 

Look for this holiday icon hidden on the pages of the July edition of Hometown Life INSPIRE either in print or online and follow the instructions. Correctly identify all of the pages where the icon is hidden and simply submit the entry form or enter contest on Facebook.

## Grand Prize:

\$500 Showroom of Elegance Gift Card
2nd Place: \$100 Rugby Grill Gift Certificate
O 3rd Place: \$50 Meijer Gift Card
All entries must be O 4th Place: Emagine Theatre Movie received by midnight

Mail: Attn: Christmas in July/Hometown Life Inspire Mail: Attn: Christmas in July/Hometown Life
41304 Concept Drive, Plymouth, MI 48170 or
f Facebook.com/OEHometown
$O_{\text {bserver }}$ \& Eccentric
hometownilfe.com MEDSA

## GARDEN CLIPPINGS

Financial Peace
The Garden City Fam-
ily Resource Center ily Resource Center is
offering Financial Peace for Teens, a five-week
program to help teens program to help teens learn the proper tools to
be wealthy at any income be wealthy at any incom
level.
The program is for youth ages 14-17. There cussions and snacks will be provided. 4:30 Tuesdoy meet 3:30 4:30 Tuesday and Thurs-
day, July 9 through Aug. ${ }^{8 .}$ Space is limited. Sign up at the Family ReMaplewood west of Me riman, Garden city. For more information, call Martha Gris.
Summer Camp Guardian Martial Arts
and Fitness will host a Street Ninja Summer Cramp July 15 -19 for
youths age 6 and up youths age 6 and up.
Street Ninjas will learn ninia skills like self defense, tumbling, fit ness, focus, walking staff, map reading and
leadershio skills. Even leacership skils. Even
more useful, ninjas will learn how to use these skills in real life. No more than 30 ninjas will be in training
camp and the first 10 students signed up with a
$\$ 50$ deposit will also receive a free Walking Summer Camp is \$159 Camp runs 9 a.m. to 3 p.m. Monday-Friday. Street Ninja T-shirt,
lunch and activities in cluded. Preregistration is
required. Space will be required. On Saturday, Aug. 10,
Guardian Martial Arts will host a Women's and
Girls' Self-Defense Clas from 10:30 a.m to 1:30 p.m. The course will cover assault prevention and practical self-de-fense that is eas will be three-hour course chief instruct senior and Shelby Perkins; who have more than 40 years
combined martial art experience. hands on experience practicing the self-de-
Included in this clas. Included are a take vert poker. The course is \$29. College students with I.D. will receive \$5 tration is necessary Street Ninja and the self-defense course will be held at Guardian Mar Garden City. To register contact Guardian Martial Arts and Fitness at 734

## No coffee hours

 No coffee hours will Garden City during the Garden City during the for Wayne County Commissioner Richard LeBlanc, state Sen. Glenn David Knezek and Robert Kosowski. Coffee hours in both communities will resu normal times and locations.Golf outings ") The Lyman Founda-
tion' will hold its 34 th annual golf outing, benefitting Burger School for Saturday, Aug. 10, at the Hickory Creek Golf Club 3625 Napier, Superior The Lyma tion was named in honor of the late Garden City police Officer Gary Lyman who wecame associstudents and staff through his visits to the
program. He held the first golf He held the first golf
outing to raise money to outing to raise money to
provide community experiences for the students.

The golf outing is the foundation's largest Golf is $\$ 100$, including meal and drink tickets. There will be two starts at 7:15 a.m. and 1:15 $\underset{\text { Golf registration in- }}{\text { a.m. }}$ formation can be obtained by contacting Sharon Lundie at 734or on the foundation website at www. lymanfoundation.org. " Garden City Hospial Golf Outing Tuessay, Aug. 20 , at Western Golf
and $C$ ountry Club in Red and Country Club in Red ford.
Regis
Registration and conat 7:30 a.m., with a shotgun start at $8: 30 \mathrm{a} . \mathrm{m}$. There will be lunch and ing play. Golfers should bring extra business cards for the door prize The cost is $\$ 225$ per player or $\$ 900$ per foursome. Sponsorship oppor able. Player and sponsor ship registrations must be sent to Garden City Friday, Aug. 9 . Funds raised for this year's golf outing will go toward the \$1 million complete renovation of Family Birthing Center. For more information,
contact Lyn Giovannini contact Lynn Giovannini email at LGiovannini@gchosp.org.
Health Coach The Garden City Hospital Health Coach, a mobile unit that provides services to address
health care needs for the community, for those who are low income and uninsured or underinsured, is at the Mapie-
wood Center the third Wednesday of the month. Services offered include health screenings
and assessments, health coaching and patient care follow-ups. People must be 18 years or older to qualify for the program at no cost, regard status.
The mobile unit parks
on the Maplewood side of the center from 9:30 a.m. to 1 p.m. For more information, call 734458 4330
Zumba class
Zumba fitness is back
at Merriman Road Bapat Merriman Road Baptist Church, on Merriman
just south of Ford, Garjust south The class is for women age 18 and older. Class
time is $8-9$ p.m. with regtime is 8 .9 p.m. with reg
istration beginning at 7:30 p.m.
Sponsored by the Girlfriends of Grace MinisBaptist Church, the class will be held on Thursdays at the church. taken at the door to cove the costs of the instructor. For more information, call 734-421-0472

## Museum

fundraising The Friends of the Museum are continuing their fundraising efforts, selling engraved brick Grande Pariour for socia and business occasions. The bricks are $\$ 50$ for the 4 -inch by 8 -inch size The 8 -inch by 8 -inch bricks are $\$ 75$ and have room for up to six lines The Lathers Genera Store is open from noon to 3 p.m. Wednesdays and Saturdays, offering a
variety of collectibles variety of coll and gift items. The museum is located in the Straight Farmhouse at 6221 Merriman,
north of Ford Road, Garden City.
Call $734-838-0650$ for more information or visi www.sfhonline.org.

20\% off Sale Of The Yearl
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GC's firefighters work on their PALS

Community Chat Join host Kerry Partin Thursday night at 9 p.m. t's the Internet talk how dedicated to the esidents and businesse Garden City and the ses. Share your events, undraisers and com-
ers.: Call-in live at 724 -444 7444 enter call ID 82757\# or visit in the chat room
at httppl/talkshoe.com/ c/82757. Contact gccommuntychat@gmail.com
Healing Hearts Do you have a loved on in prison? Know that you are not port group meetings are held at Kirk of Our Savior, 36660 Cherry Hill, Westland, 6:30-8:30 p.m. Mondays of each month The meetings are free. Fontact Bonnie at Hope 4 Healing Hearts at 734 646-2237.
Shop online Help Garden City
Schools support its staff and students whenever ou shop at Amazon.com. Simply follow the link rict's website -www.gardencityschools.com. A portion of any be returned to Garden City Public Schools. roducts do not cost any more by using the link,
and residents don't have to do anything more than click on the link to start shopping.

Lifesaving skills learned on manikin

By Sue Buck
Staff Writer
Garden City firefighters recently prac-
ticed their lifesaving skills on a child-size manikin.
The firefighters completed a re-certification course for Pediatric Adv
Support. The course is de-
signed to meet the needs of pediatric patients who may require
advanced life support. "The course was
in-house here at the in-house here at the
station," Garden City station," Garden City Harman said. They used a manikin, which is the property of It had to represent,
the traine
in size a child at least in size, a child at least
several years old, she several years old, she
said.
The certification lasts two years. "If we years.
course is shorter," Harcourse is shorter," Har-
man said. man said.
"If we
"If we expire, it is
about 16-20 hours." Children can't be considered smaller
adults, Harman said. "There are some anatomical and physiological differences that
this training address-


Garden City Fire Capt. Gary Gallo, Lt. Daniel Neault, Chief Mike Terch work on their PALS recertification.
es," she said. "The raining included a lot f hands-on drills, as well as written and practical exams. There
were practical drills, or were practical drills, or
codes, each member had to pass. Each memer rotated every posiion, sometimes being erforming any of the echniques necessary n order to properly ceat a pedient." The pediatric maniin is designed to read he specific cardiac problems and the feed The instructor, Bob Jennison of Jennison services, put the firetiple challenging scenarios. "We used our nonitors and equip-
ment during the
course," she said. "The instructor gave our department very posi-
tive feedback on their tive feedback on thei skill and knowledge of this department for their dedication to the
community and comcommunity and com-
mitment to their education."
Retired Garden City Fire Chief Bill Forbush set the foundation a
steered the course. "It is our mission to continue to provide the highest quality servi
to the community", to the community,
Harman said. "We achieve this through
training, education and training, education an
experience." sbuck@hometownilife.com 313-222-2249
Twitter: @SUeSbuck


Canton
Ford Road at Lilley, west of Ikea
734-983-9142

## Fireworks：Bamboo to big booms



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and inflammation，new flexibility


## 题忩

## Library Board of Trust－ es Monthly Meeting： 7

 p．m．July 10The Library Board meets on the second
Wednesday of each month in one of the library＇s
meeting rooms．Board meeting rooms．Board
meetings are open to the Eeneral public． Baseball Card Col－ ecting：6：30 p．m．July 10
Join Mr．Kless as he discusses the history of baseball cards from the
mid 1860s until today．He mid 1860s until today．He start，keep and sell col－ lections，including using eBay．At the end of the program，Mr．Kless will
Friday Night Movie： 7 ．m．July 12 Friday night movies months with a variety of concert movies，summer berg variety），and great foreign films．Tonight＇s movie is E．T．the Extra－ Terrestrial，＂（a）meek and finds a stranded extrater－ restrial．He has to find the courage to defy the au－ return to its home planet．＂ This movie is rated PG． Doors open at 6：30 p．m． vith the movie starting promptly at 7 p．m． will be available． Beginners Computer Lab：2p．m．July 13 （sec－ each month）
During this two－hour
drop－in lab，we will pro drop－in lab，we will pro－
vide guided activities and librarian assistance to help you become comput－ er literate for today＇s digital world．Topics in－
clude using a mouse and keyboard；selecting，copy－ ing and pasting；navigat－ ing the internet；and learning what you can do
with email． Writers Club： 7 p．m． July 15
Have you written sto－ ries or poems that you would like others to hear， but not critique，in a casu－
al atmosphere？Looking to al atmosphere？Looking get back into writing but
could use some support
and／or exercises？Join ${ }^{\text {and／or exercises？}}$ Choin Cheryl Vatcher－Martin as
she leads the Westland he leads the Westiand

Library Writer＇s Club． Chess Group：7－8：45 p．m．Thursdays and 1－4 | p．m．Saturdays |
| :--- |
| Like to play | Like to play chess？ to the library and play a couple of games．Bring your own board or use

one of ours．Novices to one of ours．Novices to
Chess Masters are all welcome．No sign－up is
required． required．
Computer classes are offered all year long． Contact the library for more information．The library also offers one－on
one computer classes． one computer classes．
Call（734） $326-6123$ ．
Information Central was compiled by Liz Waun，Adult
Literacy Program Cord LTteract Program Coordinato
The William P．Faust Public Library is at 6123 Central City
Parkway，Westland．For more Parkway，Westland．For more
information，call（734）326－6123 or visit westlandlibrary．org．


Golf outing benefits Oakwood cancer programs
The rain was falling，
but spirits were soaring
at the recent Oakwood
Women＇s Healthcare
Classic golf outing last
month．
The event，presented
by Drs．Harris．Birkhill，
Wang，Songe \＆Asso－
ciates and Karen CClina
Wilson Smithbauer，is in
its 219 Syar．Dolores
Pfeffer of Grosse Ile
and Bob Zakar of Dear－
born co－chaired the
event；
Grosse Inithbaue and Dr of
Yates of Northville
served as honorary
chairs．
 Nancy Sakar，Dolores Pfeffer and Carla O＇Malley， executive director and president of the Oakwood
Foundation，present a check to Oakwood President and CEO Brian connolly．The donations have since increased to about $\$ 370,00$

|  | dent of the Oakwood Foundation，said the funds have helped thou－ sands of women throughout the two－ decade history of the event． <br> ＂We are truly hum－ bled by the financial support，event leader－ ship and participation from many who have been personally touched by breast cancer，＂ O＇Malley said．＂Dr． Yates is a great friend and passionate sup－ |
| :---: | :---: |
| her the n＇s <br> c． | porter of Oakwood，and his family has been personally touched by breast cancer，and Ka－ ren Smithbauer is a 10－year cancer survi－ vor．＂ <br> Because of Smith－ |
| go to the doctor right way．She was diag－ sed with Stage III ancer and underwent emotherapy within eeks． | bauer，the Nurse Navi－ gator program was es－ tablished at Oakwood＇s breast care centers in Wayne and Trenton，in addition to the existing |
|  |  |
|  |  |
| ited anoth | The Nurse Navigator |
|  | gram provides ongo－ |
| d appointment，it uld have been too | port to cancer patients， their families and sig－ |
|  | － |
| Now 1 | ying them through |
|  |  |
|  | ensuring access to the |
|  | information necessary |
| d lauded events like | sible decision about |
| Women＇s Healthcar | treatment choices and |
|  | therapies and provide |
|  | improve the patie |
| T＇m living proof tha | quality of |
| works，＂Baracy said． Since it was founded | For mor about Oakw |
|  |  |
|  | line to www．oak－ |
| has generated nearly |  |
|  | 4－dearborn |
| utive director and pres | $0-543$－WELL to sc |

FOOT PAIN
Usually a person with one foot hurting can point out why the paln
occurred；in most instances an injury caused the problem．But there are ether instances that come to a doctor＇s stinetion where no injury
has sappened and the patient is otherwise well That is the perso has no other，condition such as a neuropathy that would cause the individual to experience an injury ano not feel it
 take an $x$－ray looking for a slight crack in the bones of the foot o
a cyst in one of them．However，in many instances of foot paln，the $x$－rays come up normal．
T－Mayscome ip nommal．
The find phingswill lead the physician to order an MRI examination．
The Mil makes use of the properties of poweriul manats to hee MRI makes use of the properties of powertul magnets
reorient the body＇shydrogen molecules；when the electrons change
and molecular orbit，they give off energy that becomes a signal that
computers can change into an image．Furrthermore，the magnetic changes twar generate a signal allow
Thls ability of MRI to scan deeply and clearly allows phuscian to see changes in bone not previously possible．One discovery was the presence of bone marrow edema in the foot as a cause of pain swelling．
swow phy
Nole
Now physlclans know that a person with foot pain and no evidence
of Injur by the usual examinations should not be dismissed ton office，byut needs an MRI to reveal an in inury or to confirm the integrity
of of the foot．


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$7393351-3349$
aStop馬forentiretour Facility

## Hippo attack didn't mar his spirit




Paul Templer of Beverly Hills fought a terrific battle - and lost an arm - with a
guide, taking tourists along the crocodie-infe was 27 at the time On March 9, 1996, three canoes and a kayak journeyed down the riv-
er. Each canoe carried a er. Each canoe carried a
guide and two tourists. Templer was steering the lead canoe. Everything was unfolding just the way it was meant to, unt in
they came upon a bend in the river.
As the third canoe negotiated the bend, a rogue male hippo weigh pounds attacked the boat and knocked the guide into the river. Templer to rescue the man, Evans Namasango. He was reaching over his canoe
to grab Namasango when to grab Namasango when
the hippo came between the hippo came between
them.
"Get between "Get between a hippo
and water, not good," and water, not good,"
Templer said of the en counter. "Get between a hippo and their young, not good. Get anywhere near an angry old male,
not good. There's a bunc of ways things can go wrong.
The hippo literally plucked Templer from into the river. It took him a moment or two before
he realized what was happening.
"I could feel that my
legs were wet", he said. "The top part" of me wasn't dry, but it wasn't was this huge pressure crushing down on me and I couldn't move - except
for my hand. I started to for my hand. I started to
feel around and I touched
the bristle on the bristles on the hippo's snout. So I knew exactly
where I was: head first up to my waist, down a hippo's throat."
Survival mode Even given the bizarreness of the situanal thinking kicked in and he tried to focus on
survival. After a bit of surdervater thrashing,
the hippo the hippos spit him out. Templer managed to reach the surface and
grab a few gulps of air before the hippo bit him again - this time by the
leg - and draged him leg - and dragged him
down.
"I had a . 357 Magnum revolver with me and I tried to get a hold of it, but no success," he said. which one of us could hold our breath longer. He kept shaking me back and forth and rm holding so my flesh wouldn't tear so much.
"Then things went point, he just sat on the bottom of the river with me in his mouth." Templer, only to attack himpler, third time to in the
river. When the gian river. When the giant
beast spit him out again beast spit him out again,
one of the other guides bravely managed to get close enough in his canoe to grab Templer and drag
him to safety. him to safety. tive," Templer said. "It was a cluster of rocks in the middle of the river. My arms are barely atlung was exposed. My leg
was a mess and theres was a mess and theress an
angry hippo just off the angry hippo just off the
rocks. We have six cli-
ents, two canoes, a kayak
and one paddle. It was dusk and we padde. It was would be hours before anyone missed us." A decision was made quickly that one of the suides and Templer
would take one of the canoes to go for help.
A winding river Fortune then smiled Fortune then smiled trauma specialist happened to be nearby. He vas stabilized and tran Zimbabwe, where his arm was amputated dur ing surgery.
Three days later, ausango's body floating in the river without a
"In the hospital I'd like to say I was this deep was all about recovery. But really, I was this pain
in the neck," Templer
of the largest provider of prosthetic devices of prosthetic devices,
built him a kayak paddle that could be maneuvered with one arm. While preparing for the trip, he met Carrie Chris Walton, a former Detroit Free Press writer who was planning to cover the expedition. decided to marry and build their lives together in Michigan. run-in with the hippo, a lot of the stories seemed to end with 'Man who was attacked by hippo is
maimed for life.' I kind of wanted my story to have a different ending," Templer said: "But I happen, a whole lot of life needed to be lived."



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With coupon only.
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## LEAGUE OF HER OWN

Canton Little Leaguer Hines proves she belongs

n obvious choice after hitting .667 with an earned-run average of 2.76 with four victories this summer.
Hines
Hines has also been chosen to play for the Sparks, an elite allhe 11th conat will compete for the 11th consecutive year agains a field of 103 boys teams, Aug. shadow of the Baseball Hall of ame at Dreams Park. Hines, who will be an eighthSchool in the fall, remains modest about her accomplishments.
"It went pretty good," said


Canton's Rachel Hines is hitting .667 and throws in the low 50 s m for the Major Pirates of the

## EAST-WEST ALL-STAR GAME



Harrison Wenson of Farmington Hills was the starting catcher for the East all-star team at Comerica Park. JoHv

## All-star game is 'hit' for catcher Wenson

Farmington Hills players on winning team at Comerica Park

By Dan O'Meara
Staff Writer
In his first two times at bat Monday night, Harrison Wenn's ail-star experience was University of Detroit Jesuit High School.
The Farmington Hills catchr was hit by the first pitch each ime in the 32nd annual
Michigan High School Baseball

Murphy 2nd in Girls Am

Two Brighton | golfers, Hanah |
| :---: |
| Piefila and Julia | Dean were champi

onsat the 3 Sth Michi ons at the 3sh Mich \begin{tabular}{l}
gan Girls State Jut- <br>
nior Amateur held <br>
\hline

 June 77 at Michigan 

State Universitys <br>
Forestakers <br>
\hline
\end{tabular} Forest Aters Goif

Course in
Fast lan-
$\mathrm{sin}_{\text {Pietila captured }}$ he 16 e over division defeating Kel-
 while Dean topped Jami Laude (Amn Arbor), 7 , S , for the The Pietila-Murphy match was tight mitia fiter the turn, when Pieitia started
buididing on her 1 -up Leaddinfter hir holese Priefla was 3 -up and held that lead match. Murphy was the
MHSAA Division 1 medalist who led the team championship last fall, while Piectila took fourth at Fores

## MU pitcher

 2-hits RamsFormer Madonna niversity ace Jere nia/Dearborn Divine Child) allowed just wo hits over six to lead the Michigan Bulls to an 8-0 Livonia Collegiate Baseball League win ove at Ford Field. Gooding struck
out eight and walked out eight and walke
two, while Rams starter Jeff Sorenson (Livonia Stevenson/ Wayne State) took the loss giving up six innings of work. Jeremy Robinson belted a three-run (16-4), while Alex Borgline and Theo Piccirilli each had two hits and an RBI. and Matt Avromov the Rams ( $9-10-2$ ).

## Bucks play

 to $0-0$ drawThe Michigan ucks ran their seato eight games with hard-fought 0-0 draw Tuesday against the at Wheaton (III.) College. The point keep the Bucks in firs points) over idle FC ondon (6-2-1,19 Great Lakes Divi-
sion. Michigan has four regular-season games left to play down at 7:30 p.m. Wednesday, July 10 , with place at Ultimate Soccer Arenas n Pontiac. For more informa
ion, visit wwwbucks soccer.com or call soccer.com or cal
(248) 3344463 .


## ALL-STAR

Continued from Page B1
the last seven games in my high school
career, I was hit by a pitch and sometimes, multiple times in a game. "I don't believe most people hit me
on purpose, but I do believe they were on purposes, but I do believe they were trying to pitch me inside. I don't know
why, because $I$ love inside pitches. If I turr on itis it's going to go."
In his shirr platet appeearance Monbat on the ball, if at all possible. "I was swinging out of my shoe because I wanted to make contact,", he said. "I popped it up high in the air (for
an out). I was 0 -for-1 and got hit twice, an out). I was 0 -for-1 and got hit twice,
but $I$ was hapy to be on base to help the teams.". ${ }^{\text {Wens }}$ also started behind the plate, played four innings and caught
two pitchers -Nick Deeg of Lake Orion two pitchers - Nick Deeg of Lake Orion Liggett.
Int was a great experience and I was
happy I was able to do it," he said. "we merp there orr two days, spent animetr
in a hotel and got to han out with the guys. I was really honored to be part of
it. "T've been able to play at Comerica Park and work out there, so it wasn't new. Biel whenever you go and play on ence and I'm really blessed to be able
to do it."
Wenson, who has a scholarship to Michigan, , played in the 2012 Catholic
League championship game at ComerLeague championship game at Comer-
ica Park, and he participated in a predraft Tigers workout there this spring. because I didn't go to a lot of the show cases down South like a lot of guys a dream come true. It was the 38 eth a dream come true. It was the 38th
round, but not many high school play ers can say they were drafted bya
manor meague team; so it was quite a
"(The Tigers) haven't told me what
he signing bonus is yet. I know and they pretty much lunow I will not be signing. Till be going to college and
playinf for the University of Michigan.
Baite sit payin for tit awesome to say I was
Brafted by the Detroit Tigers." brafted by the Detroit Tigers."
Wenson didn't have any putouts or Wenson didn't have any putouts or
assists in the all-star game, but he nearassists in the al-star game, but he nearbase from his knees.
U-M) said he was out, but the wemp U-M) said he was out, but the ump
called him safe," Wenson said. "It good throw and right on the money, but the ump called it right away."

## Mohr sidelined

Wenson's good friend and former teammate in summer basebalh Connor
Mohr of Farmington High School, also was a member of the East all-star team. due to a broken right hand. The injury occurred a couple of days beforehand
when the left-handed Mohr was hit by a when the left-handed Moor was hit by a
pitch while batting for his college Conpitch while
nect team.
come," Wenson said $I$ talked the whole he was not he and I might have been on the field
"We'li be playing against each other the enext four years. I m exceited about change." can hit for power and average like Wenson, will continue his playing ca-

## Still a fun time

"I wish I would have been on the field," Mohr said. " "still had a a good
time, being in the dugout and participatitug in everything that was going on.
It was hard (not being in the game), but I enjoyed talking with everyone who was on the team and listening to stories and stuff like that."
Mohr will have surgery later this week to put two metal plates in his
hand. Incredibly his recouery is pected to obe quick, as well as complete. "Actually I Ihould be ready to go go when fall ball starts (Sept. 1)", he said. "It wasn" the best time for the injury. as I can to get back and be ready for
the fall I'm pretty excited. Ilook forthe fall. Im pretty excited. Illook for-
ward to competing for a starting job ward to competing for a starting job
for next year., Until hiar year, Moorr and Wenson
had been teammates for the past eight ${ }^{\text {summers. }}$ "Itll be a lot different, being on
 opposite sides or heim," Mohr said. "T''
lot of fun to face
sure welll stay pretty good friends."


Farmington's Connor Mohr tips his hat
during the pregame introductions. OHNN
during the pregame introduct
STORMZANO ISAFF PHoTockAAHER

## PREP BASEBALL <br> Berryman credits wife for baseball accolades

## By Brad Emons Staff Writer

Going back 20 years, ick Berryman can't ity baseball game he vior coached at Redfor "Don't have a clue, on't have a clue," Ber yman said.
ife June was right by is side.
The Livonia Stevenmong seven inductees unday night into the Michigan High School Baseball Coaches Hall of ame, knew immeding his five-minute peech at Zuccaro's ountry House in Che That's because beh every good man, there's good woman. "When I got up there, ame is on here, but it's unfortunate that I can't nclude June's name on he plaque, because games I've coached,
June and I have done June and I have done mat together,"' Berry speech was thanking her Some guys thank their
wives, but June's contrivives, but June's contriwife who shows up an
"She'd been in the ugout 10 years at Red lly show up at practic and run stations. She keeps scores. When I ounts. She keeps wher he ball is hit at what In 20 seasons of
of coaching high school baseball, Berryman is 391-261, including a 176 6 mark at Stevenson 35 record in 11 years at
Berryman, who lives wo district, one region l, one conference and wo division titles at tevenson. He also
earned five Mega White crowns and two district championships at RU. "I was touched and lattered," Berryman you go into it for the love of the game and never realize of getting to this onor. It's truly nice to be recognized, but that's not why I went into it." After compiling a 19-6 astern Michichan Uniersity (1966-69), Berry man went into teaching special education befo


June Berryman (left), at a Stevenson game this spring
with granddaughter Lexi Shade, has been a fixture keeping score at high school and summer collegiat games. TONYA SHADE
principal for 24 years at School then retiring from education three years ago.
Meanwh wife of 30 years, started out as a hearing-impaired and fourth-grade to administration as an elementary school principal. She is also retired. high school, June and I have been together over 1,700," games - that's a few,", Berryman said. she's involved. She was at the Connie Mack
World Series when I World Series when I
went out there in 1995. It went out there in 1995 . It
was a big to-do out there because we go to a manager's meeting. There's me, Lou Pirronello (his coach) and June. The said, 'What she's doing here?' 'I said, 'She's coaching.' The media went with it and she got
interviewed on TV. She
got written up as the
irst female coach in then istory of the Connie Mack World Series armington, N.M. t. Her and I have done it ogether." And the apple doesn't
all far from the family tree, with daughter Tonya (Shade) close by for much of the diamond The 66 -year-old Berryman, who also coaches the 22-and-under Michigan Rams of the Livonia League, doesn't plan on leaving the dugout anytime soon.
"I see people wanting
he coveted Stevenson job," said Berryman, who led the Spartans to a KLAA Central Division and Division 1 district titles this spring. "I said, I'm not dead yet, I'
emons@hometownlife.com
sive coordinator under Chuck Apap in 1999, when the Warriors state championship. 1999 to 2000 at Western under Mike Zdebski and was reunited with Apap the next year, when he
took the Walled Lake Central job ook the Walled Lake Central job defensive coordinator. With the start of preseason ootball practice scheduled for Aug. 12 and the first game Aug. together a staff. "I would like to build upon the "I would like to build upon the
traditions that have been set and work on the strengths of our athletes," he said. "But with geting a late start on things my No 1 priority is to meet the young
men and to build with them some men and to build with them som played them (Stevenson) early in the (2012) season. I have some
idea of some of the kids that are dea of some of the kids that are returning based on last years hem a little more personal and buiding upon what they've a eady been working on in the Micallef said he has learne from Rich Rodriguez's failed experience at Michigan that he's
going to have to incorporate ome of the past Stevenson phi

In Fielder's second season,
Stevenson finished 64 and Stevenson finished 6-4 and
earned a spot in the Division 1 tate playoffs. "I think we're going to try and
be hybrid, at least for the first be hybrid, at least for the firs
year," Micallef said.
Micallef who he fourth Stevenson varsity ootball coach in school history aid he hopes to keep two mem-路 board, including former 16-year served the past two seasons as
Stevenson's JV coach, along with Stevenson's JV coach, along with "We're in a process of figurin "We're in a process of firguring problem is we have a lot of peo-
ple on vacation right now, so the ing isn't ideal. But we re hing touches on things and etting things organized this eek. of town as well. I'm hoping to meet with everybody this week, ettle on a staff and get things Micalle at Stevenson. He played for Jack Reardon, the school's first head efore handing over the reins to Gabel, who guided the Spartans 2007 MHSAA state championship final. Gabel was also MiMicallef's wife Michelle, a urse, is a 1992 Stevenson grad. icallef has four children - two incoming ninth-grader). Stevenson Principal Jim Gibbons had the final say on Micalrecommendation from Hyma ad Mazzoni. Gibbons said he ielder before he resigned. He (Fielder) just said 'per sona," Gibbons said. "He had mentioned to Lori and I that he had been thinking about it prior o when he did it. You're going to did it."

## HINES

Coltur
"What makes her stand out the most is she's got a three-she can pitch, she
can field and she can hit," Pirates coach Wade Figley id. "To be able to do all three - I can put her any
where on the infield and she's one of my best pitch-
${ }^{\text {ers. }}$ 'She's got a curve. She's got a changeup. She can hit the ball out of the park with the 200 -foot fences. She hit with my team last year, too. Figley said Hines was more than deserving of an just merely a token pick. "They take only 12 play-, ers from "he whole league," he said. "She made the all-
star team the last two year star team the last two year
and is one of the starting pitchers. She pitches and
bats second. She stays in the gats second. She stays in the come in and out with the other three because you can
only play nine, but she's one only play nine, but she's one whole time."
But Hines has heard some sexist comments from time to time, some in jest. last weekend and one kid
said, 'You want topput on
some nail polish?" said
sime some nail polish?" said
Hines, who counts Justin
Verlander and Miguel CaVerlander and Miguel Ca-
brera as her favorite major brera as her favorite majo
leaguers.
Figley has also heard it too. "The funny thing is thents when she takes the mound and then it's dead silence," he said. "The (opposing) coaches always say what a great job she did after. The other kids will say it's cold silence when she goes one-two-three, one-two three. She sits them down Figley, in fact, can't find enough superlatives for
Hines. "This is my 10th year of coaching and she's in the top five," he said. "There are only four boys that are bet-
ter than her, including three ter than her, including three
pitchers who are starting for pitchers who are starting for
their high school teams righ now."
Hines' nickname has become Sunshine" around
the local diamonds. Figley said awesome kid," Figley said. "We call her always smiling and she's already ready to play." And Hines has an intense passion for the game, as well. She comes from a base-
ball family. Her father Jerry
played in high school. She who plays baseball and a Sister Amy, 11 , who plays
softball oftball.
"That's what nice about her," Figley said. "She abs baseball. She knows more about baseball than half the
kids on the team and half the parents. She follows baseball. We're lucky because we probably only have her for two more years of baseball school, she'll probably play softball. There aren't any
girls baseball players in girls baseball players in
high school and that's the sad thing. She could play freshman and JV, but varsiy is a whole different world. But I could see her playin
until 10 th grade in baseball and giving it up. For any gir on get a scholarship it's going to be softball, which is the sad thing about it."
In two years. Hines will

## Top golfers reach dizzying heights



## TWENTY YEARS OF CELEBRATING BEAUTY

Six lovely gardens to be featured on annual walk By Kurt Kuban

It was 20 years ago when the members of the Country Garden Club decided to host their very first garden walk in
Northville. Kathryn Novak's garden was featured that first year. She wasn't a member at the time, but she was hooked by the event
which has about 40 members mostly from Northville (though there are some from
Novi and Livonia), and is now coordinating the event for the club. And this year is a big one she said.
event of the year, and because this is our 20 th year, we really wanted to put together some-
thing special to mark the annithing special to mark the anni-
versary" Novak said "We think people will really lov what we've got planned." The 20th Annual Northville
Garden Walk takes place from 9 a.m. to 4 p.m. July 10. It will feature six gardens, all in the Northville community, including both large and small gar-
dens. The most impressive gardens on the tour are those owned by Mike and Anne Renucci on Seven Mile Road and on Autumn Ridge. The two gardens are side by side, and include an array of features. "They are very impressive," fall in love with them." In addition to the gardens themselves, members of the Country Garden Club will be Mill Race Village where there will be live music from noon to 4 p.m. provided by several
graduates of the University of Michigan music program, and nearly a dozen vendors set up selling products and plants
specifically aimed at the garspecifically ain
dening crowd. And if that's not enough, club members will be set up in


The well-maintained grounds of Tim and Maggie Otto's beautifui home off of Seven Mile is the highlight of this year's garden walk.
the Cady Inn, where they will be providing refreshments. cookies for the event, and we be serving iced tea and lemon-
ade, Novak said. Like in years past, the Cady cording to the event's theme which this year is "Four Sea-
sons." sons."
"We in f
all lll in flowersate it really nice, all in flowers. People really It's alwaysa to what we do. It's always a bit of a surprise, Novak said
ne of threntry Garden Club one of three garden clubs
based in the Northville community - is part of the WomAssociation, which promotes agricultural and horticultural interest through membership
in divisions and branches in divisions and branches "We take money that we make from the garden walk
and we use it for local and
state projects, including orstate projects, including or-
ganizations that set aside ganizations ,hat set aside
green spale she said "Al the
money we earn is donated." money we earn is donated.
Another way the group spends the money from the garden walk is to fund an annuIigh School student, who pursues a degree in horticulture
or related field.
The group meets monthly, and brings in speakers who, give advice on different aspects of gardening or that are of interest to gardeners. They
are also very active in the are also very active in the
community In addition to putting together floral arrangements each week for hospice
patients, members also care patients, members also care
for gardens at the library, Post Office and at the Hunter,
House in Mill Race Vill House in Mill Race Village.
However, Novak said the However, Novak said the
garden walk is the event evgarden walk is the event ev-
eryone looks forward to each

year. She said it's a lot of work to plan, but club members always take great satisfaction
in it. "It's just a lot of fun. We're real proud of our garden walk. We like to think it's one of the best around. It attracts people
from a lot of different communities because people enjoy coming to Northville. We have
some beautiful gardens, but it also gives people a chance to see our downtown and enjoy
unch at one of our great restaurants," Novak said. "It's just a great way to spend a day, especially if you love a darden For more information vis www.cgenv.org or call 248-348 3263. Tickets are $\$ 10$



## Annual church event offers freebies


this year by moving
Wow Jam to Goudy Recreational Park. According to the
Winning Our World Winning Our World
(WOW) International wowsite, Wow Jams are wabsite, Now Jams are designed to "love people in practical ways" by offering free services,
goods, entertainment and food. Stephen and Linda
Tavani created Tavani created the "bring the church to streets and the streets back into the church,"
Through wow, they've led Wow Jams in more than 40 cities, engaging local churches in the process. Stephen Tavani has been involved in
music, preaching and urban ministry since childhood. His wife is a singer who was the
"Peaches" half of the
recording duo, Peaches
and Herb. The Tavanis will perform at the Wow Jam in Wayne. Along with
live music and evangelive music and evange City Church Wow Jam will give away free groceries, haircuts and
manicures, family phot ittings, bike repair potted plants and hot meals. Children's activities include games and ion to prize giveaways, the winner of a singing contest will walk away
with $\$ 100$. The church we comes volunteers and donations for the event. For more information
email denisehunt17@gmail.com or info@cornerstonecitychurch.us.
-By Sharon Dargay

1 T Anvire

## Sunime <br> EWHANMENT

 = 5NTS Enter to Win Free Tickets Detroit Tigers and Summer ConcertsGo to hometownlife.com and look in the DON'T MISS section or visit facebook.com/OEhometown and look for contests.


Plymouth museum offers scholarships for history camp

new or buy a new Dai sy membership to the Plymeuth Historical
Museum which Museum, which will
allow two children to allow two childre
attend for free. The target age for campers is 6 -12, although children under 8 must be
accompanied by an adult. accompanied by an adult
Tickets are available at the Plymouth Histori cal Museum during open hours or can be purthe Museum's website www.plymouthhistoryorg. The Plymouth
Historical Museum is located at 155 S. Main Plymouth. For more information, call 734-4558940 or email secre-
tary@plymouthhisto ry.org.

## GARDEN \& NATURE CALENDAR

Send material for the
Garden \& Nature Calendar to Sharon Dargay, Observer \& Eccentric, sdargay@hometown-
life.com, 615 W life.com, 615 W . La-
fayette-second level, fayette-second level,
Detroit, MI 48226 .
Pruning workshop Pruning workshop
ReLeaf Michigan ReLeaf Michigan
sponsors a hand-on work shop on proper pruning, 9 a.m. to $12: 30$ p.m. Sat-urday, July 13, at Ypsilan-
tiCity Hal 1s. St., Ypsilanti.
Participants will learn the basics of pruning, including the biology, of tree, proper timing fo make a proper cut. Safe ty will be stressed as well ing myths.
ing myths. Ask the Arborist" session will be held from 11:30 a.m.-12:30 p.m. Parplant material and ask specific questions about their trees and shrubs. The cost for the pruning
worksho is $\$ 15$ for Reworkshop is $\$ 15$ for Re-

## and $\$ 20$ for non-mem- bers. RSVP by calling 800 RSVP by calling 800 $642-7353$ or email info@ReLeafMichigan.org.

## English Gardens

 English Gardensstores in metro Detroit stores in metro Detroit grams and workshops for grams and workshops for " Kids can make leaf and flower prints at a free workshop, 10 a.m. ly Learn to attract birds and butterflies to your garden at a free presentation, 7 p.m.
Nednesday, July 10 and 10 a.m. Saturday, July 13. n Get tips on selection and care of hydrangeas at a free presentation, 7 and 10 a.m. Saturday, July 20.
$\#$ Expe of whaperts offer a list the summer garden to keep it looking great, at a ree presentation, 7 p.m. Wednesday, July 24 and $\begin{array}{ll}\begin{array}{ll}\text { free presentation, } \\ \text { Wednesday, July 2 } 2 \text { and. }\end{array} & \begin{array}{l}\text { Wednesday; nature hike, } \\ \text { 2 p.m. Thursday; and }\end{array} \\ \text { 10 a.m Saturday, July } 27 \\ \text { " The store will supply } & \text { friday. }\end{array}$

## to the

## Saturday, July 27

Explore from the Arctic to Australia all in one great day at the Toledo Zoo!


Don't miss the WILD Summer Day Trip contest, Fill out the form below for a chance to win these great prizes:

Grand Prize: 4 Toledo Zoo admission passes,
4 Behind the-Scenes Tour passes and a fuel gift card Runner-up: 4 Toledo Zo Zoo admission passes and a year's membership to the Toledo Zoo Third Prize: 4 Toledo Zoo admission passes

## ENTER TO WIN Observir \& Eccentric <br> WILD summer Day Trip contest




Sponsored by the Observer \& Eccentric Media and the Toledo Zoo.


## Gatsby gals



Even though Tom Schoenith's actual
birthday was July birthday was July 4,
Michael, Mary Kay and John Schoenith threw
their dad, the Roosttheir dad, the Roost
ertail impresario, a
70 th birthday 70th birthday bash, a
la The Great Gatsby, at their stomping grounds last Wednes
day, The Roostertail,
of course. All decked of course. All decked
out and ready to party
were Bloomfield were Bloomfield Hills
residents Cheryl Hall residents Cheryl Hall
Lindsay, Bonnie Jobe Lindsay, Bonnie Jobe
and Renee Godin of
Farmingto and Renee Godin of
Farmington Hills. UULE
youts

## REUNIONS

## DETROIT CENTRAL

 CLASS OF 1953 The class will celebrate it 60 threunion at 6 p.m. Sunday July 21, at Glen at 6 ..m. Sunday, July
Contry Club.
13 Mile 13, Mile at Orchard Lake Road,
in Farmington Hills. For more in Farmington Hills. For more
information call
man Berice
medelt. man Betman at $248-737-5773$
or Marcia Sussman King at or Marcia Sussman
$248-661-3422$.
DETROIT MACKENZIE
'50S AND '60s '50S AND '60S
Third annual picnic is set for Third annual picnic is set for
those who attended Mackenzie those who attended Mackenzie
High Shhool in the '50 and
'60s. The event runs noon to 6 '60S. The event runs noon to 6
p.m. Saturday, Aug. 24 at p.m. Saturday, Aug. 24 at
Nankin Mills Pavilion in Hines park, at the cormer of Ann
Arbor Trail and Hines Drive, Arbor Trail and Hines Drive,
near Farmington Road. It will near Farmington Read.
include music memoribili,
and camaraderie. Particilicants and camaraderie. Participants
may bring their own pichic or may bring their own piccicic or
buy Michigan-made hot dogs,
chips pop, water chiss, pop, water and ice cream
at the event. T-shirt, sweatat the event. T-S.sirts, sweat-
stints and
be and shirt, and mseating will be
be vailab.e. Seate
available under the shelter, or available under the shelter, or
bring your wnn chairs and bring your own chairs and
pop-ups. No need to pre-
regiter. Ouestions? Call Janet register. Questions? Call Janet
Cable at $734377-4009$ or $e$-mail
 Detroi-M1-Mackenzie-196 CLASS OF 1963 50 th reunion for the January
and June classes of 1963 is set for Saturdays, ot. 19 at atst
Marr's Culturat Center Mar's Culturact Center, Livonia
For more detais or For more details or a regis-
tration form visit the website of party planner Celebrations To Remember at wuw.celel-
brations2remember.com click bration 2 2rememberc.com click
on the reunion section. Or call
$734-261-3264$. 734-261-3264. GARDEN CITY
CLASS OF 1983 CLASS OF 1983 A reunion is set for rept. 21 at
Roma Banauet Hall Garden Roma Banquet Hall, Garden
City. Cost is 550 per person. Make checks payable to Karen Boyd and mail to hene at at Karen
Bock, Garden City, M1 48135 .

## LIVONIA BENTLEY

## CLASS OF 1958

A 55 -year reunion is set for Aug. 10 at reunion in in set for
Plymouth Road in Alyg. 10 at Mama Miat's
Plymond in
more information more information call ore
mail: Elien (Baumgartner) mail: Elien (Baumgartner) Dorman, emdorman@ju-
no.com, 744.288 -1655; or Eldon
Dillon, 24-207-2942; or Jane
(FFriese Hopper Dillon, $248-207-292$
(Faries)







Osserwis \& Eccentric NEWSPAPERS

TOTALLY LOCAL COVERACE!
Lucas Matthew Lucas Matthew Biehl at St. Francis Hospital, in Indianapolis, Ind. Craig and Kristen Bieh of New Whiteland, Ind. Grandparents are David and Cathy Dobias of Canton and Dennis
and Barbara Biehl of North Manchester, Ind.

Keegan Christopher
Kuna
Keegan Christopher Kuna was born Feb. 20, tal Dearborn He jeined his parents, na, and brother, Dylan April 19, 2013 at home in Farmington Hills. Grandparents are
Barbara Schultz of Bir Barbara schultz of Bir mingham, Larry and
Ronna Schultz of Ocala, Fla,, Mary Lynn and Duane Walsh of Goleta Kuna of Brighton, Linda and Jack Cardwell of Canton, and Bill McAu-


ANNIVERSARY

## 66th wedding <br> anniversary

Kenneth "Joe" and Dorothy (Smith) Archer, formerly of Plymouth and now living in Mary-
land, celebrated their 66th wedding anniversary June 14. They were married in 1947 at Our Plymouth. Counsel in Both were born in
Michigan, raised in Pl Michigan, raised in Pl
mouth and graduated mouth and graduated
from Plymouth High School. Dorothy was a 1943 graduate and Joe graduated in 1938. After graduation, Joe served in
the U.S. Coast Guard for four years and Duarothy worked at Michigan Bell Telephone Co. After service Joe worked for Bur-
rough's Corporation in rough's Corporation in pany transferred him to
Carlsbad, Calif, in 1969. Carlsbad, Calif., in 1969.
Dorothy and Joe reired in 1987 and spent retirement time traveling to several foreign
countries before making

ANNIVERSARY
Celebrating 55 years
Mr. and Mrs. Albert celebrated their 55th wedding anniversary Friday, June 14. They
were married in 1958.


ANNIVERSARY
oo and Dorothy Arche
move back to Plymouth. After several Mears they moved to their children live. The couple spends winter months in the south and Plymouth. Joe continues carve walking sticks, njoys "turf" bowling
 formerly of Plymouth

Dorothy has finished he 100th quilt and research es ancestors to complete
a genealogy family tree They are members of St . Mary's Catholic Church in Hagerstown, Md. Ken, Jr., (Angelita), and
Gail (John) Barrett, all of Maryland, MaryJo of California, and Kelley (Scott) Gorden-Somers
New York. Dorothy and Joe had
an anniversary dinner an anniversary dinner
with two of their children with two of their childre
and their families. They're postponing their 66 th celebration until all of their children can

The couple settled in years 1959 near Warren and Inkster roads in what was then Nankin Townhe Cherry Hill and Hix area, where they have
lived for more than 40
years.
They are the proud parents of six children 12 grandchildren and five grear-grandchildren.
mreat-grandchildren are expected in
October.

Check us out on the Web every
day at hometownifecom

## Passages $=$

1-800-579-7355 • fax 313-496-4968 • oeobits@hometownlife.com Deadlines: Friday 4:15 p.m. for Sunday • Wednesday 9:45 a.m. Por Thursday


## Dentists help manage sleep disorders

Healthy teeth,
healthy gums and
now healthy gums an have never consulted a dentist about treatments for sleep apnea and sno
ing, it may be time to ing, it may be time to Dental sleep medicine is growing segment of dentistry that manages
snoring and sleep apnea with oral appliance ther apy - an effective alternative to the standard way pressure machine
way pressu.
According to the American Academy of up to half of sleep apnea patients don't comply with or.tolerate CPAP CPAP therapy is still dard for severe apnea but if patients don't toler ate it they deserve op-

tions. Dental sleep medicine focuses on managing sleep-disordered breathing like snoring
and obstructiver and obstructive sleep
apnea using oral appliance therapy, a relatively unknown but very effective treatment option.
Oral appliance theraOral appliance therapy uses a mouth guardduring sleep to maintain an open, unobstructed airway. OAT devices
prevent the airway from collapsing by either hold ing the tongue or sup-
porting the jaw in a forporting the jaw in a for-
ward position. For many ward position. For many
oral appliance devices are more comfortable to wear than a CPAP mask.

The devices also are quiet, portable and easy to care for. Research
suggests that oral applisuggests that oral appli-
ance therapy often can equal CPAP in effective-
ness and offers a higher ness and offers a higher patient compliance rate
than CPAP. There are more than 100 different styles of oral appliance devices that have re-
ceived FDA clearance

## Working with a

 dentist Dentists trained indental sleep medicine work in conjunction with a sleep physician and recommend a specific oral appliance device
based on a patient's needs. The dentist will assess the need for tongue space, whether the patients steeps wit whether the patients grinds the teeth, etc. The
important thing for pa-
Mportant thing for pahat effective oral de-
vices are always custom vices are always custom need adjustments over time to ensure maximum effectiveness. It is impor-
ant to see a dentist ant to see a dentist medicine.
AADSM
AADSM recommends oral appliance therapy or people with mild to sleep apnea. Once a paient is diagnosed with primary snoring or oba board-certified sleep physician, a dentist medicine can treat with OAT. Often the patient can be sent home with a portable sleep test, that
can be done in the privacy of their own home
apsea
According to the According to the
AADSM, at least 12-18 million adults in the U.S have obstructive sleep apnea, which causes
them to stop breathing hundreds of times a nig for anywhere from a few seconds to more than a minute. Sleep apnea is a
potentially life-threatening condition that can increase the risk for serious health problems, from congestive hear blood pressure, and heart disease to diabentes, obesity, depression and im-
potence, if left untreate Oral appliance therapy also is recommended for severe sleep apnea
patients if they are un patients if they are un-
able to tolerate CPAP. The side effects of oral appliance therapy are
generally minor, includgenerally minor, includ-
ing excessive salivation, muscle and tooth discom fort and, occasionally, most improve within a few weeks. Major adverse effects of OAT are uncommon but can inment, permanent changes in a patient's
bite, ongoing muscle bite, ongoing muscie
soreness or loosening of soreness or loosening of
dental restorations. Medical insurance often cov-
ers oral appliance theraers oral appliance thera-
py. Please feel free to py. Please feel free to more information.
Anjoo Ely, D.D.S., is a member of the American Academy of Dental Sleep Medicine. Her
office is located at 24275 Novi Road, Novi; 248-347-3030. Visit her website at solutionsofnovicicom.

## MEDICAL DATEBOOK

| JULY <br> BARIATRIC SURGERY <br> The Michigan Bariatric Institute offers free monthly educational seminars about laparoscopic bariatric surgery by Tallal Zeni, M.D., Director of Minimally Invasive and Bariatric Surgery. Presentations will be offered from 6-7:30 p.m. Thursday, July 11, Aug. 1 and Sept. 12 in the North Auditorium at St. Mary Mercy Hospital, Five Mile and Levan, Livonia. For more information, call the Institute at 877-949-9344. <br> CANCER <br> SURVIVORSHIP <br> Living With, Through and Beyond Cancer is a free program that offers information from leading oncology experts to help those coping with cancer. Presentations will be followed by a question and answer period with doctors and health care providers. The four-part series will be held July-October at sites. The first session, Communicating with Your Health Care Team, is set for 6-7:30 p.m. Wednesday, July 10, at Henry Ford Medical Center-Columbus, |
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> Dr. Paul Makela
of Give Dr. Paul Makela, M.D., director
of Gynecological Robotic Sur--
> Replacement, located on the
hospital campus at Five Mile an Levan, in Livponia. To Fo register, call
$734-555-2345$, LUPUS SUPPOR The Michigan Lupus Found The Michigan Lupus Foundation
will hold a support group meet-
ing $1-3$ p..m. Tuesday, July 13 at at ing 1-3 p.m. Tuesday, July meat
Providence Hosplael, Conference Room C, 16001 W . Nine Mile,
Southifiel . Soonctifield. The meeting is or
Individuals $\mathbf{x}$ with lupus their individuals with lupus, their
familles and friends. For more families and friends. For more
information, vist w. Will
s.org or call $800-705-6.6$ milupus.org or call $800-705-6677$.
WALK WITH A DOC WALK WITH A DOC
Dr. Annette Carron, geriatrics Dr. Annette Carron, geriatrics
specialists will talk about unspeciaists, will taik abourt un-
derstanding and improving
memory to memory to sharpen your mind
and boost your brainpower, and boost your brainpower,
during botsord Hospital's
monthly Walk witha monthly Walk with a Doc, noon
Thursday, July 18 , at Heritage Thurrsday, July 18 , at Heritage

Park Nature Center, located on the west side of Farmington | Road, between 10 Mile and 11 |
| :--- |
| Mile, Farmington | Mile, Farmington Hills. Meets

rain or shine. Call $877-477$ - 3621 , WOMEN'S HEALT
gery, will present a series on
women's health toplcs $6-7$ p.m. Wednesday, Jully 17 A. Aug. 21 a.m. and
Sept. 18, in Classroom 10 Sept. 18 is in Classroom 10 at St
Mary Mercy Hospital located at Mive Mile and Lespan, Licuonena. at Pelvic pain is this month's sopici,
followed by bladder dystunction in August and balderic dystunction September. Light reffersmments
will be provided. Presentations are free but reg.istration is required. Call $7346555-1980$.

## ONGOING

## AQUATIC CLASSES

 The YMCA of Metropolitan Detroit and the Arrtriritis Founation have partnered to offer dhe entic lasses designed to easetheld 11 a.m.thritis. Classes are
hase held 11 a.m. to noon Tuesday branch $i=1-1 / 45$..... Monday and
Wedind Wedinesday at the Livonia
branch; and $2-3$..m. Wednesday branch; and 2-3 p.m. Wednesday and friday a the Birmingham
branch. All classes are offered to
members and members and nonmembers of
every age and participants do

Township. For information, call
Township. For in BREAST CANCER
SUPPORT SUPPORT Meets $6: 30-3$ p.m. . the second
Tuesday of each month in the Tuesday of each. montht in the
Atrium of Our Lady of Hope Atrium of our Lady of Hope
Cancer Center, st. Mary Mery Hospital, 36475 Five Mile (use
south entrance off Levan Road) south entrance off Levan Road),
Livonia. Call $734-655-1100$, or visit www.stmarymerg.org.
BIPOLAR SUPPORT Depression Bipolar Support
Alliance meets $6-7: 30$ p.m. the second and fourth Tuesday at Lincoln Behavioral Services Center, 14500 Sheldon, Suite
1600, Plymuuth. It is accessed through the Plymoutctessed $\begin{aligned} & \text { tective } \\ & \text { Park driveway north of } \mathrm{M}-14 . \text {.t }\end{aligned}$ is a self-helepg group for people
suffering from depression and suffering from depression and
bipolar disorders. Meetings bipolar disorders. Meetings
open to familes. All teaders are pen to familles. Al feaders
professionally trained and
attend two trainingos for attend tow trainings for every
year to update their skils in year to update ther skilis in
leading the group. Cill Nancy at
$734536-3457$ for directions.

## Only Funny in the Movies

A Fall Can Be Serious, So Let's Be Safe Out There.
Ask A Garden City Hospital Health Expert


Almost a third of the population over 65 years old fall each year, with half of those seniors falling more than once. GCH Health Expert, Dr. Frank Winters, specializes in geriatric medicine and explains the importance of taking fall prevention seriously.
Q: I am in my early 70's, active and in good shape. Last scraped my leg. I don't exactly prow why I fell. Is this common for adults and should I see my doctor?
A: As we get older, physical changes, health conditions and sometimes even the medications we're taking make falling more likely. While the fear of falling doesn't need to rule your life, you should make an appointment to see your doctor. He or she can best determine if this was a random occurrence caused by the terrain or if there is a greater likelihood you will fall again. Being physically active can go coordination at its peak I also recommend anyone over the age of 65 begin a fall prevention plan by seeing a physician. Here are a few other tips to prevent a fall:

1. Wear the right shoes - High heels, flip flops and shoes with slick soles Choose lace-up shoes instead of slip ons. If you have troub tying laces, select footwear with fabric fasteners. Also, replace old worn out slippers with a proper fitting pair with nonskid soles.
2. Have regular eye exams - Age-related vision diseases can increase visual acuity peripheral vision and susceptibility to glare Young people use visual cues to perceive an imminent fall and take people use visual cues to perceive vin imminent fall and take
corrective action. Older adults with visual impairments do not have this advantage to the same extent.
3. Make your home safer - More than a third of all falls happen at home and invove things like tripping over objects on the floor, loose rugs Take whatever steps you can to create a safer home environment, including the addition of handrails if needed.
4. Stay active-Failure to exercise regularly results in poor muscle tone contribute to falls and intensify the meverity of injury . Reguto eur vitomin
5. Regulate your vitamin intake - Reduce your risk for injuries from a fall by maintaining the appropriate amounts of vitamin $D$ and calcium in your diet. Your physician can help you determine what will work best for you

Join Garden City Hospital every month at Westland Mall, for our wellness lecture series. At 1 p.m. on the second Saturday of each month, a GCH Health Expert will provide helpful and in depth information on a variety of issues that impact our health every day The next lecture, "Elderly Care and Fall Prevention", is July 13.
Do you have a health or medical question for one of the GCH Health Experts? Visit GCH.org or call 877.717.WELL.

