SUNDAY March 7, 2010

The Observer & Eccentric **Newspapers**

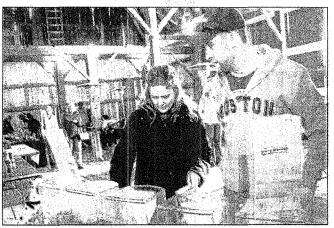
> Volume 45 Number 82

> > **75 CENTS**

Westland sets surplus food distribution dates, A5

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Get the jump on summer with a visit to Canton Winter Market - Neighbors, B4

AROUND **TOWN**

Happy 100th

Amy Zemmin, born March 24, 1910, will celebrate her 100th birthday Tuesday, March 9, at the Presbyterian Village of Westland,

where she has resided since



Amy Zemmin

Born in Preston, England, Zemmin moved to the United States with her mother, father and sister shortly after birth. Once

in the U.S.,

Zemmin's parents had two more children, both sons.

She married Robert Zemmin in 1936 and worked as an executive secretary until the arrival of their twin sons in 1941. The couple welcomed a third son in 1951. In addition to her three sons, Zemmin has six grandchildren and one great-grandchild.

The Zemmins moved to Westland in 1995 and celebrated their 60th wedding anniversary in June 1996. Robert Zemmin passed away in November 1996.

Zemmin is a huge sports fan - she loves to listen to every Detroit Tigers and Detroit Red Wings game. She is also a very loyal to Michigan State University.

Appointment

Retired attorney Richard McKnight has been reappointed to Westland's Brownfield Redevelopment Authority for a three-year term through Feb. 18,

School days

Students attending Wayne Memorial and John Glenn high schools will have a different school day while 11th-grade students take the Michigan Merit Examination this week.

Testing days for the MME will be Tuesday, Wednesday and Thursday, March 9-11. Eleventhgraders should report to school at the regular start time of 7:20 a.m. each day. Dismissal times will be noon Tuesday and 2:10 p.m. Wednesday and Thursday.

The school day also is changed for ninth-, 10th- and 12th-graders during the testing period.

There will be no school Tuesday — only 11th-graders are to report — and the start time will be 11:15 a.m. Wednesday and Thursday. Normal morning bus pickups also will be delayed by three hours, 55 minutes.

The high school state assessments for 11th-grade students is a graduation requirement in the

Water rates face 16.2-percent hike



Justine Barns is being remembered as person who cared about people and cared about her community in a career that spanned 40 years and included serving on the Westland City Council and as a state representative.

Family, friends remember Justine Barns as kind and caring



Justine Barns show off a school bell award she received form the Wayne-Westland Community Schools for her work for the benefit of the district and public education as a whole.

BY SUE MASON OBSERVER STAFF WRITER

Justine Barns — a trailblazer who rose from a school activist to become a state representative - is being remembered by her friends and family as a problem solver, a woman with a sympathetic ear and a veteran politician who was true to her

The veteran Westland politician died Thursday in Rochester Hills. She had been suffering from Alzheimer's disease and was in a nursing home. recovering from a fall suffered two weeks ago, at the time of her death. She was 85.

'She was a great lady. She was very kind, she had a kind heart. She was very generous, very giving and very caring," said longtime friend Sharon Scott. "She also was a tough old broad who would stand her ground."

Mrs. Barns' activism started in the 1950s when she decided students attending Jefferson School

Please see JAY BARNES, A4

'The water fund has taken some hits. The amount of water we sell has decreased and that makes it harder to make up the overhead."

STEVE SMITH, finance director

BY LEANNE ROGERS **OBSERVER STAFF WRITER**

For a combination of reasons, including a history of the water fund being subsidized and a recent downgrading of the city's bond rating, Westland water customers could be looking at a rate hike of 16.2 percent in their water bills.

Finance Director Steve Smith and representatives from Plante Moran, the city auditors, made a presentation to council explaining the need for the increase of 11 percent plus a \$5 administrative fee added to each water bill. The total means water customers would pay a total of 16.2 percent higher.

The water fund has taken some hits. The amount of water we sell has decreased and that makes it harder to make up the overhead,"

Please see WATER RATES, A2

School closings force change in polling sites

BY LEANNE ROGERS **OBSERVER STAFF WRITER**

Five elementary school closings are resulting in Westland voting precincts being relocated prior to the Aug. 3 primary election.

Kettering, Jefferson-Barnes, Lincoln, Madison and Patchin elementary schools, all in the Wayneat the end of the school year. As a result, the buildings will no longer available to host voting

 Precincts 2 and 32 at Kettering will be moved to Elliott Elementary School, 30800 Bennington. The school also houses precincts 11 and 23.

 Voters from Jefferson-Barnes and Lincoln, precincts 9 and 10 respectively, will now vote in at Adams Middle School with Precinct 6.

•Madison's precincts 1 and 19 will move to Schweitzer Elementary School, which has precincts 13 and 18.

• Precincts 4 and 8 will move from Patchin Elementary to the Bailey Recreation Center.

The only change is the location where votes are cast. Clerk Eileen DeHart said that boundaries for all the affected precincts will remain the same and each precinct will be autonomous.

There will be no other changes. This was required due to the buildings closing," DeHart said. "We will send out new voter registration cards after the May (school) election. We don't want people confused. After that, they will have the cards.'

The annual school election will be Tuesday, May 4. In the Wayne-Westland Community Schools, incumbent John Goci of Westland is seeking his first four-year term on the school board. He is being challenged by Karen M. Wilkie of Wayne.

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Study spotlights Ford Road traffic problems

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REAL ESTATE C2 SPORTS B1



Driving along Ford Road on a regular basis gives one view. The impression is a bit different when you stop and watch a particular area for a while.

BY LEANNE ROGERS

OBSERVER STAFF WRITER

Officials from Westland, Garden City, Dearborn Heights and Dearborn got a closer look at traffic issues along the busy thoroughfare on a recent bus tour as part of the Ford Road Access Management Study. The Southeast Michigan Council of Governments and the Michigan Department of Transportation also are participating in the

"It was interesting. It's easier to see the issues once you drove it," City Manager David Harvey of Garden City said. "We sat and

observed traffic for a few minutes. It didn't take long to see the problems.'

The access management study will look at the Ford Road corridor from Detroit heading west through Dearborn, Dearborn Heights, Garden City and Westland.

"Right now we're just looking at it and we'll talk to the planners. If something isn't changed, the traffic congestion and traffic flow will get worse," Westland Department of Public Services Director Kevin Buford said.

Getting control of the number of driveways is a particular way to help improve traffic flow and reduce traffic accidents that the study will consider.

"As a police officer, I wrote accident reports, but I hadn't done it in a long time. It didn't

take a long time to see the issues. Even for me, it was an education," Harvey said. "People will find a way in or out. You have to look at angle driveways or offsetting driveways."

For example, the Garden City Downtown Development Authority and planning consultants McKenna Associates had already been talking to Kmart, on Ford just west of Middlebelt, about eliminating one of the existing two driveways accessing

In less than a quarter of a mile along the north side of Ford, Harvey said Kmart has two driveways — one designated as right turn only — and there is a third driveway before Brandt for the former Cottage Inn Pizza.

Please see FORD ROAD, A3



WATER RATES

Reasons cited for the recommended rate increase include:

Observer & Eccentric | Sunday, March 7, 2010

 Water consumption in 2010 fiscal year is projected to be 19 percent less than in the 2008 fiscal year, which means fewer billed units over which to spread increased administration and debt service costs.

"Our water bills used to average 20 units of water consumption and the new average is 14 units," Smith said.

Municipalities across the metro area are facing the same problem of higher costs from DWSD and lower water consumption through conservation to save money and also homes that are vacant, either from being on the market longer or in foreclosure, said Brian Camiller of Plante Moran.

Peak water usage is a factor in rates which led communities, including Westland, to adopt voluntary efforts to reduce peak usage, such as odd-even day outside watering restrictions.

"We want to make sure we relay to people that it's not water conservation, it's water management," Westland Water and Sewer Supervisor Don Rohraff said, adding an example of operating sprinklers between midnight and 6 a.m. in non-peak water use hours. "It's using water off-peak hours that keeps the rate down."

The \$5 monthly administrative fee will generate \$810,000 annually, which will cover the new fixed cost charge assessed to municipal water customers by DWSD.

• A 15-percent cost increase from the Detroit Water and Sewerage Department, with annual 12-percent increases in future years.

 Ten-percent annual increases expected for Wayne County sewers.

• A \$500,000 annual repayment for the next five years to Westland's general fund, which has loaned \$2.5 million to water and sewer fund.

"The \$2.5 million from the general fund subsidized the water rates. It's unfortunate that we have to do this to catch up," Council President James Godbout said. "We didn't even cover our costs."

The city, specifically the water fund, has to cover its costs, Mayor William Wild

"We can't subsidize the water fund from the general fund," he said.

 New debt service of \$800,000 and \$3 million in state revolving funds for water and sewer fund improvements to the city's aging infrastructure.

The \$5 monthly administrative fee will generate \$810,000 annually, which will

cover the new fixed cost charge assessed to municipal water customers by DWSD. This year, that will be \$600,000 for Westland, regardless of the amount of water used.

"Now they have our water rate and a fixed costs, which is new this year," Smith said. "We proposed the \$5 per water bill to help make up that overhead and our overhead."

A lot of communities already have been adding the administrative to their water bills, Godbout said.

Last year, the city's bond rating was reduced from A3, which is investment grade, to BA1 due to several factors. including the condition of the water fund. The lower rating could result in significantly higher borrowing costs for city

Along with operating the water fund and an enterprise fund which is designed to be self-supporting, without subsidy, the city would also review water rates twice a year instead of the current practice of annual rate setting.

"We need to show something aggressive to the bond company. We are an aging community and we will need to bond for projects," Wild said. "The last thing we want is for the water-sewer fund bond rating to drag down the general bond rating."

Council will consider the rate increase at its March 15 meeting.

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AROUND WESTLAND

Monthly breakfast

Pancake anyone? The Westland Senior Resource Department will host its monthly all-you-can-eat pancake breakfast 8:30-11 a.m. Thursday, Feb. 11, for only \$4 per person. Stop by the Friendship Center at 1119 N. Newburgh. For more information, call (734) 722-7628.

Gymnastics

Kids can learn to tumble, somersault and cartwheel at the next session of gymnastic classes at the Bailey Recreation Center beginning next week. Kids will learn progressive skills that will encourage self-confidence and coordination. These classes provide fun in a friendly environment where children can learn to do gymnastic stunts safely.

The weekly classes range from toddlers with no experience who need a parent to accompany them to intermediate level youngsters. The cut-off age for the classes is 12.

For the cost and full schedule of the classes, call (734) 722-7620.

Open House

Willow Creek Cooperative

Preschool in Westland will be hosting an Open House 6-8 p.m. Tuesday, March 16. Parents will have an opportunity to meet the teachers, tour the school, learn about its educational programs, and have refreshments. Classes are available for parent-tots, young 3's, 3- and 4-year-olds and enrichment for 4-year-olds. Willow Creek is located at 36660 Cherry Hill, west of Wayne Road, Westland. For more information, call (734) 326-0078

Craft Show

Wayne AMVETS Post 171 will present a "Think Spring Craft Show" from noon to 6 p.m. Saturday, March 13, at the **AMVETS Memorial Hall, 1217** Merriman, Westland. The hall is south of Cherry Hill, north of Palmer.

Vendor tables are \$20. Contact John at (734) 729-8930. There will be holiday-themed crafts, homemade collectibles and a bake sale. Hot dogs and Polish sausage will be served.

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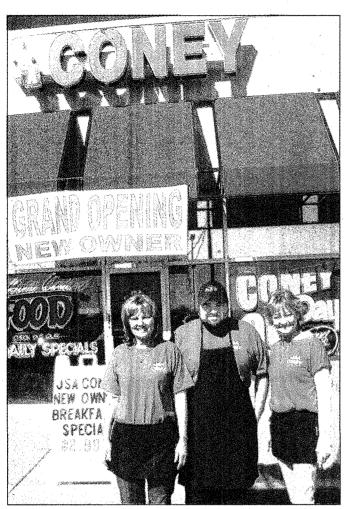
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Staffers Dorthy Meyers, Carlos Garcia and Debbie Dudek have welcoming smiles for customers at the JSA Coney in Garden City's Town Center plaza.

Restaurant focuses on fresh food, good service

BY SUE BUCK **OBSERVER STAFF WRITER**

Chinsuk Lafrance is living out her dream of being a businesswoman with her new restaurant in the Town Center plaza at Ford and Middlebelt.

With her husband, Andy, she is trying to get the word out that a new restaurant is in town - JSA Coney, which opened in December.

"She has been wanting to open a business for quite a while," Andy said. "With the economy the way it is, we put it off for three years. We thought that we could do a little bit at a time.'

They chose Garden City because it emulates classic mid-America, "the backbone of the country," Andy said. "This is the perfect midwestern area. These are decent, hardworking people."

Cheap, fresh and clean are the buzzwords at JSA. The menu offers a variety of breakfast, lunch and dinner items, including a list of different types of sliders. The all-beef sliders are just the beginning. There's also smokehouse, mushroom Swiss, deluxe, a JSA special, chicken and BBQ chicken sliders.

The couple prides themselves at providing lean, high-quality meat and are conscious of the health care needs of

AT A GLANCE

What: JSA Coney Where: 5912 Middlebelt, north of Ford,

Garden City When: Hours are 8 a.m. to 8 p.m. Monday

through Saturday and 8 a.m. to 3 p.m. Sunday Phone: (734) 266-1364

many customers.

"We use healthy things. No cholesterol and no trans fat," Andy said.

Soups, including chili, are made from scratch right in the restaurant.

"We don't add salt and sodium," Andy Besides the classic coney dog, there's a

rip dog, which is laced in crisp bacon and covered with a special sauce made from chopped pickles, vinegar, green pepper and onions.

"That's a deep fried hot dog that came out of Chicago," Andy said. "Because it is deep fried, it rips when you eat it."

Their onion rings are hand-battered. "They are made here," he said. "We don't buy them frozen."

The Farmington Hills couple already have regular patrons and are looking for more walk-in traffic.

"We have no visibility out on the street,"

Lillian Schultz, a Garden City resident, has come to eat every day since it opened.

"It is clean and the owners are great and make you feel at home," Sczultz said. "My favorite is their chicken soup. They also have a coney breakfast on a coney bun with scrambled eggs, cheese and a sauce that goes over it."

It was the first time for Jeri Des of Westland. "This is great. I am filling up," she said,

munching on chili fries and a loose burger. The LaFrances have already become involved with the community. They help sponsor the high school play and placed ads in the school newspaper. With the Moose

Foundation. They are developing a children's menu, but will accommodate and customize to fit the

Lodge, they support the Karmanos Cancer

unique tastes of the little ones. Andy said his wife is the heart of the restau-

"She treats eveyone who comes in here like

family," he said. In her "spare time," Chinsuk also helps the

elderly. "I have a lot of old friends and I enjoy visiting

them," she said.

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FORD ROAD

"There are a lot of ways out, but people still try to come out and make a left there. In the 1980s when I was a patrol officer, people were continually making prohibited left turns there," Harvey said. "Rear-end accidents happen as people slow to turn into driveways. If we limited Kmart to one driveway, we would decrease rearend accidents by 25 percent."

The ideal situation would have an access road serving several adjoining businesses with direct access to Ford Road being limited. That type

of access road was built in front of businesses located on Orchard Lake Road between 14 Mile and Maple in West Bloomfield.

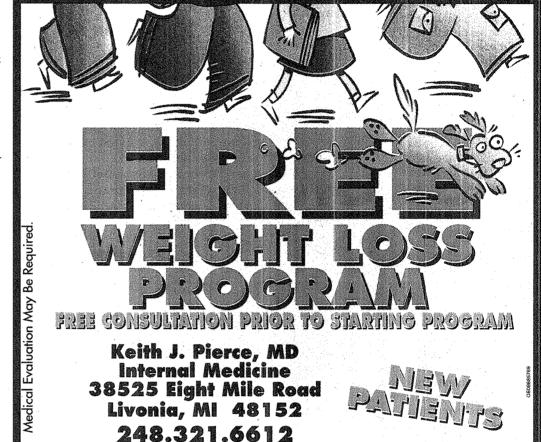
For developed communities, such as those along the Ford Road corridor, Buford said it could take 30-40 years for a redevelopment that would provide that type of business

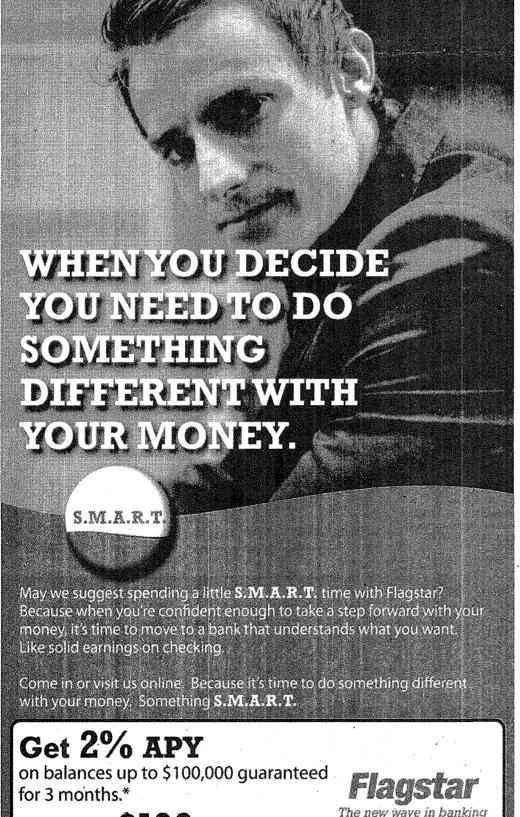
"We can't force businesses to do it - only if they are changing the development on their property," Buford said. "We need to show them how it works. The easier it is to get into a business, you'll do more

Other possible solutions can include acceleration/ deceleration lanes and right turn only lanes. Canton requested a similar study several years ago and is currently working to implement the recommendations — something that involves planning and property ownership issues.

The access management study is expected to be completed within a couple of months and then SEMCOG will work with the communities to get it implemented.

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JAY BARNES

should see different color paint than the government-issued peach that was on the walls of homes in the Norwayne Subdivision. Through the PTA, she got the walls of the school painted white.

By the time she left office in the 1990s, she had represented Westland at the local, county and state levels. Along the way, she earned the reputation for being a good listener and problem solver, a woman who "lived a long, full life" and open doors for other women.

WHAT SHE 'LIVED FOR'

"That was what she lived for," said her son, Scott. "Every time she thought things were fine and she backed off, something would happen and she'd get fired up. My dad would push her hard to get involved in a cause."

Born in Wilkes Barre, Pa., on Feb. 2, 1925, she moved to Detroit with her family when she was 2. She met her late husband, Jonathan, at age 16. He was in the service and stationed in Gulf Port, Miss., when they married two years later.

When he was transferred to Detroit to serve at the Willow Run Bomber Plant, they moved into the government housing on Alpena Court in Norwayne in 1945. When the government put the housing up for sale, the couple bought their unit and lived there until 1972.

In addition to the paint issue at Jefferson School, which has since been renamed to Jefferson-Barns in her honor, Mrs. Barns also led an effort with the late Thomas Brown to get the streets in Norwayne paved and with then-township Trustee Bill Anderson battled against the federal government's urban renewal plan for the area, said Scott Barns.

She was appointed to the township Planning Commission by the late William Faust and joined him in the fight to create the city of Westland to prevent Livonia from annexing Westland Shopping Center. She became the only woman elected to the



Justine Barns spent more than 40 years working for the residents of Westland, including 12 years as a state representative.

Remembering Jay

"Justine Barnes was a remarkable state representative, councilwoman, philanthropist, leader and friend. The City of Westland is a better place because of her countless contributions.

"Ms. Barns served on the original Charter Committee when Nankin Township was converted to the City of Westland. She dedicated many years to the City as a Councilwoman before going on to serve in the House of Representatives. After spending 12- years at the capital, she served another four years on Westland City Council before retiring.

"Ms. Barns is a true historian of the City; Jefferson-Barns Elementary School was proudly named after her."

Westland Mayor William Wild

"If there is such a thing as a Founding Matriarch, Justine Barns was such a person.

Her lists of first is nearly endless. First woman on the City Council, member of the first elected City Council, first woman elected locally to the State House of Representatives, the first woman President of the City Council, on and on.

"As she knew her people and responded to their needs for more than 40 years, the community will respond with an outpouring of affection for Justine Barns in the coming days. She was Westland at its best"

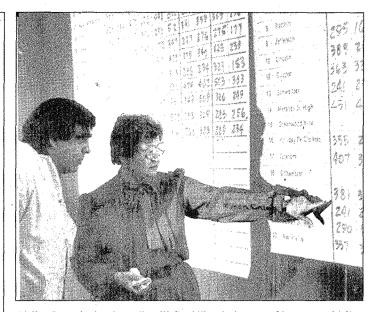
Gail and Richard McKnight

city charter commission and was the first woman elected to the Westland City Council. She became the council's first female president in 1976 and also was the first woman to serve as acting mayor in 1974.

Glenn Shaw Jr. who served with her on the City Council, said Mrs. Barns "was always right on her game."

"She worked full time at her job," Shaw said. "She was always trying to do what she thought was right for Westland. She always cared about her community."

Shaw remembered the 1975 City Council election in which he got more votes than in any other election that a male ran in, but still finished second to



Justine Barns looks at results with Fred Klus during one of her many election campaigns.

Mrs. Barns. She bested him by some 2,000 votes.

"Everyone knew Justine, she was always all over town," he said. "My mother voted for Justine Barns before me. She had a way with people. She was always in touch with people."

'OF THE PEOPLE'

In a statement released Friday, retired Westland District Judge Gail McKnight described her former council colleague as "an apron-clad housewife" who "enjoyed the intrigue and repartee of politics"

tics."

"She wasn't in it for the gain or the glory, she always had another issue to raise or a project to accomplish," McKnight stated. "While she was no great orator, she knew how to pin back the ears of a political opponent ... She was successful because she was 'of the people.' She knew how to work successfully as a legislator, standing for her principles but willing to compromise when her community stood to benefit."

While a council member she also served as the vice president of the Wayne County Charter Commission from 1980 to 1982. And in 1983, she decided to run for state representative.

"She felt Westland was at a point where it was stable and, knowing that, she was looking for a new challenge," said Scott Barns. "She also wanted to have an influence on what was happening in the schools."

Westland Clerk Eileen

DeHart, who met Mrs. Barns during her first council reelection campaign in 1967, described her as "a mentor,

teacher and friend.

"I truly feel a part of Westland has died," added DeHart, who served as Mrs. Barns' aide during her 12 years as a state representative. "She was down to earth, she could relate to people because she had lived through the hard times and the good times. She had a compassion for people and a comprehension of what was going on in her community. She knew what people in her city wanted."

According to DeHart,
Barns didn't let her political affiliation get in the way
of her work in Lansing. A
staunch Democrat, she was
good to her word and would
support legislation she felt
would benefit her community no matter who introduced it.

"Justine taught me the difference between a politician and a public servant," said DeHart. "A public servant doesn't change after being elected, a politician does. She was a public servant, she never changed."

Mrs. Barns left the state House after 12 years at a time when Thomas Brown and William Faust, a state senator, were also retiring. According to Scott Barns, the threesome decided it was time for a change, that it was time to hand Westland over to the next generation. Mrs. Barns, didn't stay retired for long. A year later, she successfully campaigned for a seat on the City Council and when she finally did leave elective office in 1994, then-Mayor Robert Thomas appointed her to the city's Planning Commission.

"Justine had a really good trait, she was a wonderful listener," said DeHart. "If you had a problem, she would sit there and listen, but she wouldn't give advice. She'd only give advice, if you asked for it."

"She should have gone into counseling or social work," added son Scott. "I think that would have been her calling, if she hadn't gone into politics. She wanted to solve problems for people."

It was the push for cityhood where Scott connected with Mrs. Barns. They became close friends and worked closely together when Scott was on the Wayne-Westland school board and Mrs. Barns was in Lansing.

"She was like my sister and she was my mentor," said Scott, who also served on the Westland City Council. "She was a personal friend, a political ally and a big supporter of me and women she thought were qualified to serve."

Scott added that she and Mrs. Barns found away to get along because "she trusted me and I trusted her."

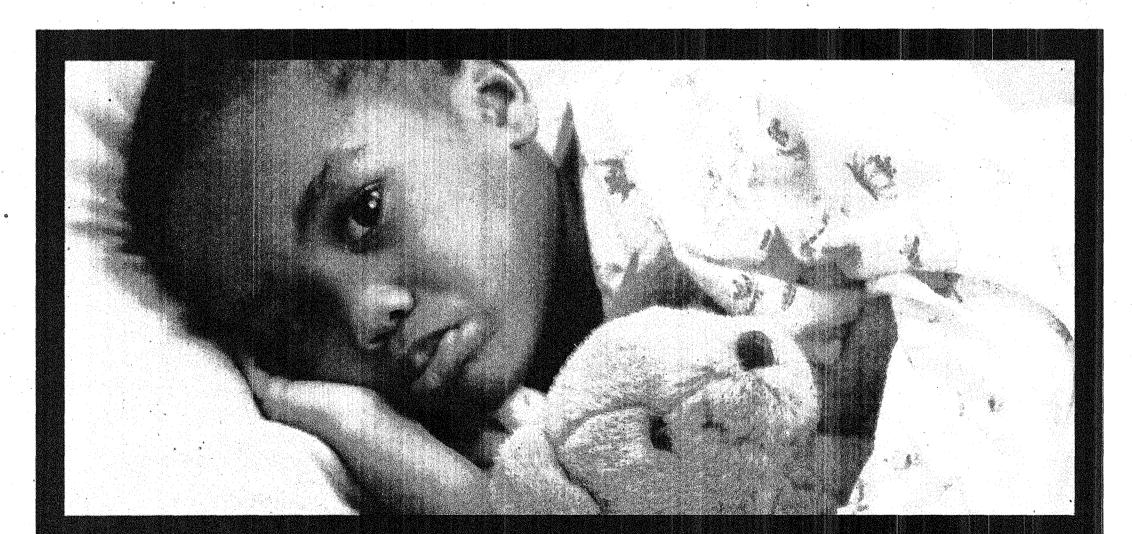
"A lot of Westland history died with Jay," she added. "I'm definitely going to miss her."

Mrs. Barns is survived by her sons, Duane (Barbara) and Scott; granddaughters Christine (Don) Howden, Kathleen (Scott) Sundheim; great-granddaughters Elizabeth Howden, Allison Howden, Megan Sundheim; and greatgrandson Ryan Sundheim. She is preceded in death by her husband, Jonathan.

Services for Mrs. Barns were Saturday at St. John Episcopal Church in Westland. Interment was at Cadillac Memorial Gardens West, Westland. Arrangements were by Uht Funeral Home.

Memorials can be made to the William P. Faust Public Library of Westland or the Westland Community Foundation.

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'Biggby Bob' serves up business acumen

BY KEN ABRAMCZYK OBSERVER STAFF WRITER

Bob Fish opened his coffee shop to what he describes as a "resounding thud."

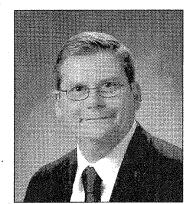
He served four customers an hour. When a coffee shop owner collects only \$16 an hour, he can't pay the rent.

Fish said he employed "guerilla tactics" to market his coffee shop and, in 18 months, he made \$1 million. Today that company now has 112 coffee shops in five states, including one in Westland.

The founder of Biggby Coffee, known on the company's Web site as Biggby Bob, shared the story of his success with members of the Livonia Chamber of Commerce.

Fresh out of Michigan State University's hospitality business program, Fish worked and then bought the Flapjack Shack, owned it for two years, then sold it in December 1993, to take a year off and develop a business plan.

He travelled the United States and ended up in Seattle to learn about specialty coffee. He opened his first Beaner's Cuppacino in an old Arby's restaurant next to Crunchy's in Lansing. The name was



Bob Fish a.k.a. Biggby Bob

changed two years ago because Beaner's is considered a racially derogatory term. Fish chose the original name for the coffee bean, and changed it to Biggby because "it was the right thing to do," he said.

After his initial struggles with the shop, Fish said he ran "buy one, get one free" specials. He realized that the larger chains did not cater to the average consumer. "One specialty coffee is a pretty good investment," Fish said.

He also worked to connect with his customers and the community. He stamped his business cards with "one free beverage" and personally distributed them to customers.

Coupons redeemed for

coffee required a name and address so that he could input those names onto his computer and personally print out coupons and mail them. He gathered up a database of businesses and potential customers within three miles of his shop and loaded that into his computer as well, a predecessor to his e-words link on

Soon he opened other shops in the Lansing area. The growth of the shops continued. In 2000, the company expanded to seven. By 2009, it had 111 with 33 locations in metro Detroit.

the Biggby Coffee Web site.

Fish believes the economy is turning around. Sales have increased 5 percent at his shops in January and February, he said. His shops have created 1,600 jobs and 78 new small business owners. Biggby totals \$40 million in

Fish highlighted "PERC," an acronym to highlight some of Fish's business mantras, which are perception by the customer, every customer leaves the store in a better mood, recognize each customer as an individual, and consistently provide a high-quality bever-

Fish also emphasizes a simple system: focus on the "top line" of revenue; energy, excitement and enthusiasm; and always have faith, confidence and courage.

"You have to have faith to be an entrepreneur," Fish said, recalling the eight loan rejections before the ninth bank approved him. "The last guy I got to, he finally said, 'I don't understand any of this stuff, but I believe you can do it."

Steven Swaggerty, a senior financial adviser at Ameriprise Financial, enjoyed Fish's presentation. "He's living his mission statement," Swaggerty said. "He's giving out to the community and, in the process, he's building his business. That's a life lesson."

Swaggerty liked Fish's definition of courage, "doing something you are afraid of anyway."

Paul Daniels, operations manager of Correct Mechanical, said it is no surprise that Fish is a success. He's knowledgeable and full of life," Daniels said. "There is no way a guy like that can't succeed. He does all the right things."

kabramcz@hometownlife.com

Westland sets surplus food distribution dates

Westland has scheduled federal surplus food distribution for March.

Westland residents living south of Michigan Avenue should pick up their commodities 10 a.m. to 1 p.m. Monday, March 8, or the second Monday of each month at St. James United Methodist Church, 30055 Annapolis, between Henry Ruff and Middlebelt. The church's phone number is (734) 729-1737.

All residents north of Michigan Avenue can pick up their commodities 10 a.m. to 2 p.m. Thursday, March 18, at the Dorsey Community Center, 32715 Dorsey, between Michigan Avenue and Palmer.

Senior citizens living in Taylor Towers will pick up their food at Taylor Towers and must call their building manager for their day of distribution. Greenwood Villa residents must pick up their food items at Greenwood Villa. For the month of March, the distribution

will include applesauce, corn, UHT milk, peaches, canned pork, vegetable soup, frozen ham and possible additional items.

For more information, call the Dorsey Center's surplus food hotline at (734) 595-0366. The program is administered by the Wayne County Office of Senior Services.



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Book 'em: Everyone's Reading 'Presumed Innocent'



This is a case where peer pressure is a good thing.

Observer & Eccentric | Sunday, March 7, 2010

You know, "everyone else is doing it," so you should, too. It's the annual Everyone's Reading program, a community-wide reading program sponsored by public libraries all around Metro Detroit, including Farmington, Southfield, West Bloomfield, Berkley, Royal Oak, Canton, Plymouth and Westland.

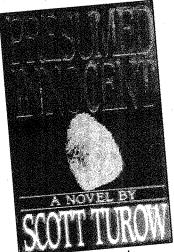
Now in its ninth year, Everyone's Reading promotes community dialogue through the shared experience of reading and discussing the same book. Additional programs, related to issues and topics in the selected book, are offered to enhance the reading experi-

This year's Everyone's Reading selection is Presumed Innocent by Scott Turow.

With the publication of Presumed Innocent in 1987, Scott Turow ushered in the age of the legal thriller. Despite many other skilled writers who followed — including John Grisham, Richard North Patterson, Lisa Scottoline and John Lescroart — Turow's work remains unique: critically acclaimed psychological studies that appeal to a wide audience. Character, rather than courtroom pyrotechnics, dominates his elegantly written novels, which also raise questions of morality, truth and justice.

ABOUT TUROW

After earning his undergraduate degree, he graduated from the Creative Writing Center at Stanford and then



Innocent" is this year's Everyone's Reading selection. The program goes through April 28.

taught there for several years. He graduated with honors

from Harvard Law School in 1978. Turow's credentials are unique among his peers. He is a practicing attorney and author of seven best-selling novels. As an attorney with the U.S. Attorney's Office in Chicago and in private practice, Turow has had intimate experiences with the criminal justice system and capital punishment.

In 2003, he won the ${\bf Heartland\ Prize\ for}\ Reversible$ Errors and in 2004 received the Robert F. Kennedy Book Award for *Ultimate* Punishment. His books have been translated into more than two dozen languages and sold more than 25 million copies. Presumed Innocent was adapted into a full-length film.

Turow is a partner at Sonnenschein Nath &

Rosenthal in Chicago and concentrates on white collar criminal defense. He devotes significant time to pro bono work, including a 1995 case that resulted in the release of Alejandro Hernandez who had spent 12 years in prison, including five on death row, for a murder he did not com-

Turow was born in Chicago in 1949 and lives in the Chicago area.

GET INVOLVED

There are many ways to participate in this year's

- Everyone's Reading program. Check out Presumed *Innocent* from a participating
- library. · Discuss the book and participate in the various pro-
- Use the Reader's Guide to lead your own book discussion
- Attend one of the special Everyone's Reading events.
- · Hear Scott Turow at one of the author appearances.

FROM THE AUTHOR

"I want to thank everybody who's participating in the 2010 Everyone's Reading event. Presumed Innocent was the first novel I published (although hardly the first one I wrote)," stated Turow. "Its success shocked me and permanently altered my life. But the book arose from much of the turmoil I felt as a young lawyer, trying to make sense of a life so divided by my loyalty to my young family and a prosecutor's consuming duty to do right. I have been living with the novel again for much of the last five years, since I have just finished a sequel, Innocent, about Rusty Sabich 21 years later. I imagine I'll talk a bit about the new book and the old one when I get to Michigan."

Turow's other books are: The Burden of Proof (1990), Pleading Guilty (1993), The Laws of Our Fathers (1996), Personal Injuries (1999), Reversible Errors (2002) and Ordinary Heroes (2005).

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A sales representative will be present with information and applications.





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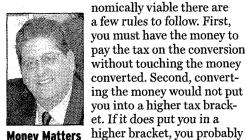
www.bcbsm.com/mybluemedicare

Make sure conversion to Roth IRA makes sense Friends of the Rouge

Q: Dear Rick: I am over 70 and do not receive any wages/W-2s. How much am I able to convert from a Traditional IRA into a Roth IRA? After reading IRS form 8606 about conversions it looks like there isn't any limit. My Taxcut program told me it was a concern. Please advise.

A: You are correct. There is no IRS limitation on the amount of money you can convert from a Traditional IRA into a Roth IRA. However, there are times when it does not make sense economically to convert.

In order to make a Roth conversion eco-



Money Matters

don't want to do the conversion. Lastly, in order to make Rick Bloom a Roth conversion legal, you cannot touch the money you are converting for at least five years. That is the IRS rule.

To make a Roth conversion economically sound you have to plan on leaving it in the Roth IRA longer than five years. I believe

Roth IRAs are an excellent investment vehicle, and I wish more people used them. Whether you convert an existing retirement account into a Roth IRA or you are eligible to make new contributions, it is something that more people should explore. After all, the benefits of tax-free growth versus taxdeferred growth are substantial.

Many people seem to think that once you reach a certain age Roth conversions are no longer economically viable. Nothing can be further from the truth. Yes, the younger you are the more advantageous a Roth IRA is. However, seniors should recognize that no matter what their age, a Roth IRA conversion can be an economic windfall. Good

Q: Dear Rick: My wife and I are in our mid 30s and just had our first child. We have some money to invest but not much. We are debating whether it should be invested in a Roth IRA for our retirement or into a 529 for our child's college education. At this point, we have not yet begun to save for retirement.

A: Congratulations on the birth of your child. I think it is great that you want to begin a college saving program for your child and I encourage that. However, in your situation if resources are limited, I recommend saving for retirement first and then your child's college education.

My answer has nothing to do with the importance of a child's college education because I believe it is imperative. However, when it comes to financing a child's college education there are additional options available you do not have in retirement. For example, there are typically a variety of loan programs. In addition, your child can potentially find a job to help offset the cost of an education. Unfortunately, you may not have those same opportunities with regards to retirement. After all, in our society it is a reality that as you get older it gets harder to find and maintain employment. That is why I believe that saving for your retirement takes priority. In addition, if things improve in the future, you can always use retirement money to pay for college.

In today's tough economic times many people have to make difficult choices when it comes to their finances. In making those choices it is important that we never forget how expensive our retirements are and the limited options that we have available to us. Therefore, I encourage everyone to make saving for their retirement one of their top priorities. Good luck!

Rick Bloom is a fee-only financial adviser. Observer & Eccentric readers can submit questions at moneymatters@hometownlife.com. For more information, visit Rick's Web site at www.bloomassetmanagement.com.

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hook up with Facebook

Friends of the Rouge has launched their first ever online fund-raising campaign via Facebook-Causes.

Facebook Causes allows designated non-profit organizations to raise money through a secure donation process online, similar to Pay Pal, reaching thousands of members in the Facebook community. Members can join a cause, donate to or promote a cause to their friends, all just by clicking a button.

Friends of the Rouge has been promoting the restoration and stewardship of the Rouge River since 1986 and offers many important programs like their annual Frog and Toad survey, Rouge Rescue, and Rouge Education Project.

"We started this fund-raiser because we are trying to raise \$1,000 towards technological upgrades critical to our organizations operations. Our current technology is outdated resulting in computer crashes and an inability to produce or manage documents," said Emily Hughes, staff member at the Friends of the Rouge. "Our work protecting the river begins in our office and our technology is what allows us to provide our programs to our volunteers. Any help would be greatly appreciated; even a dollar would go a long way towards helping us reach our goal."

People who have a Facebook account can visit the/apps.facebook.com/causes/454386 or visit the application and search for Friends of the Rouge. The cause is also linked on the group's Facebook fan page.

For those folks who do not partake of the world of social networking, but would still like to help, contact the Friends of the Rouge office at (313) 792-9626 for information.

For more information about Friends of the Rouge's work and its programs visit www.therouge.org.

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ADVERTISING FEATURE

Redford welcomes Village Place Coney & Grill

Restaurant features authentic menu, quality food and unbeatable prices

BY ALISON BERGSIEKER ADVERTORIAL WRITER

Redford's newest family restaurant has it all - quality food, great prices and a friendly atmosphere.

Village Place Coney & Grill opened Feb. 1 on Plymouth Road between Inkster and Beech Daly and is already a popular location for family and friends to enjoy delicious meals.

Victor Berisaj and his three brothers own and operate the new restaurant, along with their Westland location, Village Place Coney Island, on Wayne Road that opened in 2004.

"We offer breakfast, lunch and dinner, with prices and quality that are unbeatable," Berisaj said. "We enjoy providing hospitality, we enjoy cooking. We want our guests to be comfortable and to feel like our family members."

Comfortable booth seating, full service bar seating and stackable tables for larger parties make up the recently renovated dining room.

Redford residents of 36 years Jim and Kathleen Teece said Village Place Coney is the best restaurant to come to the area in years. The couple visits the restaurant at least once a day. sometimes twice for breakfast and dinner.

"I can't say enough about the staff," Jim Teece said. "Even the bus boys are very pleasant. When we go to pay our bill, even the cooks wave hello."

Authentic and homemade dishes

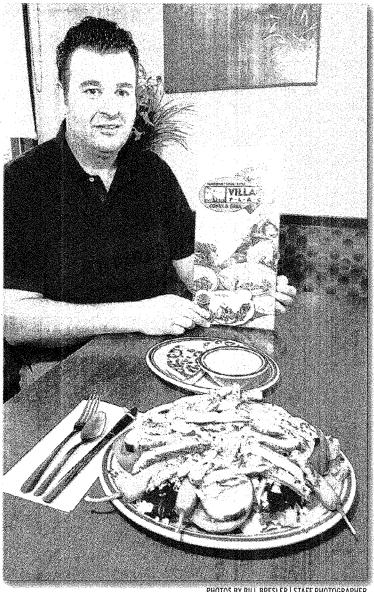
The full dine-in restaurant offers breakfast options all day, rotating daily specials and an assortment of homemade items made from secret family recipes.

Guests can choose from 13 egg platters, 20 omelettes, waffles, French toast, pancakes, sandwiches and more off the breakfast menu. Try the Redford's Delight omelette stuffed with ham, green pepper and onion topped with chili.

"My favorite breakfast is The Village Favorite with scrambled eggs, cream cheese and chives," Kathleen Teece said. "I've tried almost everything on the menu. You can get everything here."

Village Place Coney also serves up mouth-watering coneys, tender baby back ribs and a delicious selection of salads.

"Our Greek Chicken Salads are our most popular salad," Berisaj said. "When combined with our homemade pink dressing, customers can never get enough. People are begging us



PHOTOS BY BILL BRESLER | STAFF PHOTOGRAPHER

Owner Victor Berisaj shows off a Greek Chicken Salad with homemade dressing, a popular menu item at Village Place Coney & Grill.

to bottle and sell the dressing."

Chicken lemon rice soup served every day and rice pudding are also family recipes made from scratch.

Greek, Italian and American favorites make up a giant dinner menu with something for everyone.

Homemade spinach pie is always popular, along with bbq ribs at an extremely reasonable price. Chicken or Veal Parmesan, 12 oz. T-Bone Steaks and lots of dinner choices come with a choice of soup, coleslaw or salad plus dinner roll and choice of fries, mashed potatoes or rice.

For those customer's practicing Lent, Village Place Coney offers a delectable Seafood Lover's Combo Platter with golden shrimp, deep-fried cod fillet, a tumble of smelt, sweet clams and flash-fried scallops for a discounted price on Fridays.

Veggie pitas, wraps and stir-fries are also available as vegetarian options.

For dessert, Village Place Coney features Blazo's Pie Shoppe pies, along with yummy cheesecakes and milkshakes.

"Our German chocolate torte is awesome," Berisaj said. "You have to see it to believe it."

WESTLAND

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Family friendly

An extremely friendly staff is always making personable connections with customers.

Both Village Place restaurants are family owned and operated. Unlike a chain, the staff can develop personal bonds with their customers.

"Since the first day we opened, we are getting repeat customers at least twice a day, some for breakfast, lunch and dinner," Berisaj said.

Some customers know what they want before they even come in — a downloadable menu is available at www.villageplaceredford.com, along with directions and photos of menu items.

"The prices are so reasonable and the food is so good that it's not even worth cooking yourself," Kathleen Teece said. "I can't say enough about the place."

Kids age 10 and younger eat free with purchase of an adult meal (see advertisement below for details).

Visit Village Place Coney & Grill for your next meal, a quick bite or just some coffee and friendly conversation!

Specials

Breakfast

M-F 6 a.m. - 11 a.m. • Sa-Su 6 a.m. - 9 a.m.

Village Breakfast Special Your choice of bacon, sausage patties, sausage links or ham with two eggs, hashbrowns and toast. \$1.99

The Village Favorite Three country fresh eggs scrambled with cream cheese and chives, served with hashbrowns and toast. \$3.95

Half Order Country Scramble Ham, bacon and sausage scrambled with three eggs, onions, hashbrowns and American cheese and topped with sausage gravy. \$4.65

Lunch

Greek Chicken Salad

Tomato wedges, cucumbers, onions, olives, feta cheese and beets with slices of grilled chicken breast. \$5.95 sm. \$6.95 lrg.

Philly Steak & Cheese Hoagie A belt-buster of lots of thin sliced steak stuffed into a hoagie roll with sautéed green peppers and onions. Finished with melted Swiss. \$6.65

The Coney Combo Two delicious coneys, a pile of French fires and soft drink.

\$4.95

Dinner

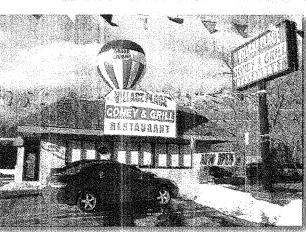
Half slab BBQ Ribs Tender baby back ribs lavished in BBQ sauce. \$5.95

Seafood Lover's Combo Platter This platter's got it all: golden shrimp, deep-fried cod fillet, a tumble of smelt, sweet clams and flash-fried scallops. Present with lemon and seafood sauces. Your ship has come in! \$7.95

Fridays: \$6.95

T-Bone Steak (12 oz.) Get your knife and fork for this one. Comes with choice of soup, coleslaw or salad plus dinner roll and choice of fries, mashed potatoes or rice.

Mondays & Thursdays: \$6.95



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BY BRAD EMONS **OBSERVER STAFF WRITER**

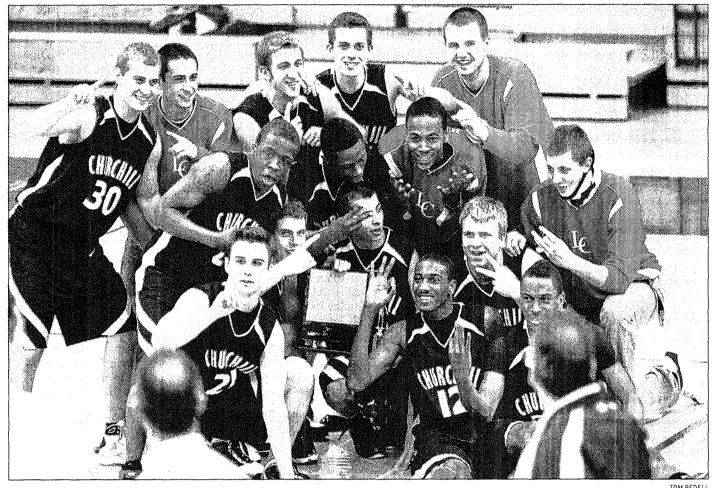
When the Kensington Lakes Activities Association playoffs started two weeks ago, an 8-7 Livonia Churchill boys basketball team seemed like an after thought.

But the fourth-seeded Chargers completed their incredible four-game sweep Thursday night by upending host Waterford Mott, 55-53, for the KLAA championship.

Churchill, now 12-7 overall, upset three different KLAA divisional champions along the way to stand above all 24 schools in the first year of the Association-wide tournament.

"You got to be ready to play," said Churchill coach Jim Solak, who guided Churchill to its first league, division or conference crown since 1983. "We're a great example. Every game is tough, but you've got to be ready to go. It doesn't matter what division you're in or the

Please see CHARGERS, B2



Livonia Churchill celebrates its Kensington Lakes Activities Association boys basketball championship after a thrilling 55-53 win Thursday night at

BILL BRESLER | STAFF PHOTOGRAPHER

Franklin's Amanda Borieo (23) rises up over Ladywood defender Teresa Wojnarowski for a basket during Friday's Class A district championship.

Patriot Missiles

Franklin zone defense yields district title

BY BRAD EMONS OBSERVER STAFF WRITER

The patented matchup zone defense that propelled Livonia Franklin all the way to the Class A state championship game a year ago continues to wreak havoc.

It was no more evident than Friday night when the Patriots claimed their third consecutive district crown with a convincing

55-42 victory over host Livonia Ladywood. Franklin, now 17-5 overall, moves into the regional semifinals Tuesday to face the winner of the Detroit Central district. Game time is 6 p.m. at Ladywood.

Once again I think we're sneaking underneath the radar," Franklin coach Dave McCall said. "We're a better team than people give us credit for. I'm very proud of the effort. We work hard, we get them in shape and they leave it all on the

Once again it was senior center Senneca Scott doing her best Ben Wallace impression. Although undersized in the post at 5 feet, 8 inches, the springy Scott was relentless, scoring 12 points to go along with 15 rebounds, five blocks and three steals.

"Last game she was unbelievable and she followed it up with another great game," McCall said. "She's turned the corner in her career and she's playing the way with the potential she's shown all year. She's just a focused athlete."

Scott was coming off a 21-point, 17rebound outing against Garden City.

"I'm really just trying to be a leader and just go all-out my senior year," said Scott,

who would like to continue to play in college. "I'm just trying to play to my potential and I know I can play as good as I am

Junior point-guard Chelsea Williams, Franklin's leading scorer, bounced back from Wednesday's two-point district semifinal performance by also adding 12

"Chelsea wasn't feeling well the other night and not getting any sleep," McCall said. "She had only gotten six hours of sleep in two days. You could see it in her play on the floor - her lack of energy, her lack of emotion. She's gotten some sleep and she's gotten better. Her parents are making sure she's gotten better and she's on her way back."

Senior guard Amanda Nixon also gave the Patriots a lift off the bench by contributing 12, while junior forward Amanda Borieo finished with nine.

And 5-foot-1 senior guard Nicole Emery helped relieve the full-court pressure with a steady floor game for the Pats.

Ladywood, the Catholic League A-B Division runner-up, turned the ball over 22 times and shot only 11-of-36 from the floor (30.5 percent).

"I think there were times when I think we just got outhustled," Ladywood coach Pat Cannon said. "They outrebounded us. They had us 22-9 on the boards at halftime. They were knocking down shots and

that little trapping zone took us out of our game. We were trying to get on the back Please see FRANKLIN, B3

Warriors garner district title

The Lutheran High Westland girls basketball team endured some hardships during the regular season, but the Warriors made it all go away Friday night by turning back host Allen Park Inter-City Baptist, 43-37, for the Class D district title.

Emilie Freeman, a 6-foot-3 senior center, poured in a game-high 21 points, while Nicole Zehel added 11 as the Warriors won for just the sixth time in 20 tries overall.

The Warriors jumped out to a 9-5 lead after one quarter, increased the margin to 19-9 at halftime and held on despite being outscored 28-24 over the final two quarters.

Korryne Claypool tallied 16 points to pace Inter-City Baptist.

Lutheran Westland advances to the regional semifinals Tuesday at Auburn Hills Oakland Christian. It will face the Marine City Cardinal Mooney district champion

GIRLS HOOPS

beginning at 6 p.m. **BELLEVILLE 45, JOHN GLENN 37:** Jessica Green scored nine of her game-high 18 points in the final quarter Wednesday to lead the Tigers (10-11) past Westland John Glenn (6-15) in the Class A district semifinals at Wayne Memorial.

"They ran her off a few screens, let her go one-on-one and she took over the game," Glenn coach Mark Anderson said of Green. "The sped up the game in the fourth quarter. The ball pressure got to us and we turned it over."

Diaja Ruffin and Brianna Coleman each tallied eight points for the Tigers, who outscored Glenn 14-9 in the final

Senior forward Michelle Vanover led the Rockets with 15 points. Aubrie Scott added

Glenn was only 5-of-12

from the foul line, while Belleville hit 13-of-32.

LUTH. WESTLAND 58, WESTSIDE 15: Emilie Freeman scored 15 points and Amanda Terranella added 12 as Lutheran High Westland (5-14) rolled to an easy win Wednesday over Detroit Westside Christian in Class D opener at Allen Park Inter-City Baptist.

Rachel Storck chipped in with eight points for the Warriors, who advanced to Friday's championship game against the host Chargers.

CHERRY HILL 59, CLARENCEVILLE 50: Dominique Cummings had 26 points Monday as Inkster Cherry Hill of the Performing Arts downed host Livonia Clarenceville (8-12) in the Class B district opener.

Jenny Burgess led the Trojans with 20 points and 16 rebounds, while Kristen Jolly added 15 points. Ashley Devon added seven points.

Spartan goalie 'on' in pre-regional win

BY TIM SMITH OBSERVER STAFF WRITER

Wednesday's board-rattling Division 1 pre-regional boys hockey game between Plymouth and Livonia Stevenson featured more hard-edged hits than the Rolling

But perfect goalkeeping and a couple nifty individual offensive efforts proved the difference in a 2-0 Stevenson victory. The reward for the 21-3-2 Spartans: playing defending Division 1 state champion Novi-Detroit Catholic Central, 3:30 p.m. Saturday at Novi Ice Arena.

"(Goal scorers) Justin Shureb and Timmy Pruchnik both got the pucks to the net," said Spartans head coach David Mitchell. "And give all the credit it the world to their goaltender, Michael Justus, he stood on his head.

"He stopped almost everything

PREP HOCKEY

we threw at him and had a great night, but so did our goalie Danny Sager." Stevenson went up 1-0 with

about four minutes left in the first when Shureb collected a bouncing puck at the Spartans' blue line, raced down the ice and cut in on the junior Plymouth goalie before slipping the puck between the wickets.

Plymouth head coach Paul Fassbender said his D-man jumped up at the line to glove the puck, but dropped it. The Stevenson junior forward "found it and took off."

That's how the intense, physical and sometimes nasty (a Stevenson player was whistled for kneeing, a Wildcat drew two minutes for a

Please see HOCKEY, B3

SIDELINES

Lady Ocelots roll

Antania Shepherd scored 19 points as the Schoolcraft College women's basketball team opened NJCAA Division II District H tournament play with a 97-64 quarterfinal triumph Friday over Cuyahoga (Ohio) Community College in a game played at Owens Technical CC in Toledo.

The Lady Ocelots, who improved to 29-1 overall, went on a 16-5 run to lead 48-34 at halftime.

Other contributions for Schoolcraft came from Angie Burrell (16 points); Emelda Chew (14 points); Jasmine Brown (14 points); Amber Avery (10 points, 16 rebounds); and Kimberly Bee (12 points, 10 rebounds).

Maquel Jones led Cuyahoga (5-16) with 17 points.

The Lady Ocelots, last year's NJCAA Division II runner-up move into the District H semifinals against Oakland CC (18-9). The winner faces either Owens (25-5) or St. Clair County (21-7) in Sunday's final in Toledo. Game time is 1 p.m.

Maceratini champ

Grand Valley State University recently claimed its 11th straight Great Lakes Intercollegiate Athletic Conference women's indoor track and field championship as junior Megan Maceratini (Livonia Churchill) captured the 3,000-meter run in 10:00.77.

MU baseball 7-2

The Madonna University baseball team is off to a 3-0 start on its Florida trip.

The Crusaders, ranked No. 21 in the latest NAIA poll, swept a doubleheader Friday from Williams Penn (Iowa), 7-6 (in eight innings) and 3-2, at Lake Myrtle Field in Auburndale, Fla.

MU, 7-2 overall, rallied from five runs down to win the opener as Andy Omillian got the victory with two innings of scoreless relief.

Billy Hardin III and Ted Toune each collected three hits, while Brad Lineberry added two RBI.

In the nightcap, Jeremy Gooding improved to 2-0 with a complete-game fourhitter while fanning seven. Matt Kay drove in a pair of runs.

The loss drops William Penn to 5-6 overall.

On Thursday, Drew Fry belted a three-run homer in the first inning and pitcher Jeff Mann struck out a career-high 10 batters over five innings as the MU posted a 13-1 victory over State University New York-Canton at Lake Myrtle Park.

The Crusaders racked up 15 hits with Alex Charles, Billy Hardin III, Matt Kay and Mike Gansser collecting two each.

Kay and Hardin also added two RBI apiece.

Mann (1-1) allowed one earned run, did not allow a walk and scattered three hits, while relievers Chris Skalski and Tom Hansen each pitched a scoreless inning in the sixth and seventh to drop SUNY-Canton to 0-3 overall.

Spring girls volleyball

Tryouts for the AAU sanctioned TVO competitive volleyball spring session for girls ages 10-18 from beginner to elite level will be March 8-12 at both the Mt. Hope Activity Center and Riley Upper Middle School in Livonia.

The \$25 tryout fee will apply towards the \$425 program fee.

The season runs March 15 through June 7. For more information

on tryout times, call Gary Smart, TVO coordinator, at (734) 432-5959; or e-mail tvovolleyball@sbcglobal.net.

Rocket boys bowlers derailed in Elite Eight

The Westland John Glenn's run in the MHSAA Division 1 boys team bowling. finals ended Friday during the match play quarterfinals at M-66 Bowl in Battle Creek.

The Rockets were ousted by eventual state runner-up Macomb Dakota by 36 pins, 1,486-1,450.

Novi-Detroit Catholic Central went on to win the title against Dakota, 1,834,1,565.

Glenn, coached by Ron Brusseau, was fourth in the 18-team qualifying block with a total 3,532.

The top eight teams based on total pinfall after the eight Baker games and two regular games during the morning qualifying block advanced to the afternoon match play finals. The match games were decided by total pinfall of one regular game and four Baker games.

In the qualifying block, Glenn's best Baker was a 224, but the Rockets could only muster 853 out of four Bakers in the match play.

In MHSAA Division 1 girls finals, Holt defeated Macomb L'Anse Creuse North for the title, 1,5241,449.

Glenn missed out on the match play finishing 12th with a total of 2,925.

In the Division 2 girls team finals at Canton's Super Bowl, Tecumseh bested Flint Kearsley for the title, 1,699-1,692.

Livonia Ladywood placed 17th in the qualifying block with a 2,767 total.

In the Division 3 girls team finals at Jackson's Airport Lanes, Coloma defeated Perry, 1,593-1,469.

Livonia Clarenceville took 11th in the qualifying block with a 2,905.

BOYS BASKETBALL DISTRICT TOURNAMENT DRAWS

Monday, March 8: (A) Wayne vs. (B) Inkster, 6 p.m.; (C) Westland John Glenn vs. (B) Romulus,

Wednesday, March 10: Ypsilanti vs. A-B winner, 6 p.m.; Belleville vs. C-D winner, 8 p.m. Friday, March 12: Championship final, 7 p.m. (Winner advances to the regional semifinals Monday, March 15 at Gibraltar Carlson vs. Saline

Monday, March 8: (A) Garden City vs. (B) Livonia Franklin, 5:30 p.m.; (C) Livonia Stevenson vs. (D) Redford Union, 7 p.m.

Wednesday, March 10: Redford Thurston vs.

A-B winner, 5:30 p.m.; Livonia Churchill vs. C-D

Friday, March 12: Championship final, 7 p.m. Winner advances to the regional semifinals Monday, March 15 at Detroit Cass Tech vs. Detroit Cody district champion.)

Monday, March 8: (A) Academy of Inkster vs. (B) Livonia Clarenceville, 6 p.m.; (C) Detroit

"It was two really hot teams, playing hard,

going at each other. It was a lot fun tonight.

The tournament has been a lot of fun. This

tournament, I hope, doesn't go away. It goes

to show our Association really has some solid

basketball. It was a great tournament and great

Senior center Adam Bedell, whose last-sec-

ond three-pointer last Friday beat host Wayne

Memorial for the Kensington Conference title,

The ambidextrous 6-foot-6 Bedell tallied

14 of his game-high 25 points in the decisive

"When we were in huddle going into fourth

quarter we knew we weren't playing our best basketball in the third quarter." Bedell said.

"We played so well in the first half, so why not

the second half? We really got everybody fired

up. We went back to the basics and what knew

we could do. It worked out and we got the win."

Churchill's two other senior standouts, 6-5 forward D'Juan Cooks and 6-foot guard Tony

Frezzell made 6-of-8 free throws in the final

remaining put the Chargers up by nine, 47-38.

So what changed for Churchill in the final

out beyond the three-point (line)," Bedell said.

touches. We had mismatches, so we did that. I

in the opening quarter as they bolted out to a

But the Corsairs, connecting on three of

to within four at halftime in a lowing scoring

Cooks also went down with 5:45 left in the

midway through the third period. Frezzell was

second quarter." Solak said. "We didn't handle

half with an ankle injury and didn't return until

also on the bench after picking up his third foul.

"They (Mott) woke up and played a heck of a

their nine 3-pointers on the night, clawed back

Things worked out for the Chargers very well

"We knew we had to get down low and get

finished down there and it worked out."

15-5 advantage.

affair, 18-14.

We felt like D'Juan and I were getting pulled

1:49 after Stephen Foster's layup with 3:05

fourth quarter as Churchill outscored the

Corsairs 27-21 after trailing 32-28.

Frezzell, each added 12 points.

7:30 p.m. Wednesday, March 10: Ferndale-Academy

7:30 p.m.

Friday, March 12: Championship final, 7

Heights Robichaud district champion.)

CLASS D

at ALLEN PARK INTER-CITY BAPTIST

Wednesday, March 10: Lutheran High Westland vs. Detroit Westside Christian Academy, 6 p.m.; Allen Park Inter-City Baptist

7 p.m. Winner advances to the regional semifinals Monday, March 15 at Birmingham Roeper vs. Marine City Cardinal Mooney district

GIRLS BASKETBALL REGIONAL DRAWS CLASS A at LIVONIA LADYWOOD

first quarter.

he's hurt.'

TBA - time to be announced

the pressure and Tony (Frezzell) wasn't out there, and that was big. You have to give them

credit. They got after us the second quarter.

They played the defense we saw on film the sec-

ond quarter. And they weren't playing that the

year. He missed three games late (in the sea-

when he had to, and he can make some plays

such long arms, but he can make plays when

son). It's both his ankles now. He toughed it out

for us. He played hurt that second half. He's got

The Corsairs nailed three more triples in the

third period to take a four-point advantage, but

Churchill responded and took the lead for good

"Mott's a good team and we knew they were

with 6:21 left on an inside shot by Bedell, who

going to make some 'threes.' So how are were

we going to respond to that?" Solak said. "We

pressure as well as we could. All the guys - the

half, making only 5-of-26 shots (19.2 percent),

but rebounded during the final two quarters,

that might be the worst game we played this

of credit to Churchill. They did a nice job on

year," Mott coach Derek Wiley said. "Give a lot

us defensively. We couldn't run any of our sets.

Defensively they were there on every catch. I

John Schaeffer added 15, including 11 in

the final period. Chris Dewberry came off the

bench to contribute 11 for the Lakes Conference

"It seems every team we play has a 6-6 kid

or a 6-4 kid," Wiley said. "When we don't make

shots, you can see everybody looking around

and looking for somebody else to step up. It

around when we can hit a couple of buckets.

back down and pump one into the big kid

(Bedell). We just couldn't get it rolling."

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kept carrying over and over. The energy turns

It's tough when you hit one, but then they come

thought they played very well on the defensive

Emanuel Simpson, who made five triples, led

"I'm not going to say we're a great team, but

Mott struggled from the field during the first

made some big free throws. We handled the

fourth quarter - found a way to get it done."

also finished with 12 rebounds.

hitting 11-of-22 (50 percent).

end. We just didn't hit any shots.'

Mott (16-4) with 16 points.

champs.

"D'Juan has been fighting ankle problems all

Scott rescues sloppy Pats vs. GC

BY BRAD EMONS **OBSERVER STAFF WRITER**

The final team statistics didn't reflect well on either Livonia Franklin or Garden City in Wednesday's district girls basketball semifinal.

But the numbers by one individual stood head-and-shoulders above anyone else.

Senneca Scott, a 5-foot-8 senior center who helped Franklin reached the state Class A championship game a year ago, kept the Patriots alive in the state tournament with 19 points, 16 rebounds, four steals and three blocks in a 47-40 triumph over the Cougars.

Franklin, which improved to 16-5 overall, will get a crack again at host Livonia Ladywood, 12-10, in Friday's district finals. The two teams met at Ladywood in the season opener on Dec. 1 with the Blazers coming out on top, 50-46.

Franklin held off Garden City despite shooting only 13of-54 from the floor (24 percent) and only 19-of-38 from

the foul line (50 percent). The Patriots also committed 21 turnovers.

"We scouted the (Garden City) game on Monday (against Redford Union) and I think the girls got a bad sense that they thought it was going to be an easy game," Franklin coach Dave McCall said. 'Fortunately, Senneca played a great game.

She had 19 points, ripped up the boards. And had only two turnovers.

"It was a fight, it was an ugly, but we're able to win the ugly ones and those count as good as the pretty ones."

Franklin's top scorer and playmaker, junior guard Chelsea Williams, finished with only two points.

"Chelsea had a flat night, she couldn't get it going," McCall said. "They did a good job shutting her down and keying on

Williams, who got into firsthalf foul trouble, went 0-for-5 from the field and 2-for-5 from the foul line.

"If somebody would have told me we'd hold Williams to two points, I thought we'd have a good chance," Garden City coach Barry Patterson said. "Justice Dean did a good job checking Williams, but we did not have an answer for Scott inside. A lot of the offensive rebounds she got were uncontested."

The Cougars' main issue? Turnovers.

And they had plenty of them. The Western Wayne Athletic Conference's Red Division

champions had 38 to be exact. "That reduced the number of shots and we do not shoot well enough to overcome that," said Patterson, whose team finished 14-7 overall. "Turnovers were a problem. Their defense was scrappy and their halfcourt zone was tenacious. Give them credit. They (Franklin) got their hands on a lot of

Nicole Emery, a senior guard, created a lot of the havoc for the Patriots defensively and chipped in with 11 points. Amanda Nixon came

off the bench to score seven. Senior forward Kellyn O'Brady and Dean, a junior guard, paced the Cougars with 11 and 10 points, respectively.

Franklin led 29-23 at halftime and extended its lead to 45-30 with 5:08 to go in the fourth quarter on a basket by Amanda Borieo.

But the Patriots had trouble closing out the Cougars. Franklin made only 3-for-11 foul shots in the final period. They misfired on the frontend of three straight one-andones bonus tries.

"We're up-and-down on our free throws," McCall said. "We'll go a game and shoot 80-90 percent, then go 15to-20 percent the next. We're streaky with our free throws. Everybody was flat.'

Scott's relentless play inside, however, proved to be the dif-

"It was the game of year for her," McCall said. "No, I think it was maybe the best game of her career. She really came through for us and saved our bacon.'

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THE WEEK AHEAD

CLASS A at WAYNE MEMORIAL

district champion.)
at LIVONIA STEVENSON

CLASS B at LIVONIA CLARENCEVILLE Old Redford Prep vs. (D) Detroit Co

CHARGERS

teams. It was a lot of fun."

was once again the catalyst.

seed you are.

p.m. Winner advances to the regional semifinals Monday, March 15 at Riverview vs. Dearborn

vs. Westland Huron Valley Lutheran, 8 p.m. Friday, March 12: Championship final,

Tuesday, March 9: Livonia Franklin vs. Detroit Central district winner, 6 p.m.; Detroit Pershing vs. Detroit Kingr, 7:30 p.m.
Thursday, March 11: Championship

quarterfinals Tuesday, March 16 at the University of Detroit Mercy's Calihan Hall vs.

Dearborn Edsel Ford regional champion.)

CLASS D

at AUBURN HILLS OAKLAND CHRISTIAN

Tuesday, March 9: Lutheran High Westland
vs. Marine City Cardinal Mooney district winner,
6 p.m.; Waterford Our Lake of the Lakes vs.

Birmingham Boeney district winner, 8 p.m. Birmingham Roeper district winner 8 p.m. Thursday, March 11: Championship

final, 7 p.m. (Winner advances to the state quarterfinals Tuesday, March 16 at Carsonville Port Sanilac vs. Saginaw Michigan Lutheran regional champion.)

BOYS SWIMMING & DIVING MHSAA FINALS Friday-Saturday, March 12-13
Division 1 at Holland Aquatic Center, noon.
GIRLS GYMNASTICS
MHSAA FINALS

Friday-Saturday, March 12-13
Finals at Rockford H.S., TBA.
ONTARIO HOCKEY LEAGUE
Thursday, March 11
Whalers at Windsor Spitfires, 7 p.m.
Friday, March 12 Whalers at Sault Ste. Marie, 7:30 p.m.

Blazers elude stingy Spartans

BY BRAD EMONS **OBSERVER STAFF WRITER**

March Madness was barely three days old and Wednesday's district semifinal between host Livonia Ladywood and Livonia Stevenson proved to be an Instant Classic.

The Blazers connected on 6-of-7 free throws during the final minute to stave off the upset-minded Spartans, 56-51 and move into Friday's Class A district final against Livonia Franklin.

Ladywood, 12-10 overall, got a team-high 15 points from senior forward Molly Gacioch, whose basket with 1:20 left gave the Blazers the lead for keeps, 49-48.

Senior guard Jennifer Kelley added 11. Sophomore Kelly Capoccia came off the bench to add nine, while senior pointguard Mary Fitzgerald chipped in with eight.

That offset the sterling outside marksmanship of Stevenson sophomore guard Jorden York, who finished with a game-high 21 points. Her triple with 2:35 remaining put Stevenson on top 47-45.

GIRLS HOOPS

Junior center Kristen Balhorn contributed 11, including a free throw with 1:56 to go which gave the Spartans their last lead, 48-47.

Senior forward Emily Hollandsworth added nine, while sophomore point-guard Molly Knoph had eight as the Spartans end their season at 7-15 overall.

"They're real scrappy, they got after us," said Ladywood coach Pat Cannon, who was the Spartans' varsity coach for one season (2007-08). "They were physical and played an aggressive game. I did not expect that out of them. They came after us and they competed."

Ladywood made 23-of-33 free throws on the night, including 11-of-17 in the decisive fourth quarter.

"I think our senior leadership and taking the air out of the ball helped us," Cannon said. "And we knocked down some free throws at the end.

"Good teams finds a way to win, and we found a way to

Stevenson handled Ladywood's pressure for the most part, turning the ball over just 11 times.

It was 13-all after one quarter and 23-22 in favor of the Spartans at halftime.

Ladywood outscored Stevenson 17-13 in the third period to take a 39-36 advantage, but couldn't shake the pesky Spartans.

"We wanted to be intense and leave everything out of the court," Stevenson first-year coach Jen Knoph said. "I'm so proud of them. They played their hearts out - every single one of them. If we were going to go out, we were going to go out fighting, and they did."

Stevenson was 16-of-54 from the field (29.6 percent) and 10of-19 from the foul line (52.6

percent). York, who stands 5 feet, 6 inches, kept it close by nailing

five triples. "Jen (Knoph) had them really prepared," Cannon said. "They came to play. I was impressed with York. She can shoot the rock."

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Cougars cage KLAA champs, 58-50

The Livonia Churchill boys basketball team had little time to celebrate following Thursday's KLAA championship run.

The Chargers were back on the court Friday at home and fell to Garden City, 58-50, in a non-leaguer.

A strong third quarter spurt, spearheaded by the play of seniors Matthew Mitchell and Nate Kalinowski, propelled the Cougars to victory.

Mitchell poured in all nine of his points on the night and Kalinowski bagged seven of his team-leading 16 as the Cougars broke away from a tight game at halftime with a 23-point third-quarter outburst.

"We just played more aggressively and everybody chipped in," said GC coach Greg Williamson, whose team 12-8 overall. "We hope this win gives us something to build on for next week (state tournament play).'

Deandre Westry topped Churchill (12-8) with 11 points. LUTH. WESTLAND 86, DET. URBAN 73:

On Thursday, Jeff Greening led four Lutheran High Westland players in double figures night as the host Warriors (11-9) overcome a 42-point outburst from Julius Hope from

Detroit Urban Lutheran (4-13). Greening tossed in 16 points, while Ethan Haller and Marc Rosin each added 15 points. Austin Baglow

Urban Lutheran jumped out to an 18-13 lead after one period before the Warriors bounced back with a 24-14 run to gain a 37-32 halftime

Lutheran Westland then outscored the Vikings 29-17 in the

contributed 13.

third.
FRANKLIN ROAD 62, HURON VALLEY 49: The final eight minutes of Thursday's MIAC Red Division matchup proved to be the downfall for visiting Westland Huron Valley Lutheran (9-9, 6-6) as the Hawks fell to host Novi Franklin Road

Christian (9-9 overall). Nick Ward tallied a game-high 20 points, while John Walker and Alex Fikes chipped in with 13 and 11, respectively, for the Warriors.

Bryan Gruenewald scored 15 points and Mark St. John added 10 as the Hawks were outscored 24-13 in the final period.

SHRINE 71, CLARENCEVILLE 62 (OT): Alex Cavazos scored a game-high 33 points, including 15-of-19 from the foul line, to lead Royal Oak Shrine (8-12) to a non-league over-

time win Wednesday over Livonia Clarenceville (5-15). Jack Wangler and Bertram Marks chipped in with 14 and 13, respectively, for the Knights, who connected on 24-of-31 free throws

as a team. It was 59-all at the end of regulation before Shrine took control in the four-minute extra session with a

12-3 surge. It was Shrine coach Mike Massucci's 200th career win. Three Trojans scored in double

figures including Damien Quarles (14), Dominica Patton (11) and Mike Schiffman (10).

Are you a Baseball or **Softball Player?** Livonia Junior Athletic League is still accepting registrations for boys & girls between 8 and 18 years of age

> Please visit www.LJAL.com to download a registration form

Register and join your friends for a summer of fun on the diamond!





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C194 Tamika Greer Peggy Smith Ronald Alexander D114

James Wright D156 Mike Paulus Scott Pierce Beverly Brown

Publish: February 28, and March 7, 2010

Table saw, Snow blower, Tools Chair, Table, Tote 1 Sylvan Boat 1 Ford Bronco

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be at the following location: 34333 E. Michigan Ave. Wayne MI.

3 Bikes, 5 Boxes, Luggage

Table Saw, Tools, File Cabinet

Computer Monitor, 2 Boxes, Clothes

Tote, 15 Bags, 15 Boxes

Dresser, Mattress, Table

Mattress, Couch, Vacuum

Vacuum, Computer, Desk

Table, Dresser, 5 Boxes Mattress, Microwave, 5 Totes

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Entertainment Center

2 Dressers, Toys, Exercise bike

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Crusaders' ace Irwin leads talented squad

OBSERVER STAFF WRITER

Expectations remain high this spring with the return of nine letter winners, including two All-Americans and two All-Conference picks, for the Madonna University women's

Irwin

softball team. The 2010 Crusaders, who opened their season Saturday in Tucson, Ariz., are ranked No. 14 in the **NAIA Coaches**

preseason poll after going 53-11 overall and earning a berth in the NAIA Nationals.

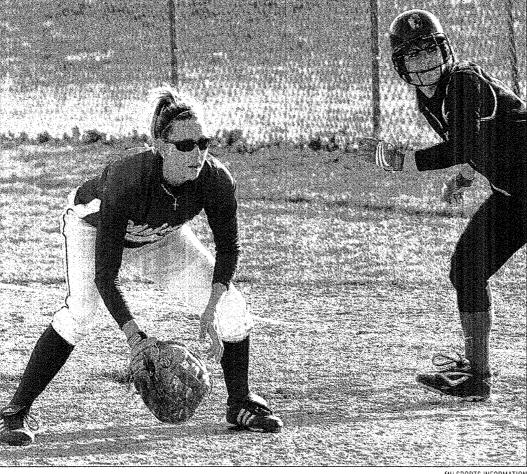
MU captured the Wolverine-Hoosier Athletic Conference regular season title (25-3 record) and postseason tourney in 2009 under coach Al White.

Junior right-hander Jess Irwin will toe the mound once again for the Crusaders after going 33-9 with a 1.62 earned run average. The Monroe native fanned 423 batters in 256.1 innings a year ago en route to NAIA All-American honors.

Irwin has a capable back-up in sophomore right-hander Hallie Minch, a Garden City grad who finished 20-2 with a 2.29 ERA.

Senior second baseman Brittney Scero (Canton), another All-American, leads the infield after hitting a team-best .383 a year ago.

Also back is All-WHAC first baseman Cat Sidor, a senior from Livonia Churchill who hit .315 with a include junior Tara LaMilza team-high 48 RBI.



Senior Cat Sidor (left) of Livonia Churchill, an All-WHAC selection, returns at first base for the Crusaders.

COLLEGE SOFTBALL

Junior Kelly Lesko (.297) also returns to the infield as does sophomore Amanda Straub.

All-WHAC outfielder Ashley Shay (Garden City/Dearborn Divine Child) will also see duty behind the plate after batting .350 a year ago.

The outfield returnees also (.353) and senior Rachael

White recruited seven newcomers - including six fresh-

Amber Rafko (Monroe) will split time between infield and catcher, while Arielle Cox (Monroe Jefferson), Erica Landess (Carleton Airport) and Katelyn Hamann (Westland/ Divine Child) will vie for infield

Shoring up the outfield will be sophomore Kiley Thornton (Ida), a transfer from Owens

Technical Community College (Ohio); Krista Messer (Taylor Kennedy), Ali Robinson (Farmington High) and Katie Rankin (Farmington High).

Livonia Franklin's Natalie Sanborn and Messer will add depth on the mound.

MU doesn't play its season opener until Saturday, April 17 against Siena Heights.

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head shot), game continued during the second stanza.

Stevenson came close to a second goal when Shureb banged a shot off the inside of the post and Justus (24 saves) denied an attempt from junior forward Andrew Palushaj, both with about 10 minutes remaining.

The hitting picked up and a subsequent Plymouth penalty led to the power play goal by Pruchnik at 7:59.

Pruchnik stripped the puck from a Wildcat along the goal line in the left corner and spun toward the bottom rim of the circle before sending a backhander inside the far post.

The biggest thorn in the Wildcats' collective side was Sager, who stopped all 20 shots he faced - including a barrage of five during a string of Plymouth power plays late in the middle

"We had our chances, we had a 5-on-3," said Fassbender, standing in the Eddie Edgar Arena corridor behind his bench. "It's a great hockey team down there (in a nearby lockerroom). They're so fast, they're big and strong and we couldn't match it.

"But we played our hearts out, we had a great season, the best season in school history for sure."

The Wildcats finished 19-6-1 and earned a share of the KLAA South Division championship with Salem and Livonia Churchill.

During the crucial sequence, Sager flagged down a snap shot by junior forward Ryan Brown and rejected back-to-back bids by sophomore forward Zach

Gambrell to protect a slim, 2-0 lead.

According to Sager, he just kept his composure during the three-minute barrage, which quickly doubled the shots he faced in the second period from five to 10.

"I just tried to stay calm," Sager explained. "My defense was playing great in front of me and I just tried to make the saves

when called upon. "I could see every shot from the blue line. I always tell my defense to clear them out and I'll stop the shot if I can see it."

Mitchell said Sager's superb game followed a season-long trend.

"Danny Sager's been huge for us all year, he's a senior, I couldn't be happier for the kid," Mitchell said. "He works as hard as anybody I've ever coached and he's just a quality, quality individual."

Scary moment

The Eddie Edgar bleachers including standing-room-only student sections for each team - fell silent about four minutes into the second period.

Stevenson sophomore defenseman Joseph MacDonald was checked into the boards in the Spartans' end and lay motionless for a couple minutes before finally being revived.

The woozy MacDonald was helped off the ice. He later returned to Stevenson's bench to watch the rest of the game.

Mitchell said the player would undergo tests Thursday to determine how soon he might be able to play.

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with purchase of

side of their zone defense. We'd get it in, and they'd collapse on it. And they did a very good job of it. We didn't have a counter for it."

Molly Gacioch, a 5-10 senior forward, finished with a teamhigh 13 points for the Blazers, while junior forward Terea Wojnarowski added eight.

Ladywood led 11-9 after one quarter, but it was all Franklin the rest of the way as the Patriots took command with a 19-4 run in the second quarter to take a 28-15 halftime advantage.

The Blazers never got closer than eight the rest of the way as Franklin opened up a 21point advantage, 46-25, with 6:02 to go in the final period on a basket by Borieo.

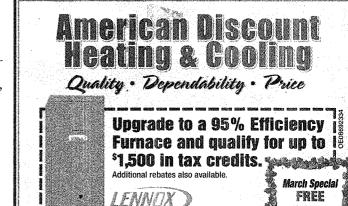
"The key was working weak

side against them," McCall said of his zone. "We were baiting them, dropping back and flashing up on them, and taking away that skip pass from them to set up their outside game. They have good outside shooters. We wanted to make them beat us from inside. And we felt we could match up better with them inside and it just worked out

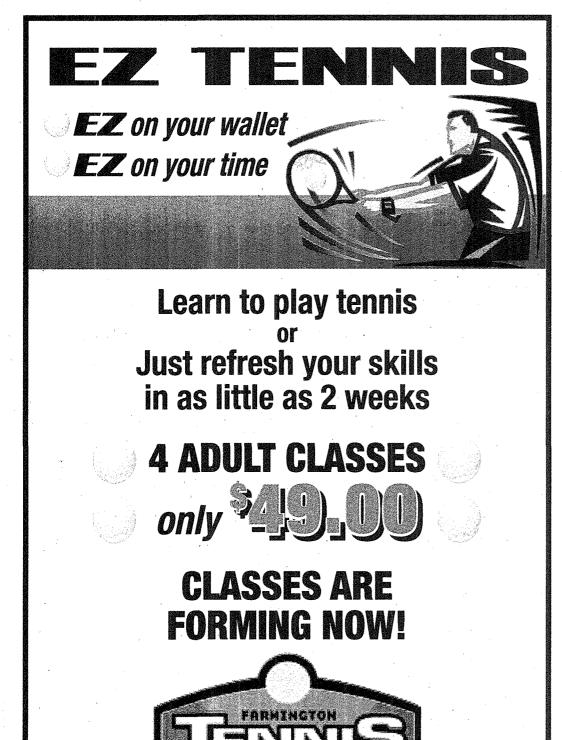
in our favor.' Ladywood, which beat Franklin in the season opener, 50-46, ends it season at 12-11 overall.

"It was a good ride, a fun time," Cannon said. "We're a better team than we were beginning of the year. Some nights you've got it, some nights you don't. I'm very proud of them. All year long we did better than what people thought we would do."

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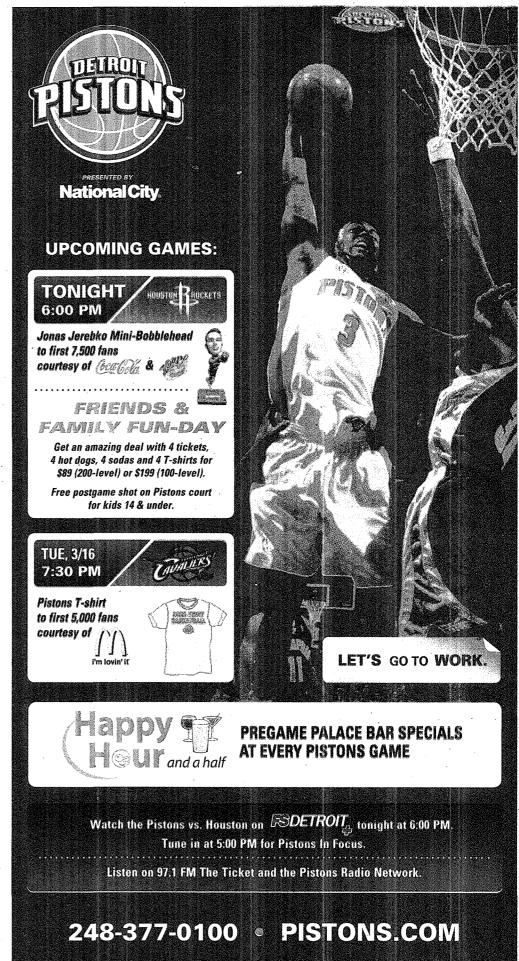
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NEIGHBORS

Michigan products

Get the jump on summer with a visit to **Canton Winter** Market

BY SHARON DARGAY OSE STAFF WRITER

Shop the Canton Winter Market and you're likely to meet the person behind the product you purchase.

You'll find vendors like Dorothy Rehm of Gibraltar, who hand crafts about 3,000 dog treats a week.

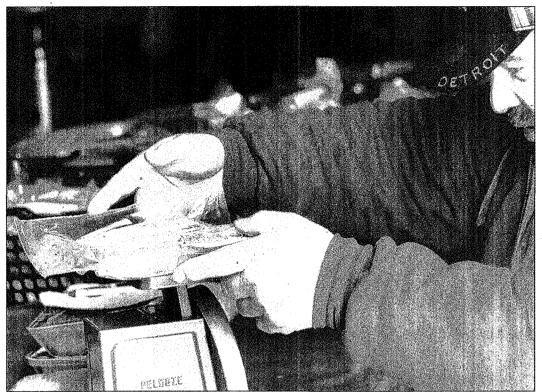
And Joe Sansonetti of Holly, will who makes the "flavors. of Michigan" come alive in his homemade sauces and mustards.

Scott Robertello will urge you to try the cider made from apples grown at his Kapnick Orchards in Britton.

And honey-seller, Bob Jastrzebski of Canton, will tell you about the 130 bee hives his father, also named Bob, tends throughout western Wayne and Oakland counties.

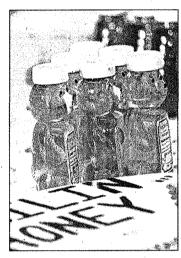
They and other vendors who were on hand Sunday, Feb. 28. at the historic Cady-Boyer Barn in Preservation Park all sell locally-made foods and attracted more than 400 shoppers to the first of three monthly winter markets.

"There aren't many winter markets for these vendors to showcase their products," said Tina Lloyd, market manager. "We thought it would be a great opportunity with this historic 1800s barn to be able to showcase vendors and offer the opportunity for the community to have locally-



PHOTOS BY ANN ESPINOZA

Gary Kuneman from Natural Local Food Express weighs some fish fillets for a customer.



Bob the Bee Guy is Bob Jastrzebski of Canton.

produced food, so they know where it's coming from.

"You've got grass-fed meats here, we have healthy foods

and we have some treats, too."

Additional winter markets will be held 10 a.m. to 2 p.m., March 28 and April 25. The regular market season will start May 9, with vendors selling outdoors and entertainment staged in the barn.

"Our third season was last year. We're a newer market and we're really expanding. When I first started there were 15 vendors out there,. Now we have about 30. I'm expecting this season to really pull in the traffic," she said, staying toasty under one of two portable heaters placed inside the barn. "We've got about a dozen today. People are coming and going. It's a winter market, so you're not going to get all the people at one time. They're going to come in, get their stuff and get out because it's cold. I mean,

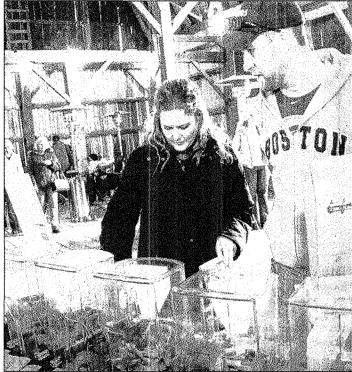
look at the barn, it's ventilated very well."

BROWSING AND BUYING

Shopper Michael Goodsell of Canton was happy the barn included a few heaters and his wife, Cynthia, noted that the couple didn't have to drive "downtown" to Detroit's Eastern Market, one of few year-round indoor farmer's markets in Southeastern Michigan.

About 100 customers, including Jeff and Sue Engle of Canton, walked through the market during its first hour Sunday.

"Supporting the local businesses is a cool idea," said Jeff, as the couple's yellow Lab, Roxie, stretched out at his feet. "It's something to do in the wintertime."



Phil and Cassie Cowles of Canton pick up some doggy treats for their Labrador at home.

"We come in the summer," added Sue. "It's a good place to walk her and we've also seen the dog treats."

HEALTHFUL INGREDIENTS

Rehm, whose business, Sunbears Just Bones is named after her Alaskan Malamute, makes the treats with fresh apples, carrots and sweet potatoes, which she dehydrates and mixes with other ingredients before cutting them into shapes and baking them. Chicken livers and real hot dogs flavor some of her most popular meaty biscuits.

Rehm, 62, started the company in November 2008 after losing her job with Wyandotte City Hall. She sells her creations mostly at farmer's markets.

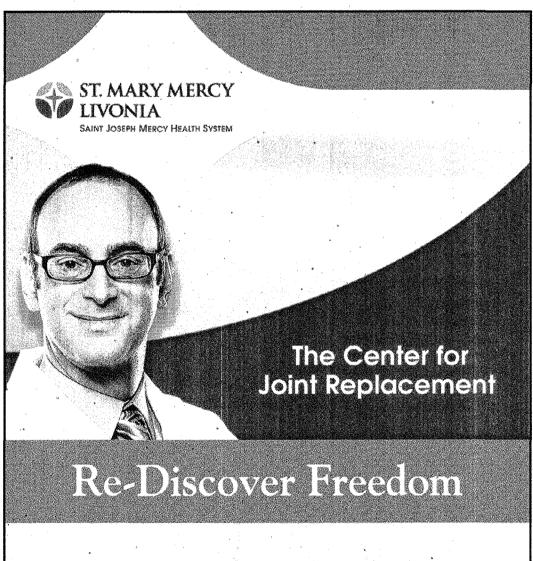
"The beautiful part about the farmer's market is that I establish a clientele. They come back every week. It's fun. It's very fun," she said. "The most fun is when people tell me how their dog reacted."

She said some dogs follow their nose to her booth. Their owners simply drop the leash when Rehm beckons them.



Livonia resident Michelle Thomas chooses a loaf of bread from Kapnick Orchards at Canton's winter farmer's market.

Canton Winter Market sells eggs, apples, cider, honey, meats, cheeses, sauces, salsa, jerky, summer sausage, fish, pierogi, pasties, coffee, baked goods, dog and bird treats. The Cady Boyer Barn is located at 500 N. Ridge Road. For more information, email Lloyd at cantonfarmersmarket@ canton-mi.org.



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Linda Dugan of Belleville checks out a bird seed ornament from Pam Baril, owner of Cooke Cutter Tweets.

TO MARKET, TO MARKET

Spring, summer and fall markets

- Farmington: 9 a.m. to 2 p.m., Saturday, May 8-Nov. 20, in Sundquist Pavilion in Riley Park, Grand River Avenue, east of Farmington Road. Call (258) 473-7276 for more information.
- Garden City: 9 a.m. to 2 p.m., Wednesday, May 5 through Oct. 27, at the northeast corner of Ford Road and Middlebelt. Market-related seminars are held at 10:30 a.m., the second Wednesday of the month. Call the Chamber of Commerce for more information, (734) 422-4448.
- Livonia: 8 a.m. to 3 p.m. Saturday, June 19-Oct. 9, at the Wilson Barn, 29350 West Chicago Road. For more information, call Karen Deperro at (734) 261-3602.
- Plymouth: 7:30 a.m. to 12:30 p.m. Saturday, from May to October. at The Gathering across from Kellogg Park, next to the Penn Theatre. Call: (734) 453-1540 for more information.
- Redford: 10 a.m. to 2 p.m., Sunday, May to October, at 15145 Beech Daly Road. Call (313) 387-2771 for more information.

Year-round markets

- Ann Arbor: 8 a.m. to 3 p.m., Saturday, January-April; 7 a.m. to 3 p.m. Wednesday and Saturday, May-December, 315 Detroit street, in the historic Kerrytown District. (734) 794-6255.
- Detroit Eastern Market, 5 a.m. to 5 p.m., every Saturday, 2934 Russell; (313) 833-9300.
- Royal Oak: 7 a.m. to 1 p.m., May-Christmas; 7 a.m. to 1 p.m., Saturdays, year-long, at the southeast corner of 11 Mile and Troy Street, two blocks east of Main. (248) 246-3276.

IN THE NEIGHBORHOOD

Get ready to laugh

Jan McInnis, "The Work Lady" will bring clean, insightful and original humor to the stage at Angela Hospice's third annual "Laughter Lifts You Up," 5:30-9 p.m., Thursday, March 25, at Laurel Manor in

The event, billed as a "girl's night out," will include dinner, dessert, wine, beer, soda and McInnis' performance.

"Each year we invite a different comedian," said Barb Iovan, events coordinator for Angela Hospice. "This year we're excited to have Jan McInnis take the stage. She highlights the funny aspects of life we can all relate to!"

Admission is \$45 per person. Reservations will be accepted through March 19, or until sold out.

Raffle tickets will be on sale that evening as well, offering a chance at three enticing prize packages, worth more than \$1,700 each.

All proceeds from the event will benefit Angela Hospice's bereavement programs for those grieving a loss. These services include one-on-one counseling, family counseling, and specialized grief support groups and workshops. All of Angela Hospice's extensive bereavement programs are provided free of charge and are available to everyone in the community, including children, teens, and adults.

For more information on Laughter Lifts You Up, or to reserve a seat, call Iovan at (734) 953-6045. Video clips of comedian Jan McInnis are also available at www. AskForAngela.com.

Parisian Goodwill sale

Donate clean, gently-used clothing and textiles during the semi-annual Goodwill Sale at Parisian stores, and you'll not only get a discount on new merchandise, but you'll help individuals obtain job training

and employment.

The Goodwill Sale runs Wednesday, March 10 through Wednesday, March 24 at Parisian, including stores in Livonia and Rochester Hills. Customers who donate clothing and textiles at Parisian will receive a discount coupon for every item donated. The coupon can be used for 20 percent off apparel, shoes and accessories, and 15 percent off cosmetics, fragrances and home store merchandise. Certain items, including electronics and toys, qualify for a 10 percent discount.

Donations will be sold in Goodwill stores, where the revenues fund job training programs, employment placement services and other community-based services for people with disabilities, those who lack education or job experience and others facing challenges to finding employ-

"Donating items you no

longer need to Goodwill is a simple act of charity anyone can do and directly benefits people in your local communities," stated Jim Gibbons, president and CEO of Goodwill Industries International, in a press release. "Your donations allow Goodwill to provide the job training services that people need to build their careers, be independent and create a positive impact on their communities.

Individuals who pledge their support for Goodwill's mission and register their commitment on the www.millionactsofgoodwill.com Web site, will receive an exclusive 25 percent discount in-store coupon. Those who register on the Web site will also have a chance to play the Spin to Win game and be entered in the \$1,000 cash prize sweepstakes.

Parisian is located at Laurel Park Place, 17625 Newburgh,

Treadmill training could help tots walk

Using a treadmill could help infants with prenatal complications or who were injured at birth walk earlier and better, according to a University of Michigan researcher.

Prenatal injuries often can result in self-correcting or fixable neuromotor delays, but sometimes toddlers get a more serious diagnosis, such as cerebral palsy, says Rosa Angulo-Barroso, associate professor of movement science at the U-M School of Kinesiology. Some diagnoses may come much later, or in mild cases, never.

Angulo-Barroso and colleagues followed 15 infants at risk for neuromotor delays for two years and tested their changes in physical activity and treadmill-stepping in

their homes. The infants were assisted using the treadmill by their parents.

The researchers looked at the frequency of steps and also the decrease in toe-walking over the two-year period. For those infants who were still not walking, they followed up by calling families to see if infants were walking by age 3.

They found that kids with neuromotor delays using the treadmill were on the same improving trajectory as normal kids. Of the 15 children. six were diagnosed with cerebral palsy.

"We found that in those with neuromotor delays, the pattern of development through time was parallel (but less) than normal kids." said AnguloBarroso, who is also a research associate professor at the U-M Center for Human Growth and Development. "We also found less toe-walking, so foot placement improved.

The study also suggests a critical intervention window. Both children without a diagnosis and kids with cerebral palsy improved the most between 10 months and 18

"We are putting words of caution here," Angulo-Barroso said. "This is a feasibility study only and the results show it seems viable to do treadmill intervention."

A feasibility study merely shows that it warrants more work to see how much treadmill intervention helps.

However, Angulo-Barroso stresses that in the meantime. parents should take other interventions seriously.

"Early interventions are really, really critical, so at this point I wouldn't tell them to go find a treadmill, but I would say make sure you get a good physical therapist and work with the physical therapist to see if your kids would be a good candidate for that kind of (treadmill) intervention," said Angulo-Barroso, who noted that the next study is a randomized sample of children to see how they respond to a formal treadmill intervention.

For more on Angulo-Barroso: www.kines.umich. edu/faculty/full-time/angulo.

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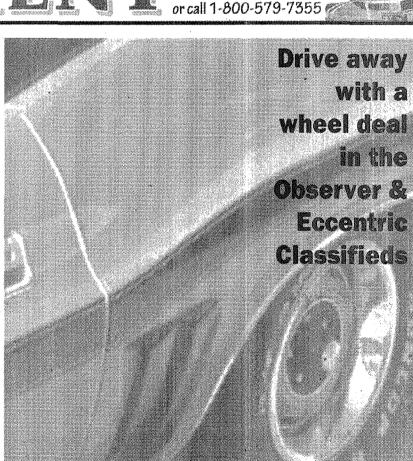
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Floral centerpieces, buffet arrangement and accent flowers are also included.

Joe's Produce Gourmet Market is located at 33152 W. Seven Mile in Livonia. Visit www.joesgourmetcatering.com or call 248-477-4333 for more information.

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Set glamorous

Brides in 2010 are taking a nod from the "glam look" sported at recent celebrity events - walking down the aisle with sleek hairstyles that are a modern take on classic looks.

"The style today is returning to a more glamorous look reminiscent of the 1940s, with big waves and a more polished look," said Jackie Bruce, manager of Coifer Salon in Livonia, owned by Ann Martinuzzi.

Should a bride wear her hair in an up-do or cascading down her shoulders? "Of course it's all up to the bride, because it's her day," said Bruce. "But if it's an off-the-shoulder gown, we like to suggest at least a partial up-do."

The bride and her party should make hair appointments about six to eight weeks before her wedding, giving the salon plenty of time to schedule the day around the event, as well as providing a window of opportunity for a "practice run" of the bride's hairstyle.

Coifer Salon is located at 37657 Five Mile Road in Livonia.

Visit www.coifersalon.com or call 734-464-3340 for more information.

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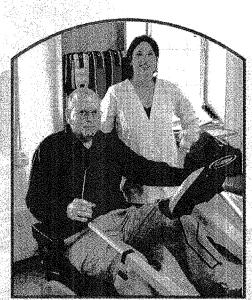
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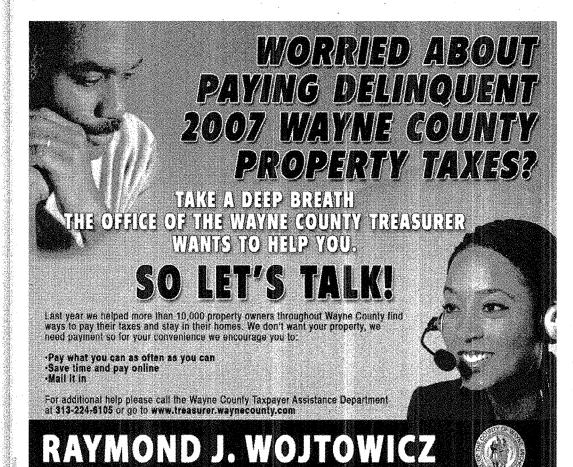
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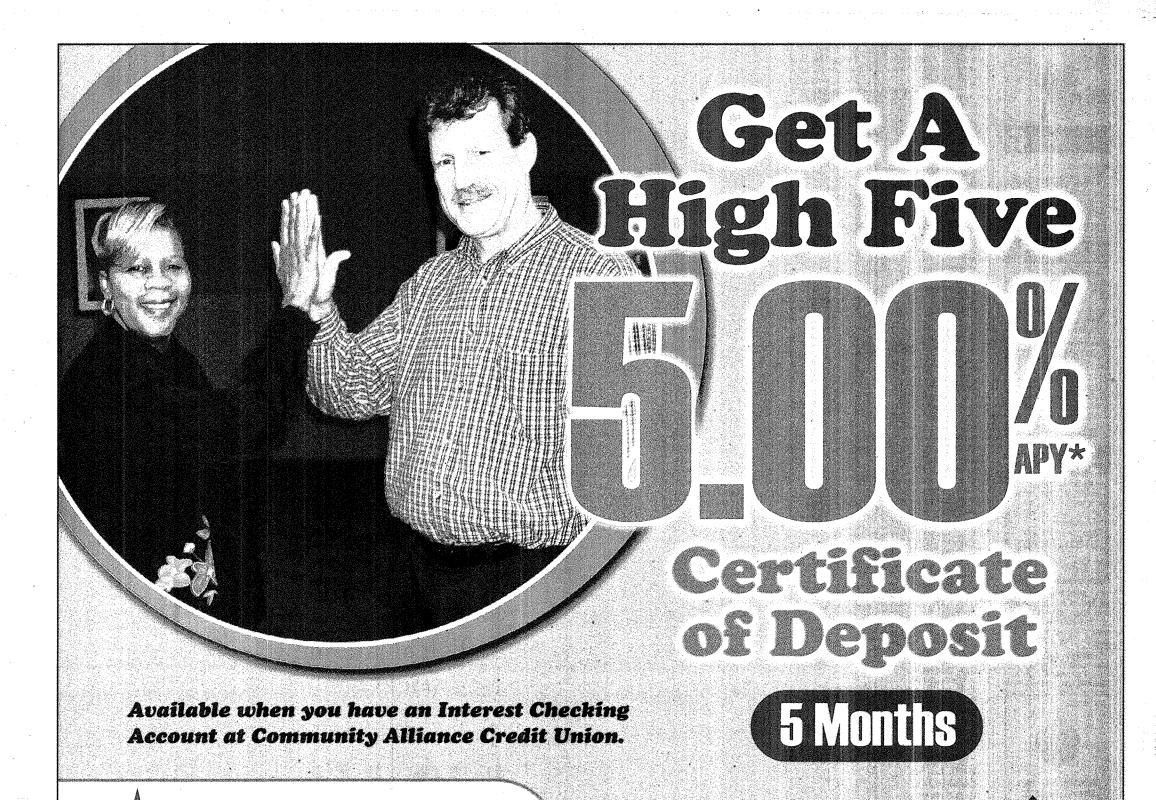
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MILESTONES

60TH ANNIVERSARY



Rocco aned Jimmie Oliverio on their wedding day in 1950

Rocco and Jamilla "Jimmie" (Oirathy) Oliverio of Livonia celebrated their 60th wedding anniversary Feb. 11 with a family dinner party at Antonio's in Canton.

The couple wed in 1950 at Christ the King Catholic Church, in Detroit.

Rocco retired in 1988 from J.L. Hudson's after 42 years. Jimmie worked as a registered nurse at Mount Carmel and Grace Hospitals.

They are members of the Italian American Club of Livonia, where they've enjoyed



Rocco and Jimmie Oliverio of Livonia

making new friends. Jimmie also volunteers at Angela Hospice and enjoys bowling and golf. Together they like to travel and spend time with their five children, six grandchildren and two great-grandchildren.

Their children are Diane (Paul) Barrett, Patricia Gregory, Jim Oliverio, Nancy (Sam) Burroughs, and Linda

Locals reveal their best beauty secrets

Several photos and quotes were incorrect in Thursday's Hometown Life Woman. Following are the correct photos and tips from local residents. We regret the error.

Spring is a season of renewal, and there's no better time to refresh your beauty routine. For inspiration, we asked several hometown women to share their beauty tips and tricks:

"My favorite beauty product is Lancome Artliner. When I was vounger my mom always used a liquid eye liner and I said I would NEVER use one. Now that I use Artliner, I love it. If I want a thin natural look or a thick, more dranectic look, I can do ... quickly and lasts all day." Jill Engel, Canton

Special Event Coordinator, Parisian Laurel Park, Livonia



"I think Larenim Mineral Silk is a must have. It has no starch added, which feeds acne bacteria. I love it because really it makes me look like I just got microdermabrasion. My skin's appearance seems to glow and look smooth and my makeup blends more evenly and naturally."

Shannon Adams Faunt, **Farmington Hills** Vice President, Zerbo's Health Foods, Livonia



"My favorite beauty trick is lining the inside of my eye with a light blue/teal kohl liner. It brightens the eye, makes the white look whiter and really makes your eye pop. You'll get tons of compliments on it every

April Robichaud, Canton Store Director, Sephora Twelve Oaks, Novi

"Like many maturing ladies, my hair is getting finer and thinner. People love my curly hairstyle, but Velcro rollers don't. To avoid the damage and breakage, I looked back to the past; now I set my hair in fat pincurls on good ol' fashioned clippies! Barbara Davies, Plymouth

Manager, The UPS Store, Northville





Compiled by Wensdy Von Buskirk, a freelance writer, who loves to spritz on perfume throughout the day for an indulgent pick-me-up. Right now she is obsessed with Chanel No. 5 Eau Premiere and Aquolina Pink Sugar.



Gray-Horgan

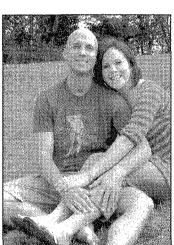
SEPTEMBER WEDDING **PLANNED**

Clancy Gray and Jeremy Horgan announce their engagement.

The bride-to-be, daughter of Gary and Peggy Gray of Livonia, graduated from Franklin High School in 2003 and earned a bachelor's degree in child development at Western Michigan University. She works as a certified child life specialist at Mott Children's Hospital.

Her fiancé, son of Dave and Pat Horgan of Livonia, graduated from Franklin High School in 2003 and earned a bachelor's degree in mechanical engineering from Michigan State University. He works as a powertrain engineer at General

A September 2010 wedding is planned at The Inn at St. Johns in Plymouth.



Sandusky-Seese

AUGUST 2011 WEDDING PLANNED

Elizabeth Marie (Beth) Sandusky and Steven Ray Seese announce their engage-

ride-to-be, daughter of James and Karen Sandusky of Canton, is employed by University of Michigan Hospital in Ann Arbor as a clinical research coordinator

for organ transplants. Her fiancé, son of Ronald and Phyllis Seese of Redford. is employed by Success Mortgage Partners as a mortgage broker/ IT support.

An August 2011 wedding is planned.



Bowers-Sochacki

BOWERS-SOCHACKI

Carolyn Bowers and Brad Sochacki announce their engagement.

The bride-to-be, daughter of Mark and Mary Ann Bowers of Livonia, is a graduate of Stevenson High School in 2002, Aquinas College in 2006, and Madonna University in 2009. She teaches in Ann Arbor Public Schools.

Her fiancé, son of Rick and Pam Sochacki of Gladwin, is a graduate of Gladwin High School in 2000 and Lake Superior State University in 2004. He is an engineer at Applied Manufacturing Technologies.

A June wedding is planned at St. Colette Church.





FREDERICK L. BURGE, JR. March 1, 2010 Age 91 Beloved husband of Margaret. Dear father of Barbara Green, Nancy Zylstra (Andrew) and the late Carolyn. Grandfather of Kristin Brenner (Jim), Lee Zylstra and Brian Zylstra (Tova) Also survived by six great-grandchildren. Funeral service was held March 7th at First Presbyterian Church, 1669 W. Maple Rd., Birmingham, MI 48009. Family suggests memorial tributes to the church. A.J. Desmond & Sons (248) 549-0500. View obituary and share memories at: www.DesmondFuneralHome.com

A I DEWOLD SONS

RINA M. DOBSON Resident of Canton Twp. Born:

August 8, 1936. Passed: February 26, 2010. Share a Memorial Tribute online at griffinfuneralhome.com



GUNTER ESSER Age 74, of Canton MI. On the morning of February 28, 2010, Gunter Esser followed the rise of the sun into the heavens to live with the Lord. Surrounded by family, he passed peacefully at St. Joseph Mercy Hospital in Ypsilanti, MI. The family would like to send their thanks to the staff of Floor 10 for all their help and understanding during this difficult time. Gunter was proceeded in death by both his parents and stepson Robert. He is survived by his wife, Marian; children Donald (Cindy), (Bob), Angelika, Debbie (Alan), Henry, Charles (Diana); his grandchildren Ross (Jane), Amber, Katherine, Keila, Blake (Heather), Lauren, William (Courtney), Christine, Bobby, Jenna, Chelsea, Ricky, Benjamin, and Triston; and his great grandchildren Kaylie, Alex, Emma, Olivia, Elijah, and Natalya. He is also survived by his ster Marita (Ioe) and their fami Germany. He is survived by his "family" at Alex's Diner, along with many other extended friends and family. Gunter's family would like to thank everyone for their prayers and condolences; he will surely be missed.

HENRY F. HALL

May 17, 1919 - February 26, 2010. Born in Blaine, KY. Resided in Novi, MI. Share a Memorial Tribute at griffinfuneralhome.com

DAVID HENRY



LEON CHARLES LUDORF Age 71, of Plymouth, MI,

friends. He will be sorely missed.

passed away Tuesday, December 29, 2009. He is survived by his brother Richard Ludorf and sister Kathy Marie Rogers of Flint, MI. He was preceded in death by his parents Genevieve and Leon L. Ludorf; and sister Louise O'Connor. Leon was a U.S. military veteran, honorably discharged from the U.S. Marine Corps. During his long career as Respiratory Therapist, Leon was a department director and editor of the State Professional Journal. He volunteered his time and talents as a therapist and photographer at Camp Onkoi Benek – a summer camp for children and young adults with Cystic Fibrosis. Leon was also a past volunteer docent at The Detroit Zoo. Leon was a talented artist well know for his fine woodcarving, sculpting, drawing and photography. His favorite subjects, people and animals, were prominently fea-tured in his art. Leon enjoyed introducing the crafts of woodcarving and woodburning to visitors at the annual Michigan State Fair, and was a avid antique collector. He also had a special love for horses and dogs, especially his Welsh Terrier companions, Joia and Mickey. No public services are planned. Memorial contributions may be made to the Cystic Fibrosis Foundation (www.cff.org) or to Welsh Terrier Rescue (WTCares, 164 N. Forrest Ave., Camden, TN 38320). Arrangements by the Cremation Society of Michigan (313) 839-4100



CARTER EVERETT (PETE) PORTER

Born in Chicago, IL, September 11, 1922 Carter Everett (Pete) Porter graduated from Purdue University, Vest Lafayette, Indiana in 1943 with a B.S. in Chemical Engineering, with Distinction. He served in the U.S. Army in France from 1944 to 1946 with the 81st Field Artillery Battalion in Luxembourg and France. After the war, he returned to Chicago, joined the Army Reserve as a Captain, and married his life's love, Catherine Agnes (Kay) Collins, an Army nurse whom he met in Aix-en-Provence, France. They moved to Cranford, New Jersey where he accepted a position as a chemical engineer at Standard Oil of New Jersey (1946-1982). Over the years their family grew to five children, Catherine, haron, James, Thomas and Virginia Pete spent his entire career with Standard Oil (now ExxonMobil), with responsibilities for chemical research/development (8 patents) and petro-chemical plant construction. When not engaged with his job at Standard Oil, Pete dedicated his home life as: an Elder, Trustee and Treasurer in the Presbyterian Church in Cranford, NJ; a 49 year career with the Cranford Auxiliary Police retiring as Captain; an Army Reserve officer with 30 years of service, retiring with the rank of Colonel; a leader in the Boy Scouts of America (receiving the Silver Beaver distinguished service award). He also was elected President of the Cranford Board of Education and worked on the Cranford River Maintenance Committee. Pete also

delivered hot meals to seniors in the Meals on Wheels Program. After the passing of his wife, he moved to Michigan to be near his daughter, Catherine, and remained an active resident at Independence Village in Plymouth until his passing. Pete is the son of Howard Curtis Porter and Dorothy Jane Everett. Throughout his life he was a kind and nurturing father and loving husband. Catherine passed away in 2001. He is survived by three daughters, Catherine Philbert of Northville, MI, Sharon Morfit of Oakton, VA, and Virginia Graboski of Omaha, NE, two sons, James of Escondido, CA and Thomas of Fairfax, VA, ten grandchildren, and two great grandchildren. Plymouth, Michigan, is in charge of arrangements. On-line guestbook, www.schrader-howell.com (current obituaries). Pete will be buried in Arlington National Cemetery, VA, with full military honors on April 28th, alongside his wife Catherine. Funeral services will precede the interment at Arlington. In lieu of flowers, donations may be made to

Cardiovascular Center at the University of Michigan, http://www.med.umich.edu/cvc/about/ gift.html (gifts in memory of), or (888) 518-7888.

JOYCE PRIEST

March 5, 2010, age 89. Beloved wife of the late Lynn Priest. Loving mother of Linda (Jerry) Plunkett and Susan (Matthew) Bonnett. Proud and loving grandmother of Steven Plunkett, Sabra Bonnett and Andrew Bonnett. She is Wheelock and sisters Laura Doyle and Sabra (Klaus) Hergt and many nieces and nephews. She was born in Cheboygan, MI and lived for many years in Livonia, MI. Her family will receive friends at McCabe Funeral Home, 31950 W. 12 Mile Rd., Farmington Hills, MI 48334 on March 13, 2010 from 1:00pm to 4:00pm. A scripture service will be held at 4:00pm. A memorial service is planned in June in Cheboygan, MI. In lieu of flowers, memorials are suggested to the music program at Clare Bridge, 27950 Drake Road, Farmington Hills, M1 48331 or Seasons Hospice, 27355 John R, Madison Heights, MI 48071.



WALLACE "SMYCZYNSKI" SMYTHE

Age 96, February 27, 2010. Beloved husband of the late Stella Mary husband of the late Stella Mary (7/14/2000). Dearest father of Claudia (David) Lusch, Christine (Charles) Rymal, Paul (Maryann Wilkinson) Smythe & Peter (Eileen Quinn) Smythe. Dear brother of Leocadia Wallison. Loving grandfather of 10 & great-grandfather of three. Services were held Wednesday 12 noon until time of funeral mass 1:00pm. at St. Valentine Catholic Church, 25881 Dow St. At Beech Daly, Redford Township. Visitation was held at The Fisher Funeral Home, 24501 Five Mile Rd, Redford Township. Tuesday



ALBERT TEMPLE

of Livonia, Michigan. 12-12-29 to 03/04/2010. Age 80. Survived by loving wife of 58 years Doris Temple. Children: Elizabeth Hoffman, Shelly Vernier, Lori Gerken. Son in Laws William Vernier and Thomas Gerken. Grandchildren: Ryan and Thomas Hoffman Robert, Emily and John Vernier. Great Grand Child: Hendrix Hoffman. "Celebration of Life Memorial" March 15th, 6:00pm. Connection Church, 3855 S. Sheldon Road, Canton, MIchigan 48188



GEORGE EDWARD ZIMMERMAN JR.

66, of Seminole Fl, formerly of Redford, MI, passed away on February 24, 2010. He is survived by his wife, Erika, daughters, Michelle Herbst (Jerry) and Christine Walters (Gary), grandchildren, Erin, Douglas and Emily, sisters, Joan Kurtycz (Ray), Gladys Kunch (Mike), Shirley Zimmerman, brother, Ronald (Peggy), sisters-in-law, Leta Zimmerman and Marlise Zimmerman, and many nieces and nephews. He is preceeded in death by his parents George Sr. and Mary, brothers, Richard and Ralph. A Memorial service is planned for a Memorial contributions can be made to the American Cancer Society, The Dreamers Redford Relay for Life Team. For further information please visit: www.veteransfuneralcare.com

OBITUARY

The first five "billed" lines of an obituary are published at no cost. All additional lines will be charged at \$4 per line. You may place a picture of your loved one for an additional cost of only \$6. Symbolic emblems may be included at no cost (example: American Flags, symbols, etc.) religious

Deadlines: Friday 4:15 PM for Sunday Wednesday 9:45 AM for Thursday Obituaries received after these deadlines will be placed in the next available issue.

e-mail your obit to oeobits@hometownlife.com or fax to: Attn: Obits c/o Char Wilson 313-496-4968 **Char Wilson** 586-826-7082 586-977-7538 or toll free



May peace be with you in this time of jorrow.



B8

MEDICAL DATEBOOK

MARCH St. Mary Mercy

· Gayle Young, Sleep Center coordinator at St. Mary Mercy's Sleep Disorders Center, will speak at a presentation on sleep problems, 7-8:30 p.m., Wednesday, March 10, in the hospital auditorium. She will discuss sleep apnea and treatment, insomnia, good sleep hygiene as well as how sleep problems can affect your overall health. She'll have CPAP machines and supplies on hand. This is a St. Mary Mercy Hospital Diabetes Support Group presentation, but the program is open to the public. A new topic is presented on the second Wednesday of each month for adults with diabetes and family members. There is no charge, and pre-registration is not required. Call Community Outreach at (734) 655-8950 for more information.

· "Parenting with Love and Logic" for parents with elementary age children, 7 -9:30 p.m. Wednesday, March 24 in Classrooms 1 & 2. The program uses a common sense approach, teaching parents skills that cultivate confidence and good decision-making in children by offering them choices, empathy, and respect while adults avoid anger, threats, warnings, or lectures. The fee is \$10 per person, and registration is required. Call (734) 655-1162 for more information or to register. Or register online at stmarymercy.org and click on "classes and events."

Evening of Hope

Leukemia, Research, Life (LRL) presents its' Evening of Hope fundraiser 6:30 p.m. to midnight Saturday, March 13, at Laurel Manor, 39000 Schoolcraft, Livonia. Tickets prices start at \$85, includes dinner, dancing, auction. Call (313) 884-0931 or visit www.lrlinc.org. The evening raises money for pediatric cancer research at Children's Hospital of Michigan and honors Dr. Jeffrey Taub.

Hydrocephalus Association

Dr. Steven Ham, Chief of Pediatric Neurosurgery at Children's Hospital of Michigan is the guest speaker at a support group meeting, 6:20-8:30 p.m., Friday, March 19, at Orchard Hills Baptist Church, 23455 Novi Road, Novi. RSVP to Jennifer Bechard by Friday March 12 at (734) 890-2665 or e-mail to p-jenniferb@hydroassoc. org

Teens and drugs

St. Joseph Mercy Hospital Education Center, 5305 Elliott Drive, Ypsilanti, offers a two-part program, "Teens Using Drugs: What To Know and What To Do," 7:30-9 p.m., March 9. This second of two sessions will provide information on what should and should not be done when a teen substance abuse problem is suspected or identified. It will include a recovering teen speaker. The programs are free and open to the public. Free literature about alcohol/other drugs and teens is provided. (734) 973-7892, e-mail teensusingdrugs@gmail. com or visit http://www.teensusingdrugs.org.

Balance your hormones

Dr. Carol Ann Fischer, presents a workshop on A Holistic Approach to Balancing Your Hormones Naturally, 7-9 p.m., Wednesday, March 10, at the Civic Center Library, 32777 Five Mile, Livonia. This workshop will educate the audience about natural alternatives to address problems related to hormone imbalances and menopause. Limited to 15 guests. Reservations required. Call (734) 756-6904.

APRIL St. Mary Mercy

"Heartsaver" Cardiopulmonary Resuscitation class (CPR), 6:30-9 p.m. Wednesday, April 14, in the Community Outreach Department, Classroom 10. The class is being offered through a partnership with the American Heart Association. Learn CPR and choking techniques for children and adults. To register, call the Community Outreach Department at (734) 655.8950, or register online at stmarymercy.org.

Dawn Farm

• Ed Conlin, addiction counselor for Detroit Capuchin Service System, will present, "Spirituality and Recovery from Addiction, 7:30-9 p.m., April 20 at St. Joseph Mercy Hospital Education Center Auditorium (ground floor,) 5305 Elliott Drive, Ypsilanti. This program will describe how spirituality relates to recovery from chemical dependency, explore personal spiritual needs and life choices, and discuss the Twelve Steps as a spiritual program which can benefit anyone.

· Dr. Patrick Gibbons, adjunct clinical instructor in psychiatry at the University of Michigan will discuss "Psychiatric Disorders in Chemically Dependent Individuals: Diagnostic and Treatment Considerations" at 7:30 p.m. April 27, at St. Joseph Mercy Hospital Education Center Auditorium, 5305 Elliott Drive, Ypsilanti. The program will provide an overview of co-occurring addiction and psychiatric illness, including standard diagnostic criteria, individual considerations for determining the appropriate course of treatment, available treatment interventions. and the perspectives of both the addict and the treatment provider on addiction.

Admission to the programs are free. A certificate to document attendance can be provided on request. The series is organized by Dawn Farm, a non-profit organization that provides a continuum of programs for treatment of chemical dependency. (734) 485-8725.

ONGOINGFitness classes

Exercise classes for men and women $% \left(\mathbf{r}\right) =\mathbf{r}^{\prime }$

continue through April at the Metropolitan Seventh-Day Adventist School, 15585 Haggerty, north of Five Mile. Jeanie Weaver is a certified personal fitness trainer with 30 years of teaching/training experience. The sessions infuse Pilates, functional strength training, balance work, flexibility and motivational techniques in a 90-day fitness plan. Call (248) 446-9176 or (313) 300-0957. E-mail jeanieweaver@charter.net.

Overeaters Anonymous

Meet 7 p.m. Thursdays in the Courtyard Room at Unity of Livonia Church, 28660 Five Mile, between Middlebelt and Inkster roads, Livonia; and 7 p.m. Sundays at the Marion Professional Building at St. Mary's Hospital, 14555 Levan at Five Mile, Livonia, in Classroom 1. Call (313) 387-9797. Anyone who wants to stop eating compulsively is welcome. For more Greater Detroit Overeaters Anonymous information call (248) 559-7722 or visit www.oa.org.

Breast cancer support group

Meets 6:30-8 p.m. on the second Tuesday of the month in the Atrium of Our Lady of Hope Cancer Center, St. Mary Mercy Hospital, 36475 Five Mile (use south entrance off Levan Road), Livonia. Call (734) 655-1100, or visit www.stmarymercy.org.

Caregivers support group

St. John's Support Group for the Caregivers of Alzheimer's Patients or patients with other forms of dementia meet the first and third Friday of each month at 10 a.m. at St. John's Episcopal Church, 574 South Sheldon, Plymouth. Respite care for your loved one will be provided. Call Connie McNutt at (734) 895-1426 for information. Authorized by the Alzheimer's Association.

Metro Fibromyalgia

Meets the second and fourth Thursday of the month at 2055 Merriman, Garden City. For more information, call Lucy at (734) 462-1768.

Award honors compassionate cancer survivor

The Barbara Ann Karmanos Cancer Institute is accepting nominations for the Patricia Milner Sachs Heart of a Survivor Award.

The award is named in honor of Patricia Milner Sachs, a former Karmanos employee who continued to help cancer survivors as she fought her own 11-year battle with melanoma, which ended in June of 2006. Through her dedication to the Karmanos Cancer Institute and its Department of Community Education, Sachs developed several community programs includ-

Nominations are open to all cancer survivors, even those who have been nominated in the past. Judging will be based on nominees who demonstrate compassion, commitment and dedication to helping other cancer survivors through education and awareness-building, a commitment to cancer advocacy, and by showing courage in their own battle with cancer while helping other cancer survivors thrive.

ing Survivorship University, a program to help survivors and their caregivers navigate through the complexities of cancer survivorship; "N'Siah," a support group designed to help cancer patients on their journey using spirituality as a foundation and support; and S.H.I.E.L.D., a sun safety and skin cancer awareness program for children and adults. Most of all, Sachs is remembered for her courage and fighting spirit, as well as her passion for helping others in their fight against cancer.

Nominations are due Friday, April 16. The award winner and nominees will be recognized at the Karmanos Cancer Institute's Survivorship Celebration honoring cancer survivors, on June 17, in Southfield.

Nominations are open to all cancer survivors, even those who have been nominated in the past. Judging will be based on nominees who demonstrate compassion, commitment and dedication to helping other cancer survivors through education and awareness-building, a commitment to cancer advocacy, and by showing courage in their own battle with cancer while helping other cancer survivors thrive.

For a nomination form call Shaa-Ista Wilcox at (313) 576-9282. Nominations should be typed or printed. E-mail nominations to simmonss@karmanos.org or fax to (313) 576-9285.

Arthritis Today
Joseph J. Weiss, M.D. Rheumatology

18829 Farmington Road Livonia, Michigan 48152 Phone: (248) 478-7860

.OSING YOUR GRIP

difficulty gripping a car's steering wheel or tying their shoes.

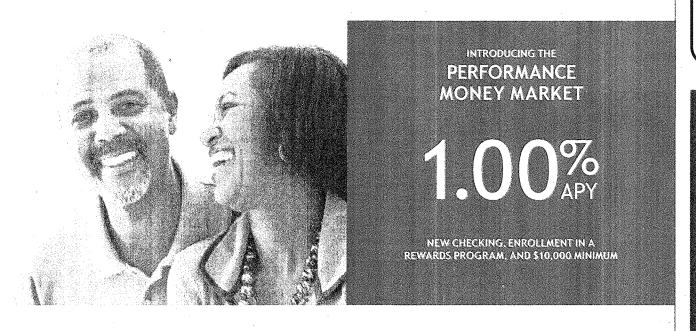
A problem that people in their seventies and beyond often face is a loss in the ability to turn doorknobs and twist off caps. For some people the loss of hand function extends to

These hand problems occur because more than one impairment is at work. Osteoarthritis of the fingers and knuckles may limit a person's ability to close the fingers over a knob. If at the same time, hand wrist coordination is limited because the wrist is weak the person will find that he or she cannot pick up a cup, hold a glass, open a book or button a coat without

Hand arthritis may be deceptive because both wrist and thumb can lose function. The individual usually focuses on the part of the joint that gives the most pain. A doctor focusing on the patient's major pain may miss the point that another joint in the hand is contributing to the problem.

Hand pain calls for an x-ray examination both to assess the extent of arthritis and to

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Call

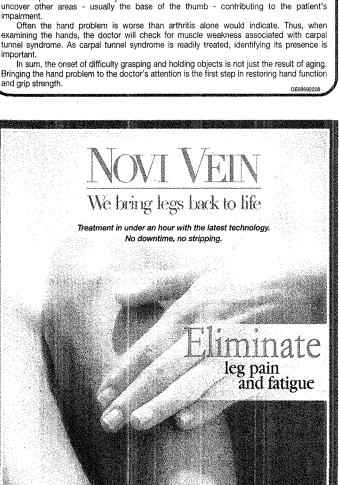
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